



# RBHS newSLetter

June 2025

## **JUNE: A MONTH OF FRESH BEGINNINGS AND FESTIVE SPIRITS!**

As the school gates reopened after the summer break, June welcomed students, parents, and teachers with a blend of excitement, hope, and anticipation. New grades brought new classrooms, unfamiliar faces, and fresh challenges – and with them, a quiet buzz of jitters and joy. From teary-eyed toddlers on their first day to confident seniors stepping into leadership roles, the campus echoed with stories of beginnings.

Before the students arrived, our teachers had already begun their journey – engaging in intensive professional training sessions. From classroom management strategies to integrating NEP 2020 guidelines, the workshops reinforced the school's commitment to continuous learning and holistic education.

To ensure a smooth transition, Parent Orientation sessions were conducted across all grades. These interactive meetings helped build a shared understanding between school and home, clarifying expectations and outlining the year's academic roadmap. Our youngest learners especially benefited from these early bridges of communication. The month was also filled with joyful events and celebrations. World Environment Day was marked with meaningful activities – from planting saplings to thought-provoking class discussions. Hobby Clubs kicked off the year with exciting, theme-based sessions that encouraged creativity and collaboration. Our “Fantabulous Friday” events set the stage for fun-filled Fridays with purpose.

As we wrap up June, we carry forward the spirit of new beginnings with confidence and joy. Here's to a year of meaningful learning, stronger connections, and memorable milestones!

**INSPIRING LEADERSHIP, EMPOWERING FUTURES –  
THOUGHTS FROM OUR TRUSTEE**



**"WHEN YOU TRAVEL, YOU DON'T  
JUST SATISFY A CURIOSITY. YOU  
OPEN YOURSELF TO A NEW  
WORLD. LITERALLY &  
FIGURATIVELY."**



FROM THE PRINCIPAL'S DESK:  
GUIDING US WITH WISDOM  
AND VISION.

**MS FLORINA FERNANDES  
WRITE A NEW CHAPTER:  
MAKE THIS YEAR COUNT!**

**Take on a Mind-set Shift**

Don't aim to be perfect — aim to be better than you were yesterday.

**Set Clear, Purposeful Goals  
– Revisit them monthly**

Goals such as improving handwriting, speaking more confidently in class, or reading a book a month.

**Build Stronger Routines**

Sleep early, wake up early, revise regularly, and manage screen time mindfully.

**Focus on Reading and Writing**

Read fiction, newspapers, even audiobooks. Start a daily journal or weekly reflection.

**Participate Beyond the Classroom**

Join clubs, sports, competitions, or community initiatives.

**Be Emotionally Present**

Be kind to yourself and to others.

**Practice Responsibility**

Be accountable for your work, your belongings, and your behavior.

**Reduce the Rush**

Slow down. Leave space for conversations, creativity, and calm.

**Limit Digital Distractions**

Learn to balance screen time with screen-free time.

**Reflect, Don't Just React**

Pause and reflect. What can I learn from this?

**Wishing you a joyful and fulfilling academic year ahead — may it be filled with growth, learning, and memorable moments!"**



# EMPOWERED: WORKSHOPS FOR LIFELONG LEARNING

## Mindful Strokes: Art for Inner Reflection



*The Art and Mindfulness workshop by Mr. Sanjay Ojha offered a creative and reflective experience. Teachers explored various art forms, boosting artistic confidence and using storytelling for expression. The session deepened self-awareness and inspired new ways to integrate art into teaching, making it both enriching and meaningful for educators.*

## Stories that Speak: A Workshop on Narrative Magic

*Ms. Shubra Trani's storytelling workshop empowered educators with tools to craft engaging narratives. Through story structure, characters, and sensory details, teachers built confidence and creativity. The session ended with dramatizations, highlighting the power of voice and emotional connection.*



## Power of Presence: Professionalism & Empathy in Action

*On 4th June 2025, Ms. Blazin Fernandes led a transformational workshop on how clothing reflects personality and professionalism. Teachers explored perceptions through Image Evaluation and embraced the 4 A's-Authentic, Attractive, Affordable, Appropriate. Practical tools like ACES and GRACE models enhanced feedback skills, enriching professional presence and meaningful connections.*





# EMPOWERED: WORKSHOPS FOR LIFELONG LEARNING

## *The Heartbeat of a Classroom: Rhythm, Relationships, and Reflection*



*On 6th June 2025, Mr. Jeevan D'Cunha conducted a workshop on fostering classroom harmony. Through the activity "What do you carry in your bag to class?" teachers reflected on key skills and explored the 3 R's –Rituals, Routines, and Rules—with Relationships at the core. Bloom's Taxonomy supported engaging, reflective teaching.*

## *Inside the Mind of a Struggling Learner*

*A valuable workshop by school counselor Ms.*

*Parishi focused on understanding learning difficulties and early identification of signs.*

*Teachers explored practical classroom strategies to support struggling students. The session offered meaningful insights, fostering empathy and equipping educators to create inclusive, supportive, and effective learning environments for all learners.*



## *Empowering Educators - NEP & NCF Workshop*



*On 21st June 2025, a workshop at Kapol Vidyanidhi International School, led by Dr. Pradeep Kumar Jain and organized by Madhuban Publications, focused on NEP 2020 and NCF 2022/23. Educators explored innovative Hindi pedagogies, digital tools, and strategies to align teaching with evolving national education reforms.*

# EMPOWERED: WORKSHOPS FOR LIFELONG LEARNING

## Empowering Math Learning - First in Math Workshop



*Math teachers attended an enriching First in Math workshop led by Ms. Gurveen and Ms. Samriddhi. The session introduced practical strategies like assigning grade-specific modules and celebrating weekly MVPs, aimed at boosting student engagement, encouraging consistent participation, and making math learning more enjoyable and effective across all levels.*

## A Y 2025-26 Kickoff: A Year of Purpose and Positivity

*The Academic Year 2025-2026 began warmly with a welcome by the Principal, followed by a fun icebreaker where staff shared objects reflecting their teaching style, building connection and camaraderie.*



## RSET Treasure Hunt - more than just a game



*For the first time on campus the RBHS staff teamed up to solve cryptic clues that were placed in all the institutes on campus. The orientation session before the hunt helped them familiarise with all the institutes. Every clue was accompanied by a task to be completed. The entire activity was great at building team spirit and also knowing more about the campus;*





# From the Little Learners' Corner

## A Heartwarming Start for Our Tiny Tots!

Our tiniest learners stepped into school for the very first time today! What began with a few teary eyes quickly turned into cheerful giggles and bright smiles. The day marked a beautiful beginning filled with warmth, wonder, and the joy of learning.



## Little Environmentalists in Action!

Our young learners joyfully celebrated World Environment Day with engaging activities, lively songs, and meaningful stories. Through fun and discovery, they learned the importance of keeping our Earth clean, green, and full of life!







# From the Little Learners' Corner

## Celebrating Love & Laughter on Family Bonding Day!

Our Nursery Family Bonding Day was a heartwarming celebration of togetherness! Families twinned in matching outfits and joined hands to craft imaginative paper costumes. The delightful ramp walk sparkled with smiles, style, and shared joy as each family proudly showcased their creations.

A lively family quiz added extra fun, bringing everyone closer and making it a day to cherish—filled with love, laughter, and unforgettable memories!



## Little Yogis Shine on International Yoga Day!

Our energetic young yogis marked International Yoga Day with joy and enthusiasm! With playful focus, they stretched, balanced, and explored various yoga poses—embracing wellness, calm, and a healthy start to their day.





# PRIMARY SNAPSHOTS

## Green Hearts, Growing Minds

Students from Grades 1 to 5 celebrated World Environment Day with creative, hands-on activities that deepened their connection to nature. From Grade 1's Leaf Buddies and Grade 2's Eco Badges to Grade 3's Environmental Pledge and Grade 4's Poster Making, each activity highlighted environmental responsibility. Grade 5 ended the celebration with an exciting Eco Secret Mission— a house-wise treasure hunt featuring nature-based challenges. The day fostered awareness, creativity, and a collective commitment to a greener future.



## Together We Grow: A Reflective Start

The first day assembly for Grades 3 to 5 set a thoughtful tone for the year.

Our Principal shared an inspiring message on avoiding quick judgments, supported by a video. New class awards were introduced, promoting compassion, cleanliness, and creativity—encouraging students to grow together with kindness and shared responsibility.



# PRIMARY SNAPSHOTS

## Angles in Action!

Grade 5 students explored geometry through lively group poses, forming acute, right, and obtuse angles. This hands-on activity transformed abstract concepts into fun, physical learning. The classroom buzzed with movement, teamwork, and laughter, making the lesson memorable. It was a joyful blend of creativity and understanding that truly brought math to life.



## Little Doctors in Action!

Grade 2 students had a thrilling EVS session exploring external organs. They observed body models, examined X-ray images, and even listened to their own heartbeats using a stethoscope! This interactive activity sparked curiosity and helped students connect with how their body works, making learning both exciting and meaningful.





# PRIMARY SNAPSHOTS

## Discovering Change: Grade 3 Time Travelers



Grade 3 students explored the concept of change over time through a unique interview with Ms Khyati Shah from the Admin team. They learned about the school's evolution, discovering how small changes lead to big growth. The activity brought Social Studies alive, connecting textbook learning with real-life experiences and meaningful conversations.

## Dino Drama: Friendship Takes the Stage!

Grade 3 students brought 'The Dinosaur Who Had No Friends' to life with a delightful enactment. Using creative masks and soft toys, they portrayed characters with enthusiasm. Inspired by a storytelling workshop, the activity sparked imagination, built empathy, and encouraged teamwork—transforming a simple story into a powerful learning experience.

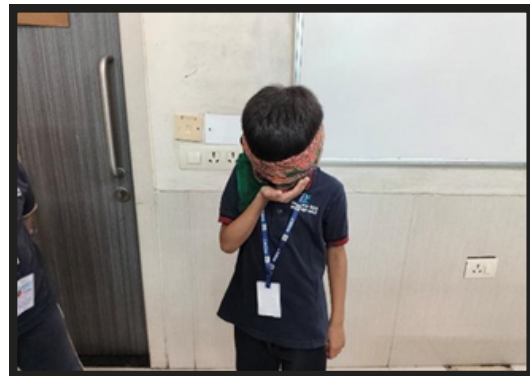


# PRIMARY SNAPSHOTS

## Sense and Sensibility – Grade 2 Brings Literature to Life!

Grade 2 students explored their senses through a fun-filled “Blind Man” activity, using touch, taste, and smell to identify objects while blindfolded.

Peers described each scene, blending Science and English Literature creatively. The experience sharpened observation and vocabulary skills, making learning interactive, engaging, and truly unforgettable!



## Breaking Stereotypes & Caring for Earth – A Dual Lesson in Equality and Sustainability



Grade 3 students tackled gender stereotypes by writing them down, crossing them out, and discarding them—visually rejecting bias. The teacher then reused the paper, reinforcing the 3Rs. This impactful activity encouraged inclusivity and

environmental care, helping students think critically about fairness while embracing sustainability in a simple yet powerful way.



# PRIMARY SNAPSHOTS

## Grade 1 Embraces Uniqueness!



As part of the lesson “Each One is Unique,” Grade 1 students took part in a vibrant handprint activity. With colourful paints and happy smiles, they created unique handprint art, celebrating individuality. The experience helped them appreciate how everyone is different—and that’s what makes each of us special!

## Fantabulous Friday – A Splash of Fun on World Ocean’s Day!

Grades 1 to 5 celebrated World Ocean’s Day with vibrant activities! From “Under the Sea” flex paintings and pebble art to life-skill sessions on folding clothes, students expressed creativity while learning about ocean care and personal responsibility. It was a perfect blend of fun, awareness, and meaningful learning on a Fantabulous Friday!



## Discovering the Past

Grade 4 students stepped into the world of history through a hands-on activity exploring sources of history.

Using visuals and miniatures of monuments, coins, stamps, and paintings, they uncovered stories of past civilizations. The session nurtured curiosity and inspired a deeper appreciation for historical artefacts and cultural preservation.



# SECONDARY SCOOP

## *World Environment Day: Sowing Seeds of Change*

On 9th June, students celebrated World Environment Day by planting mango seeds in reused milk packets, promoting sustainability and recycling. This simple yet impactful activity taught them the importance of nurturing nature and taking responsibility. Each seed symbolized hope, encouraging mindful habits for a greener, healthier planet.



## *Hobby Clubs Celebrate World Environment Day with Creativity & Care!*



On 27th June 2025, students celebrated World Environment Day through a variety of engaging and eco-friendly Hobby Club activities:

- Earthlings created reels on sustainability.
- IncrEdibles brewed refreshing lemongrass iced tea.
- Khel Khelo held a recycling race.
- Thinker's Paradise hosted an environment quiz.
- Heart in Art transformed coconut shells into creative items.

Each activity encouraged environmental awareness and responsibility in fun, hands-on ways!



# Across Ages, One Purpose

## *Parent Orientation*

Parents were oriented with detailed information about the academic blueprint for the year 2025–2026.

The session covered school rules, regulations, and expectations. It aimed to strengthen the school-home partnership and equip parents to support their child's learning journey effectively.



## *Yoga with Grandparents – A Celebration of Wellness and Wisdom*

On 21st June, RBHS celebrated International Yoga Day with a special session led by Ms. Kiran D'Souza, joined by our beloved grandparents. The event promoted mindfulness, balance, and intergenerational bonding. It beautifully highlighted that wellness knows no age and that inner peace can be pursued at any stage of life.



# Across Ages, One Purpose

*International Yoga Day: A Joyful Journey of Mindfulness and Movement*



On 23rd June, our junior and senior yogis embraced International Yoga Day with energy and enthusiasm. From classic asanas to creative poses, students showcased flexibility, balance, and teamwork. The celebration highlighted the joy of movement, mindfulness, and unity—proving that strong bodies and calm minds grow best through playful practice.

## *Young Skippers Headline: Jump Rope Display Inspires!*

On 25th June 2025, Coach Vishal led an exciting Jump Rope Display, showcasing various skipping styles. He inspired students by sharing the physical benefits of skipping and highlighted its growing recognition at the international level, motivating everyone to embrace this fun and fitness-friendly activity.





# Student Achievements

## Double Victory for Anwesha Khanted!



On 22nd June 2025, Anwesha Khanted showcased her exceptional skills at the Inter-School Rubik's Cube and Chess Tournament held at Dr. Pillai Global Academy, Borivali (W), in collaboration with Cube Matrix. She secured First Place in both events—Sphere Gear Cube and Chess (Open Category). A proud moment for all!

## Diya Dhanuka Shines in Dr. C. V. Raman Balvaidnyanik Examination!



We are proud to announce that Diya Dhanuka of Grade 9 secured First Rank in Mumbai Taluka in the prestigious Dr. C. V. Raman Balvaidnyanik Examination 2025! Her outstanding achievement earned her a spot in a scientific workshop and an exciting opportunity to tour ISRO – a budding scientist's dream!

# Student Achievements

## *Leisha Kaprani Represents Maharashtra at National Basketball Tournament!*

We are proud to announce that Leisha Kaprani, along with 10 other players, was selected to represent Maharashtra at the National Basketball Tournament. The event, organized by the Stairs Foundation under the Ministry of Youth Affairs and Sports, took place in Delhi from 19th to 22nd May.



## *Celebrating Young Problem-Solvers!*



The winners of the Logiqids Competition were felicitated in a special ceremony for their outstanding problem-solving skills and logical thinking. Proudly receiving certificates and medals, the young achievers were cheered on by peers and teachers. The celebration honoured not just victory, but the spirit of perseverance and sharp analytical thinking.