





The things you eat, the friends you meet, and the books you read will shape the person you become. Choose wisely.



## From the Principal's Desk: Guiding us with wisdom and vision.





Breaking Resolutions and Holding On to them

As the New Year begins, many of us find ourselves brimming with ambition, setting resolutions that promise self-improvement and greater achievements. Yet studies show that most people abandon their resolutions within the first month.

Why is it so hard to stick to our resolutions?

Breaking resolutions isn't a sign of weakness or failure; it's human nature. But here's the good news: breaking a resolution doesn't mean you've lost. It simply means you need to reassess and recalibrate.

Tips for Holding On to Your Resolution

- 1. Be Realistic: Set goals that are challenging AND achievable. Try saying "I'll limit junk food to once a week." instead
- 2. Create Systems: Rely on routines and habits if you want to exercise, set out your workout clothes the night before.
- 3. Anticipate Setbacks: Plan for moments of weakness and have a friend call you or an alternative activity to distract yourself.
- 4. Visualize Success: Picture how achieving your goal will make you feel.
- 5. Be Kind to Yourself: Self-criticism only erodes willpower.
  Ultimately, lasting change isn't about never falling—it's about how often you get back up.

Here's to a year of resilience and growth!





RBHS is thrilled to share that we have been recognized at the Times Education Icons 2023! We have been ranked 5th in zone F and ranked 17th in Mumbai. This achievement reflects our commitment to academic excellence, holistic development and fostering values that prepare our students to excel in all spheres of life. A heartfelt thank you to all our students, parents, teachers, staff and management who work tirelessly everyday to make RBHS a place of growth and achievement. This honour belongs to all of us as a community!

Here's to continuing our journey of excellence!



SEE YOU THERE!

www.reallygreatsite.com

## 

The Annual Sports Meet 2024 commenced with grandeur and enthusiasm as the school community gathered to celebrate the spirit of teamwork and perseverance. The event began with the unfurling of the school flag, symbolizing unity and pride, followed by the entire assembly singing the school anthem, resonating with inspiration and dedication.

A sense of excitement filled the air as the torchbearers, representing the values of excellence and determination, carried the ceremonial torch across the field. The flame was a powerful reminder of the spirit of sportsmanship and ignited energy among all present.

The oath ceremony was a solemn moment where athletes pledged to uphold the values of honesty, integrity, and fair play, committing themselves to the true spirit of sports. The school band added to the vibrant atmosphere with their energetic and rhythmic performances, setting the stage for an unforgettable day.

The theme of this year's meet, "Together Everyone Achieves More", was unveiled with a creative and heartwarming display, emphasizing the importance of collaboration and collective success. It served as a guiding mantra for the day's events.

The grand Walk Past, showcasing the discipline and pride of each grade and the unique displays presented by the students from all grades left the audience captivated. The students participated enthusiastically in various athletic events, including running races, relay team races, and the thrilling tug of war. Each event was a testament to the students' hard work, determination, and sportsmanship. A special highlight of the day was the Parent Team Race, where parents showcased their athletic spirit, adding a fun and competitive element to the event and strengthening the bond within the school community.

The Annual Sports Meet 2024 was a resounding success, celebrating teamwork, perseverance, and the joy of sports. It truly embodied the spirit of this year's theme, proving that together, everyone achieves more.









# PRIMARY 11 DECEMBER 2024







It's an honor to introduce our esteemed chief guest, Mr. Faisal Shaikh, a leader in the fitness and sports industry. He is the Founder and Owner of Pioneer Gym in Santacruz West, a Taekwondo Black Belt, and an Amateur MMA fighter. With over 14 years of experience, Mr. Shaikh has worked internationally and co-owned several gym brands in India. He's a certified Gold's Gym fitness instructor and has trained under renowned experts like Ramona Braganza and Farooq Mistry. At 36, Mr. Shaikh continues to lead Pioneer Gym, promoting health, fitness, and empowerment. We are privileged to have him with us today. Please join me in welcoming Mr. Faisal Shaikh.

#### STEALING THE SPOTLIGHT:

Grades 1 & 2 performed a lively and colorful Mass Drill and Parachute Drill, spreading joy and energy across the field.

Grade 3 demonstrated their agility and strength through an impressive Stick Yoga performance.

Grades 4 & 5 displayed their discipline and precision in a powerful Martial Arts routine.

#### SHINING BRIGHT: THE ULTIMATE ACHIEVERS!

Best Athlete (girls)
Dyumna Mehta (Grade 5)
Best Athlete (boys)
Hetvik Mistry (Grade 3)
Best House
Sapphire



**BEST ATHLETES** 





**BEST HOUSE** 



## SPORTS DAY VIBES





## Secondary 12 December 2024

## Our esteemed Chief Guest

We had the privilege of hosting Ms. Janhavi Suresh Jadhav, the World Mallakhamb Champion, renowned for her exceptional achievements. With five Gold and one Silver medal at the World Championship, she has consistently excelled in District, State, and National competitions, as well as prestigious events like the All India Inter-University Championship and Khelo India University Games.

Her accolades include the Shiv Chhatrapati State Sports Award (2022-23), the Champions Trophy (2019), and the Mumbai Suburban Ajinyapad District Championship (2015). It was truly an honor to have such a remarkable sportsperson among us.



#### SHINING BRIGHT: THE ULTIMATE ACHIEVERS!

Best House

Ruby

Best Athletes

**Under 16**: Manas Biyani, Rithvika Nair

Under 14: Aarav Rana, Vraj Patel, Liesha Kaprani

Under 12: Pallav Joshi, Harleen Kaur



#### STEALING THE SPOTLIGHT:

Special displays like
Martial Arts, Yoga, and
Lezim showcased
discipline and cultural
pride, while events like
Relay Race, Kho Kho, and
Tug of War highlighted
athleticism and
teamwork.



































# PREPRIMARY 23 DECEMBER 2023

Our Pre-Primary Sports Day, themed "Christmas Carnival," was a joyful celebration blending festive cheer with fun-filled activities. The venue sparkled with Christmas decorations, and the children participated enthusiastically in theme-based races.

Gracing the occasion, was a trailblazer Wushu performer Ms Zhil Manek. Her remarkable accomplishments, including winning a Bronze medal at the Khelo India Wushu Women's League Zonal Ranking, Gold at the Khelo India Dus Ka Dum Zonal Ranking, and being a State Gold Medalist (2023, 2024), are an inspiration to young minds. Additionally, her selection for the upcoming Khelo India Wushu National Competition and her dedication as a law student reflect her commitment to excellence and multifaceted achievements.

Highlights included the Santa's Sack Race, Candy Cane Balance, Challenge, Reindeer Dash, and Christmas Tree Decoration Relay, each promoting skills like coordination, balance, and teamwork. Laughter and cheers filled the air as the children showcased their energy and enthusiasm.

The event concluded with an exciting parent race, adding to the festive spirit and camaraderie. It was a heartwarming celebration of joy effort, and togetherness





## TING ELVES ON THE GO: CHRISTMAS SPORTS FEST!

## PREPRIMARY - 23 DECEMBER 2024































## PICNIC MAGIC: WHERE NATURE MEETS JOY AND LAUGHTER BLOOMS!

#### What they did

As they enjoyed the fresh air and scenic surroundings, the children were introduced to the various plant species, trees, and fauna that call the park home. Inspired by the beauty of nature, they also did art activities, capturing what they saw in the lap of nature. They also had fun in the play area, swinging and sliding, adding excitement to their day.

Interactive discussions and hands-on exploration made the experience both educational and enjoyable.

The students had the opportunity to observe and learn about the ecosystem, deepening their understanding of the environment.

#### Where they went

On Tuesday, 24th December 2024, the students of Grades 1, 2, and 3 had a fun-filled picnic at Matoshri Meenatai Thackrey Udyan in Jogeshwari East, Mumbai.

#### What they explored

Students explored the interactive play area, participated in group activities at the amphitheatre, discovered figurines of community helpers and Indian dance forms, and shared a fun-filled lunch and games with friends.

#### What they Learnt

The visit not only sparked curiosity but also instilled a sense of responsibility towards conserving natural resources. The outing was filled with laughter, games, and moments of discovery, leaving the students with cherished memories and a stronger connection to nature.

# PICNIC MAGIC: WHERE NATURE MEETS JOY AND LAUGHTER BLOOMS!























# THE MAGIC OF CHRISTMAS

JOY, LAUGHTER, CHEER

On December 24th, Grades 4 and 5 celebrated Christmas With a fun-filled day of creativity, joy, and delicious treats! Students kicked off the festivities by making their own Snowmen as part of a craft activity. They embraced the festive spirit by dressing in Christmas colours—red, green, and White. The celebration was further enhanced by students sharing Christmas delicacies, including cake, chocolates, cookies, and chips. The day also included singing carols, filling the air With festive cheer, and watching a short movie about the importance of sharing, emphasizing the true spirit of Christmas. It was a day full of memories to cherish!











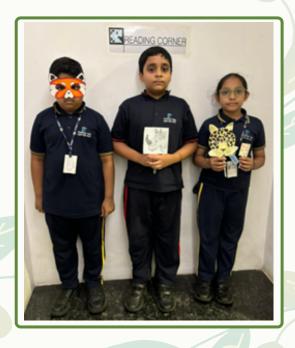
What We Learn

## Book Explorers Club: Igniting a Passion for Reading Through Fun Activities



The Book Explorers Club is a dynamic initiative designed to foster a love for reading in students. Through exciting and interactive activities, the club encourages children to explore the world of books and stories. From engaging discussions, themed reading challenges, and creative book-based projects, to interactive games and character dress-up days, each activity is tailored to make reading fun and relatable. By creating a playful and supportive environment, the club not only helps students develop their reading skills but also ignites their imagination, broadening their horizons and turning reading into an adventure they look forward to every day.

Students of grade 4 connected with nature by learning about endangered species such as the Bengal tiger, sea turtle, and red panda. Each student researched their assigned species, exploring topics like diet, reasons for endangerment, and ongoing conservation efforts. They presented their findings in class, stepping into the roles of these remarkable creatures. Additionally, students designed creative badges to symbolize their commitment to conservation.





### Diving into the World of News: Engaging with Current Events!





### Celebrating Excellence: Felicitation of Top Performers!





Pravanya Sharma from Grade 5A secured 1st place in the Inter-School Viva Vibgyor Skating Competition held on 1st December at the Dahisar Sports Foundation. Additionally, she earned the silver medal, finishing 2nd in the Stairs Maharashtra State Level competition, and has qualified for the nationals.







The Under-11 girls basketball team displayed exceptional skill, teamwork, and determination at the recent PDSA Tournament. Competing against strong opponents, including GSC, KGSS, KGES, PDSA, and UK United Academy, our girls showcased their talent and spirit, earning a well-deserved 2nd place overall.

The highlight of the tournament was the thrilling final match against MBIS, where the team fought valiantly. Although the match didn't go our way, the players' dedication and sportsmanship were truly inspiring.

Congratulations to the entire team for their outstanding performance and for making us proud. Here's to more victories in the future!

#### Celebrating Excellence: Felicitation of Top Performers!

Our Under-10 boys football team displayed outstanding skill and teamwork at the PDSA Tournament, culminating in a spectacular victory! Competing against talented teams throughout the tournament, they showed resilience and determination in every match. In the grand finale, the team faced MBIS in a nail-biting contest.



With unwavering focus and strategic gameplay, the boys emerged victorious, securing the championship title for RBHS. A huge congratulations to the team and their coaches for this remarkable achievement. You've made us all incredibly proud!







The Rashtriya Rajbhasha Hindi Pratibha competition was held on 19th July 2024, with students from Grades 3, 4, and 5 participating. All participants received certificates and gold medals for their efforts. The following students were awarded Hindi Rajbhasha Utkrisht for their outstanding performance:

Hinal Shah - Grade 3 Shlok Sharma - Grade 4 Tvisha Mistry - Grade 5

Congratulations to Ria Bajaj from Grade 3 for securing 2nd place at the National Finals of Sudoku Champs 2024! She achieved 2nd rank in Mumbai and 6th rank across 6 cities in India in the U10 age category. The event took place on 14th December at Dadar.







#### Some of our First in Math Toppers

Our talented students have once again demonstrated their skills and dedication, achieving remarkable success in the recent Eminence competition at Asmee Nutan Academy. A special congratulations to Mrunmai Sawant of Grade 2 for winning a prize in the clay molding competition. Well done!







celebrating the holiday cheer as a community. The festivities continued in the school activity hall, where

day. A big round of applause to everyone who contributed to making this event truly magical. Here's to the holiday season, scrumptious treats, and the incredible spirit of togetherness

That Christmas, adding a cozy and heartwarming touch to the

students gathered to watch the animated Christmas movie











## SECONDARY SCOOP



We are thrilled to celebrate our students' success in the Eminence competition! Congratulations to Kitika Kothari, Diva Sanghavi, Saee Kubal, Srinika Kandoi, and Anaaya Kaur from Grade 6 for securing 2nd place in the Story Marathon. Their creativity and teamwork make us incredibly proud.

Some of our First in Math Toppers





## Teachers Twin & Team Up!

On 18th December 2024, RBHS hosted an exciting Twinning

Competition for teachers to celebrate National Twin Day! The

event was filled with enthusiasm as teachers showcased their

vibrant, coordinated outfits, celebrating the spirit of







## For All Powered by Our Parent Community!











On December 1, 2024, the Rotary Club of Borivali East, the Interact Club of RBHS, the Rotaract Club of DGMC, and the PTA Executive Committee collaborated to organize a Medical and Blood Donation Camp at Durga Devi Saraf Hall from 9 a.m. to 3 p.m.

The event featured many doctors and specialists who conducted free health checkups for attendees. Blood collected during the camp was sent to the Red Cross, contributing to a noble cause. The active participation and collaboration among the clubs, PTA, and the public ensured the camp's success.

This initiative, a Rotary-Rotaract-Interact project, underscored the power of community partnerships in promoting health and well-being.





## Malad Walkathon 5.0 – A Grand Success

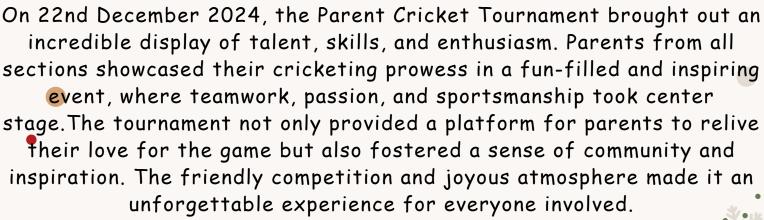


The Malad Walkathon 5.0, held on 1st December at the Sanjay Gandhi Playground, Govind Nagar, Malad East, received an incredible response, making it a truly vibrant community event! Parents and students came together to celebrate health, fitness, and unity, creating lasting memories while promoting a strong sense of well-being and community spirit.





Parents in Action: Cricket, Camaraderie, and Fun!





## **EVENTS IN THE SPOTLIGHT**

### A Look Back

- Orientations for students and parents for Overnight Trips
- 3rd Dec- NSO
- 10th Dec NMAAC
- 20th Dec-ICSO

External Exams 23rd January - ISSO

### Save the Date

23rd January - Primary & secondary Annual Day 25th January - Preprimary Annual Day

#### Reminders:

24th January - Primary & secondary Holiday
27th January - Preprimary Holiday
31st January - Fantabulous Friday (Primary)



Raising Awareness Through Art: Mrunmayi Sawant's prize winning clay molding on Plastic Pollution and Marine Life, at Eminence Interschool Event by Aspee Nutan Academy. "