



**RSET's**

**Ladhidevi Ramdhar Maheshwari  
Night College of Commerce**

## **Sports Committee Annual Report 2025 – 2026**

**Principal:** Dr. Preeti Oza

**Sports Director:** Mr. Harish S. Paralkar

**Faculty In charge:** Mr. Sagar Yeram

**Support Staff:** Mr. Nilesh Hule

### **Students Core Committee**

1. Akash Vishwakarma (Sports Secretary)
2. Abhishek Chaube (Joint Secretary)
3. Suman Yadav (Joint Secretary)
4. Sayma Khan (Media Head)
5. Zainab Sayyed (Administration Head)
6. Heena Tiwari (Discipline Head)
7. Anil Chaurasia (Core Member)
8. Kanchan Patel (Core Member)

# Celebration of International Day of Yoga

## 21<sup>st</sup> June 2025 - 2026

The Sports Committee of the college successfully celebrated the **International Day of Yoga** on **21st June 2025** at the **Durgadevi Saraf Auditorium**. The event aimed to promote physical well-being, mental peace, and a healthy lifestyle among students and staff.

A **yoga session** was conducted from **4:00 p.m. to 6:00 p.m.**, with enthusiastic participation from both students and teaching and non-teaching staff of the college. The session was led by **Mr. Rajiv Galwankar**, a renowned yoga instructor from **Ambika Yoga Kutir**, who was specially invited to conduct the program.

Mr. Galwankar demonstrated various yoga asanas, pranayama techniques, and breathing exercises, explaining their significance in maintaining physical fitness, mental clarity, and overall well-being. He also shared **valuable insights on the importance of yoga in daily life**, stress management, and holistic development. His interactive and motivating approach inspired the participants to adopt yoga as a regular practice for a balanced and healthy lifestyle.

The session concluded on a positive note, with participants expressing appreciation for the informative and energizing experience. The celebration of International Day of Yoga reinforced the college's commitment to promoting health, wellness, and holistic development among its stakeholders.



## Sports Directors' Seminar (4th to 7th August 2025)

The Sports Director of the college, **Mr. Harish Paralkar**, attended the **4th Sports Directors' Seminar** held at **Dervan, Chiplun**, from **4th to 7th August 2025**.

The seminar was organized by the **University of Mumbai** to provide important updates, guidance, and training to Sports Directors from affiliated colleges. The sessions focused on sports administration, rules and regulations, and the overall development of university-level sports activities.

During this seminar, **Mr. Harish Paralkar** was nominated as the **Secretary of the Mumbai University Zone II Sports Committee**, which is a matter of pride for the institution.



# Intra-College Chess Competition

The Sports Committee organized an **Intra-College Chess Competition** for both **boys and girls** on **9th August 2025 at 5:00 p.m.** The competition was held at the **College Gymkhana (Ground Floor)**.

## Participation:

- Chess: **25 students**

## Results (Boys & Girls – Combined):

- **1st Prize:** Aditya Mishra (SYBCOM)
- **2nd Prize:** Reyansh Sanjee (FYBCOM)
- **3rd Prize:** Farhan Shaikh

The competition witnessed enthusiastic participation and showcased strategic thinking and sportsmanship among students.





# Intra-College Table Tennis Competition

An Intra-College Table Tennis Competition for boys and girls was organized on **9th August 2025 at 6:00 p.m.** at the **College Gymkhana (Ground Floor)**.

## Participation:

- Table Tennis: **42 students**

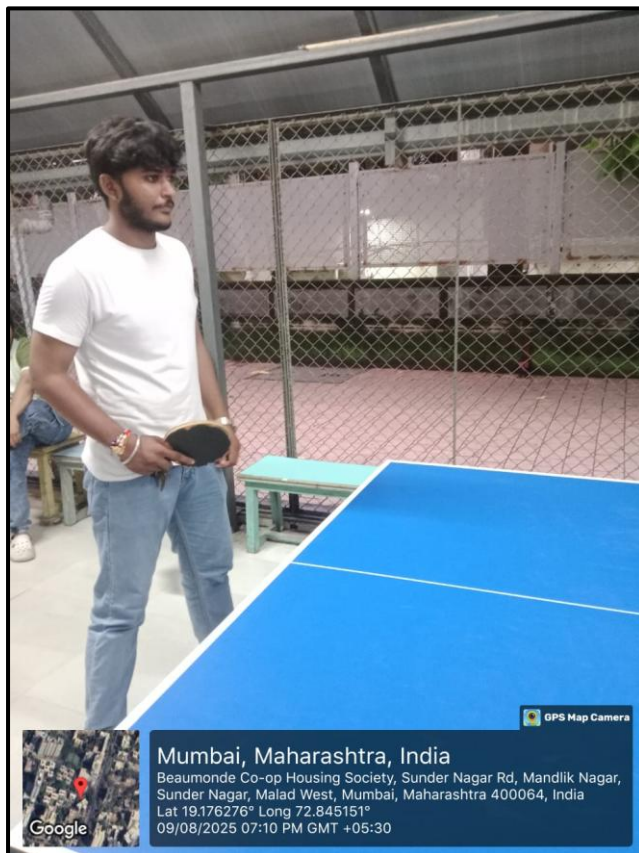
## Results:

### Table Tennis – Boys

- **1st Prize:** Anil Chaurasiya (FYBCOM)
- **2nd Prize:** Pradhum Mishra (FYBCOM)

### Table Tennis – Girls

- **1st Prize:** Tripti Saroj (SYBCOM)
- **2nd Prize:** Sayma Khan (TYBCOM)



# Participation in Malad Walkathon

On **30th November 2025 at 5:00 a.m.**, students of the **Ladhidevi Ramdhar Maheshwari Night College of Commerce (LRMC) Sports Committee** actively participated in the **Malad Walkathon**, along with faculty members and the Sports Director, **Mr. Harish Paralkar**.

A total of **44 students and 6 staff members** participated in the event, demonstrating enthusiasm, discipline, and a strong commitment to fitness and social awareness. The walkathon aimed to promote physical health, unity, and an active lifestyle among participants.

The students took part in the walkathon with **high energy and positive spirit**, showcasing teamwork and determination throughout the event. The experience proved to be enriching and motivating, offering students an opportunity to engage in a community-based fitness initiative beyond the campus.



# Annual Sports Day Report 2025 - 2026

The **Sports Committee of Ladhidevi Ramdhar Maheshwari Night College of Commerce** successfully organized the **Annual Sports Day for girls and boys** at **Goregaon Sports Club** in December 2025. The event was conducted in two phases, ensuring smooth execution and maximum participation.

The **heats were conducted on 17th December 2025**, followed by the **final events and prize distribution ceremony on 19th December 2025**. The Annual Sports Day witnessed enthusiastic participation from students and reflected the spirit of sportsmanship and healthy competition.

The programme on **19th December 2025** was graced by the presence of esteemed guests **Shri. J.P. Khemka (Hon. Secretary, Governing Council, GSCC)** who encouraged and motivated the students with their inspiring words.

The event commenced with a **torch ceremony**, conducted under the guidance of the Sports Director, **Mr. Harish S. Paralkar**. The torch was proudly carried by **Mr. Vedant Shukla**, State Karate Champion, and **Ms. Anjali Pal**, State-Level Athlete. The torch was then ceremoniously handed over to the **Principal, Dr. Preeti Oza**, symbolizing the formal inauguration of the Annual Sports Meet.

Following the torch ceremony, various **track and field events** were conducted for both boys and girls. The students actively participated and thoroughly enjoyed the competitive yet joyful atmosphere of the sports meet.

After the completion of all events, the **prize distribution ceremony** was held, during which **Mr. Dalmia and Mr. Saraf felicitated the prize winners** and motivated all athletes to pursue sports with dedication and discipline.

At the conclusion of the event, the **Best Athlete Awards** were announced:

- **Best Athlete (Boys):** Mr. Pravin Yadav (SYBCOM)
- **Best Athlete (Girls):** Ms. Anjali Pal (SYBCOM)

The Annual Sports Day 2025 was a **grand success**, made possible through the collective efforts of the **Sports Committee, student volunteers, teaching and non-teaching staff**, and the enthusiastic participation of students. The event significantly contributed to promoting physical fitness, teamwork, and sportsmanship among students.





**Torch Ceremony**



**Track & Field Events**



**Guest of honour by Principal Dr. Preeti Oza**





**Prize Distribution**



**Best Athlete (Girl & Boy)**



**Sports Committee 2025 - 2026**



# Intra Box Cricket Tournament for Boys

On **2nd February 2026 at 4:00 p.m.**, the Sports Committee organized a **Box Cricket Tournament for boys** at **PDSA Turf**. **Six teams** participated in the tournament, which was conducted with great enthusiasm and energy. **Anil Chaurasia and his team (SYBCOM)** secured **First Place**, while **Manish and his team (SYBCOM)** secured **Second Place**. The tournament concluded successfully, promoting sportsmanship and active participation among students.



## Winner & Runner Up Teams

# Inter-Department Box Cricket Tournament

**3<sup>rd</sup> February 2026**

The **Sports Committee of Ladhidevi Ramdhar Maheshwari Night College of Commerce**, in collaboration with the **Students' Council**, successfully organized an **Inter-Department Box Cricket Tournament** on **3rd February 2026 at 2:00 p.m.** at **PDSA Turf**.

The tournament was inaugurated with a **ribbon-cutting ceremony**, marking the formal commencement of the event. The programme was graced by the presence of distinguished guests:

- **Dr. Aijaaz Ashai**, Sports Physiotherapist
- **Dr. Maloy Sengupta**, State-Level Football Coach
- **Mr. Dharamraj Yadav**, Sports Incharge, RSET School

The **Principal, Dr. Preeti Oza**, felicitated the guests by presenting **bouquets, shawls, and mementos**. The guests addressed the participants and motivated them with their inspiring words, emphasizing the importance of sports, fitness, and teamwork.

The tournament featured **inter-departmental teams** representing the **Students' Council, DLLE, NSS, Cultural Committee, and Sports Committee**. A total of **seven teams**, each comprising a combination of **students, teaching staff, and non-teaching staff**, participated in the competition, fostering unity and collaboration across departments.

After a series of exciting and competitive matches, the **Sports Department emerged as the Winners**, while the **NSS Committee secured the Runner-Up position**.

## Individual Awards:

- **Best Batsman:** Mr. Harish Paralkar (Sports Director – Sports Committee)
- **Best Bowler:** Ms. Sayma Khan (Student - Sports Committee)
- **Best Fielder:** Mr. Akash Mandal (Student - Students' Council)
- **Man of the Series:** Mr. Harish Paralkar (Sports Director – Sports Committee)

The tournament concluded successfully with enthusiastic participation and high energy displayed by all teams. The event was a **grand success**, made possible through the coordinated efforts of the Sports Committee, Students' Council, participants, and staff members.





**Principal Dr. Preeti Oza felicitating the esteemed guests, Dr. Maloy Sengupta and Dr. Aijaaz Ashai.**







**Best Bowler**



**Best Batsman**



**Man of the series**



**Winner**



**Runner Up**

# Rink Football Tournament

**05<sup>th</sup> February, 2026**

On **5th February 2026 at 4:00 p.m.**, the Sports Committee organized a **Rink Football Tournament** at **PDSA Turf**. The competition featured **three teams** representing the student groups: **FYBCom, SYBCom, and a combined TYBCom & M.Com team**. After an exciting series of matches, the **TYBCom & M.Com team secured First Place**, while the **SYBCom team finished as Runner-Up**. The tournament was conducted with great enthusiasm and competitive spirit, offering students a fun and engaging sporting experience.





# Intra Box Cricket Tournament for Girls

**06<sup>th</sup> February 2026**

On **6th February 2026**, the Sports Committee organized a **Box Cricket Tournament for Girls**. **Two teams** participated in the event. **Sayma Khan and her team** secured **First Place**, while **Nidhi Gupta and her team** secured **Second Place**. The tournament was conducted successfully with enthusiastic participation and great sporting spirit.

