

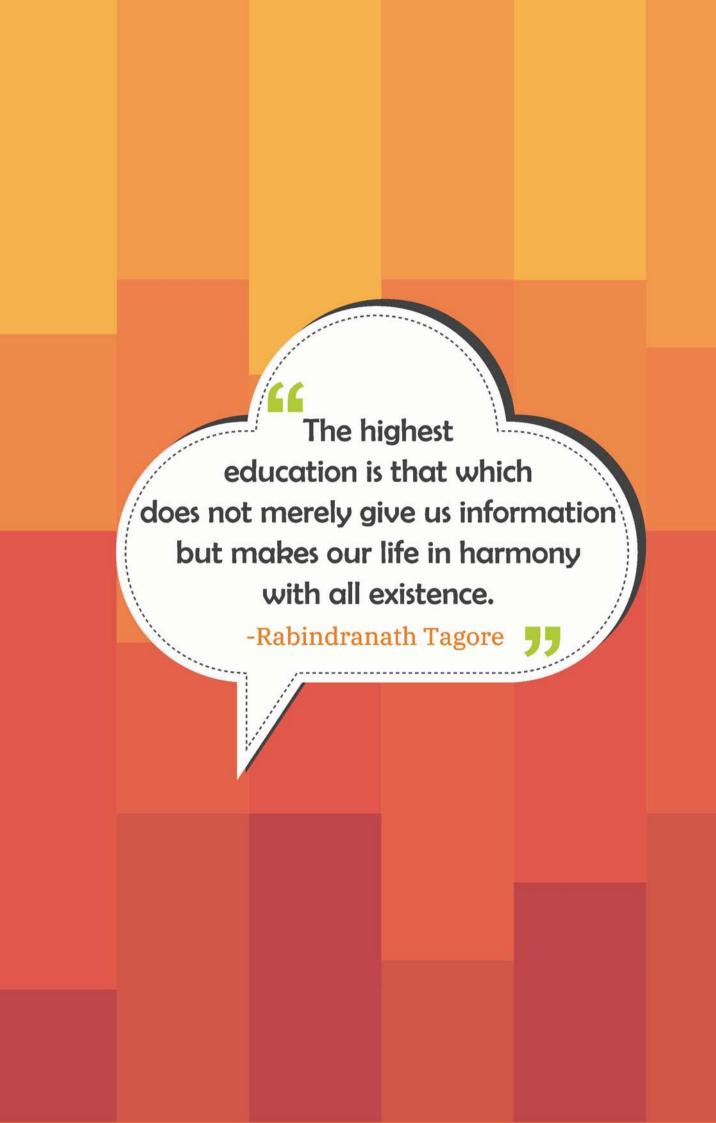
# KGES

**SCHOOL MAGAZINE** 

2022-23



• LEARNING • THROUGH • EXCELLENCE





#### Dear Reader,

#### Greeting from KGES!

Welcome to this edition of the annual magazine of Kudilal Govindram Seksaria English School. We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out the issue, which is going to surely unfold the unraveled world of the most unforgettable and precious moments of the school.

The magazine is to be viewed as a launch pad for the children's creative urges to blossom naturally. As the saying goes, "Mind like parachute works best when opened" . This humble initiative is to set the budding minds free, allowing them to roam free in the realm of imagination and experience to create a world of beauty in words.

The enthusiastic write ups of our young writers are indubitably sufficient to hold the interest and admiration of the readers. This souvenir is indeed a pious attempt to make our budding talents give shape to their creativity and learn the art of being aware because we believe that success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our students will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure. We have put in relentless efforts to bring excellence to this treasure trove.

Happy reading!!!!!

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#### Co-editor - Mrs. Indrani Balan (Head Mistress)

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Note: Names appearing above are printed in alphabetical order of surname and within a family names are printed as per seniority



# Rajasthani Sammelan Education Trust - RSET

Rajasthani Sammelan Education Trust (RSET), a registered public charitable trust was established in the year 1948 at Malad, Mumbai. With an aim to promote various educational, charitable and social activities, the trust has pioneered in providing educational opportunities to various sections of society. During the last seven decades the trust has played a very vital role in promoting and providing better education from primary to post graduation in the fields of Commerce, Management, Information Technology and Media Studies. Apart from its educational pursuits, Rajasthani Sammelan Education Trust also caters to the social and humanitarian needs of the society.

Rajasthani Sammelan Education Trust had started its educational activities for girls, but in due course of time, it has opened its doors to boys as well. At present more than 16,000 students are receiving education in various educational institutions run by the Trust. Thousands of students beyond the boundaries of the campus are enrolled with Kunjbihari S. Goyal Online Academy (GOLD).

The Educational Institutions owned and run by Rajasthani Sammelan Education Trust are:

- Kudilal Govindram Seksaria Sarvodaya School
- Kudilal Govindram Seksaria English School
- Ramniwas Bajaj English High School
- Mainadevi Bajaj International School
- Mainadevi Bajaj International Play school.
- Durgadevi Saraf Junior College
- Ghanshyamdas Saraf College of Arts & Commerce
- · Kirandevi Saraf Institute of Complete Learning
- · Durgadevi Saraf Global Business School
- Deviprasad Goenka Management College of Media Studies
- Ladhidevi Ramdhar Maheshwari Night College of Commerce
- · Kunjbihari S. Goyal Online Academy

Chikitsa Sahayta Kosh. Scholarships are also provided to needy students to complete their education.

The Trust is providing financial assistance to needy persons for medical treatment through Trivenidevi Deora



Other organizations owned and managed by Rajasthani Sammelan includes:

- Draupadidevi Sanwarmal Women's Hostel
- Ramdhar Maheshwari Career Counseling Centre
- · Pravinchandra D. Shah Sports Academy
- Jankidevi Bilasrai Bubna Boys' Hostel
- · Nalini Shah Music Academy

Rajasthani Sammelan Education Trust is also providing many other facilities in its educational campus that include:

- · Dhurmal Bajaj Bhavan
- Durgadevi Saraf Hall
- IT Hub
- Food Court
- Ramnarayan Saraf Educational Outlet
- · RS CA Study Centre
- · IRB Scholarship Endowment Fund
- Vijay Pal Singh Health Centre
- · Kirandevi Saraf Library and Reading Room
- BKT Endowment Freeship Fund
- Janakidevi Bilasrai Bubna Endowment Freeship Fund
- · Lalchand Dalmia Golf Cart.



# Kudilal Govindram Seksaria English School (KGES) Committee:

# KGES SCHOOL SUB COMMITTEE

Committee Member's Name	Designation
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Shri Kailash S. Kejriwal	Hon. Secretary
Smt. Neera A. Saraf	Trustee
Shri Lalit S. Saraf	Member
Smt. Nilima A. Pahwa	Member
Shri Harshkumar N. Seksaria	Member
Shri Tarunkumar N. Seksaria	Member
Smt. Nalini H. Seksaria	Special Invitee
Smt. Archita N. Rajpuria	Special Invitee
Smt. Arpita Mittal	Special Invitee
Shri Pranav Makharia	Special Invitee
Capt. Anant Yadnik	CEO
Dr. Sunanda Kar	Educational Director
Shri Kamal Bhagtani	Staff
Shri Vikas Ahuja	Staff
Smt. Mini Nayar	Principal / Ex.Officio
Smt. Indrani Balan	Headmistress



#### MESSAGE FROM TRUSTEE



Mrs. Neera A. Saraf

Trustee, RSET

Dear Readers.

Change is the essence of life. We find each day an adventure filled with new experiences, learning for all and a chance to constantly widen our horizons. KGES continues to be a school community, where we value diversity, differences, and make decisions, that address the needs of our students.

It always gives us great pleasure, to see the ocean of smiling faces of children and we must admit that many times, it is the students who make our days a little more livelier. Our goal is to create a learning environment, where students grow in knowledge, teachers actively engage students in rigorous learning and parents continue to be our partners in education.

The school provides a high quality education, challenging students to excel in their studies, and encourages both personal and academic achievement. KGES believes in all round development of children, training them to become sharp and strong minded, recognizing their common humanity and shared guardianship of the planet, so that it helps them to create a better and more peaceful world and also to become responsible members of local, national and global communities.

I am delighted to learn, that school is growing from strength to strength and performing well both in academics and Co-curricular activities. I appreciate the great service the school is rendering year after year, to help students to focus on confidence building, while nurturing a strong sense of social and environmental responsibility. I am sure that KGES will excel in this journey towards fulfilling the lofty ideals of creating good citizens with compassionate souls.

I convey my fondest regards to all the members of KGES family and wish them a fantastic growth in the years to follow.

Wishing you a fruitful year ahead!

Bestwishes.

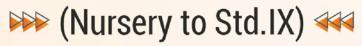


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#### MESSAGE FROM PRINCIPAL'S DESK



Mrs. Mini Nayar

#### Principal

"Education is part of the foundation of all progress and growth ,both as an individual and as a society."

Education is a passion driven journey. The excellence in the teaching and learning experience is achieved by people who are internally motivated to give direction to the lives of several people. Education is a passion driven journey. The excellence in the teaching and learning experience is achieved by people who are internally motivated to give direction to the lives of several people. Education traditionally was not only meant to be the preparation of life but it was supposed to be the life in itself.

It enriches, both the teacher and the taught with dignity, respect, quality, love, affection and ample space to have an enriching life. The final aim of education however, is the source of reconstruction, reforming, keeping abreast with the times of the society. KGES believes in all-round development of children and inculcate in the minds of the young ones the values of human dignity, equality and a sense of brotherhood, which are the three icons of a democratic country. The world of the 21st century places enormous demands on our young people and we are committed to giving them a bit of learning in the range of skills that they will need to take their place as the leaders of tomorrow. We see great things happening here every day at KGES-many of them unannounced, many of them not particularly newsworthy, but all of them cumulative, creative, important and transformative. Our expectations are high, not only from our pupils but from our staff as well. Each one must recognize the value of a caring and motivational atmosphere and be aware of the need to work in partnership with parents for the future success of the students as they prepare for the opportunities, responsibilities and experiences of adult life.

My heartfelt gratitude to RSET President Shri. Ashokji Saraf, Hon. Secretary Shri. Kailashji Kejriwal, Trustee Smt. Neera Saraf and Member of school committee Smt. Nilima Pahwa, for their support and guidance at all times.

"The whole purpose of education is to turn mirrors into windows"

#### MESSAGE FROM HEADMISTRESS'S DESK



Mrs. Indrani A. Balan

#### HeadMistress

"The whole purpose of education is to turn mirrors into windows"

A school plays a crucial role in shaping a child's future. Not only does this include the provision of education and ensuring learning, but moulding the character, morals, and value system of the child as well. A school provides the foundation needed to view the world as a limitless space providing innumerable opportunities to shine. We, at KGES strive to provide education that explores, challenges, and grooms every aspect of the child's personality. While we are determined to provide seamless learning targeted towards excellent a cademic performance through the incorporation of the latest teaching approaches,

we also ensure that we are actively working on the physical, social, emotional, and spiritual training of our children. We believe that all children can learn and commit to nurturing the potential in each child. We educate our children to change the world through peace, empathy, and fraternity and place great emphasis on inner values. It will develop skills that will drive their employability, productivity, health, and well-being in the decades to come, and ensure the overall progress of India.

Our sincere gratitude to the management & all the stakeholders of KGES for keeping their trust and belief in the school.

With Warm Wishes.

Education has always been of significant importance to me and my family.

## **ACADEMIC PRIZE WINNER**

# **SSC Topper**



95.80% 1st Rank Mst. Aadarsh Patel



95.40% 2nd Rank Mst. Kishansingh Parmar



92.80% 3rd Rank Mst. Kalpesh Yadav

#### **ACADEMIC PRIZE WINNER**

# **Pre-primary Section**



Std - Nursery



Ms. Navya Parmar Std - Jr.Kg



Mst. Divyansh Pandey Std - Sr.Kg



Ms. Dhanakshi Dhuria Best Student



Mst. Swayam Shinde Young Scientist

# **Primary Section**



Mst. Daksh Patel Std - I



Ms. Ahana Ash Std - II



Mst. Kiyansh Rathod Std - III



Ms. Kanishka Sawant Std - IV



Mst. Kiyansh Rathod Best Student



Mst. Uzair Shah Young Scientist



Mst. Ratan Jha Best Student in Sports

# ACADEMIC PRIZE WINNER

# **Secondary Section**



Ms. Kush Sheth Std - V



Mst. Daksh Badkar Std - VI



Ms. Janhvi Diwadkar Std - VII



Mst. Vansh Balsara Std - VIII



Ms. Mausam Chheda Std - IX



Ms. Hansika Jain **Best Student** 



Mst. Gangadhar Venkatesh **Young Scientist** 



Ms. Shriya More **Best Student in Sports** 



#### KUDILAL GOVINDRAM SEKSARIA ENGLISH SCHOOL

#### **ANNUAL REPORT 2022-23**

# "A good education is a foundation for better future"

Kudilal Govindram Seksaria English School is dedicated to the fond memory of late Kudilal Govindram Seksaria, the Institution's chief donor. Like him, his successors believe that the service one can do to an individual is to make him or her self-reliant and self sufficient. KGES believes, "For the last years words belong to last year's language. And next year's words await another voice. And to make an end is to make a new beginning."

The School reopened for the teachers on 8th June. On 9th June the Std X students reported and the scheduled class test was conducted for them. Principal Mrs Mini Nayar conducted a staff meeting & inducted about the working as per the teachers duty list. She also appreciated the efforts the staff had taken to learn and unlearn and make the teaching interesting for the students. The Principal introduced the new teachers to the staff. Further the staff was expected to cooperate & co ordinate for the smooth functioning of the school. Orientation for the parents was conducted to orient them with the rules and regulations of the school. Parents were informed about the collection of book sets from the school according to the dates given.

Secondary section: 8th June
Pre-primary section: 9th June
Primary section: 10th June

A counselling session was held by RMCC for teachers of KGES by Ms. Bhoomi on 10th June, wherein the teachers were briefed about the early detection and intervention to be done of the



students facing learning, behavioural and emotional disability, so as to provide them with effective remedial sessions to ensure holistic development in the children .On13th June school reopened for the students at regular timings. Parents were informed about various sports activities & selection purely on the basis of child's ability. First PTM was held class wise on 18th June and election of the PTA representatives was also conducted. On 20th June students participated in the \*Environment Day\* by planting saplings. On 21st June \*International Yoga Day\* was observed. A large number of students, teaching and non teaching staff attended the event . Under the guidance of P.E teachers Ms Bhavika and Mr Dharamraj, various asanas followed by Omkar chanting, warm up exercises were performed. P.T. Teachers explained the importance and benefits of Yoga. In the pre-primary section a welcome activity was conducted grade wise:

Nursery:-Fish Puppet Jr.kg:-Ice cream Puppet Sr.kg:-Crown.

On16th June. Principal attended a meeting with RMCC team Ms. Dixha and Ms. Bhoomi to discuss about counselling plan for the academic year. On 17th June the SSC results were declared. This year also the school achieved 100% SSC results with 43 distinctions and 4 students in first class. Secondary teachers attended a session conducted by Mr Nitin Mittal from IDF relating to MCQ testing and question bank on 18th June. Career guidance session by Phasor Academy was attended by parents of standard 9th and 10th on 18th June. Student photographs were clicked for ID cards on 22nd June. In the secondary section Class wise handwriting competition was conducted on 30th June with specific topics and themes and the winners were announced.

Post two years of online school, the students eagerly waited for the offline participation. The month began with the in-house competition \*Rain drops Idea Pops\* in the primary section. Class wise board decoration competition was conducted in the secondary section on 1st July. The winner class

was awarded in the school assembly. The topics were as follows:

Std. 5th and 6th - 'School - The Garden of learning'.

Std. 7th and 8th - 'What makes you special'. Std. 9th and 10th - 'Creating a future for success'.

1st \*PTA & Child Safety Committee \* meeting was conducted on 2nd July by Principal Mrs. Mini Nayar in the presence of trustee Mrs. Neeraji Saraf, Headmistress Mrs Indrani Balan and Members. Martial Arts & Dance activity classes started for the Students. Parents were informed about the collection of fees for the upcoming Olympiad exam & Rangotsav competition. Teachers were instructed to complete the portion for the upcoming 1st class test & submit the Question Papers for the same. Time table & portion was send to the Parents well in advance. The primary section students participated in \*Trashion pe Fashion\* competition conducted by the Sanskriti Arts & brought laurels for the school by winning prizes. Mst Reeyant Shah bagged the 1st prize & Ms. Aliza Shaikh won the Trash icon award. "Monsoon Mania" was conducted with Fun and Frolic for the pre-primary students on 11th July, wherein the kids enjoyed making various activities:

Nursery: Clouds with raindrops Jrkg: Paper folding umbrella Srkg: Hopping frog

On 16th July, the school had the \*Investiture Ceremony\* with the newly elected council members. Our Trustee RSET Mrs Neera Saraf and Special guest Mrs Urmila Jain graced the occasion and guided the Student Council to carry out their responsibilities towards the school. On 16th July RMCC conducted a session for the Parents on helping the Students with Attention Deficit. On 20th July H. M Mrs. Indrani Balan & supervisor Mrs. Manpreet Bakshi attended the department Meeting at PBHS. The Students from all the three sections participated in the various competitions such as handwriting, coloring, greeting card making, Sketching Collage making, Tatoo making, Finger and thumb painting, Photography competition, etc in the Rangotsav competition from 25th -27th July. "Camus visit' was organized for the kids on 26th July to make them aware of the school surroundings and the various RSET institutes. House wise Salad Decoration competition for Std. 5th to 8th was conducted on 29th July, on the topic - Shapes and Pattern. Registration for Dr Homi Bhabha Balvaidyanik competition for Std VI and IX was done. On 30th July, Retro- Bash, an in-house competition was conducted for the primary students. The school had the first unit Test from 3rd to 12th August. On 5th August, Friendship day was celebrated in the Pre-primary section wherein the students presented each other a friendship day craft activity:-

Nursery:- Heart shape stick puppet Jr.kg:-Friendship crown Sr.kg:-Finger puppet

On 5th August teachers, Mrs Arifa and Mrs. Manpreet attended a seminar on \*Environmental \* waste management awareness, public health\* organized by BMC at I.B Patel School, Goregaonwest. Zoom lecture on the topic "Public Concern about Nuclear Power Perceptions VS Realities" by Nehru Science Centre, Mumbai in collaboration with Nuclear Power Corporation of India Limited on 6th Aug 2022, was attended by secondary s tudents and Teachers. Mrs. Arifa Tahsildar, Mrs. Dheya Upadhyay and Ms. Laxmi Chaurasia received participation certificates.

To signify the importance of Rakshabandhan, rakhi making activity was held on 10th August for Pre-Primary and primary students, wherein they decorated the rakhis and expressed their true love for each other. On 10th Aug, a mother and daughter session by Procter and Gamble was arranged for girls from Std VI to VII. They explained about the emotional and physical health care during growing years. They also explained about the menstrual hygiene and care. All the girls





expressed their love for their mothers by gifting them with a 'Thank you Mother' Greeting Card .On 12th August, the school welcomed \*Mst. Ridhaan Jain\*. He is the youngest narrator, writer & author in India. His moral based stories and his book "ONCE UPON IN MY MIND" is greatly appreciated. He addressed the students .He inspired & motivated all by his intense and high morale interactional speech. The KGES staff attended a seminar conducted by Sister Neerja, from Brahmakimaris .She explained the significance of Rakshabandhan, the relationship of Purity. They tied rakhis & distributed sweets to all the staff members, 75 years of India's Independence was celebrated as Amrutmahotsav. Little KGESians from preprimary section came dressed as freedom fighters and in tri-colour clothes .To unleash the creative side of the students teachers organized various activities in all the three sections from 13th to 15th August:

Nursery-Tricolour Rainbow
Jrkg-Tricolour Flag decoration
Srkg-Tricolour wall hanging
Std I-Tricolour flag colouring
Std II-Tricolour flag decoration
Std III-Tricolour Festoon making
Std IV-Tricolour badge making
Std V-Tricolour wheel making
Std VI-Tricolour flower making
Std VII-Tricolour flower and wheel making
Std VIII-Tricolour badge making
Std VIII-Tricolour badge making

The school was decorated with different Tricolour arrangements. All the parents and students were sent the link to fill and download the certificate of "Har Ghar Tiranga". A cultural program followed after the Flag hoisting, National anthem and a parade at D. S. Hall on 15th August to mark the

sacrifices of our martyrs & all the great leaders. KGES students performed on a patriotic dance and enthralled the audience. First unit test was conducted for Pre-Primary children from 17th to 22nd August. On 17th Aug, as per the circular received from the department of education all the students assembled on the ground for \*Samuhik Rashtra Gaan\* at 11.00 am sharp. As a continuation to our country's 75 years of Independence (Aazadi ka aamrit mahotsava) KGES secondary section had organized an Inter-House activity for classes V to IX in which students participated in a Patriotic Song Competition. Each house prepared a Hindi patriotic song. The students sang the song with lot of passion, confidence and patriotic feeling.

On 18th, August \*Janamashtami\*, the birth of lord Krishna was celebrated with full enthusiasm in the pre-primary section. The students were dressed as Radha and Krishna, following activities was conducted:-

Nursery:-Janmashtami crown

Jr kg:-Stick puppet Sr.kg:-Pot worksheet.

Principal Mrs Mini Nayar and H. M. Mrs. Indrani Balan conducted a staff meeting & instructed all the teachers to correct the 1st unit test papers & keep it ready for the open house. Umbrella Decoration activity was conducted in the secondary section on 20th Aug for Std V to VIII. Students came out with creative ideas to decorate the umbrellas. On 20th Aug, Mrs. Arifa Tahsildar attended online department meeting regarding Science Exhibition. The school participated in the Achievements of India in 75th years by Vivek Education Society as a part of its celebration of Azadi Ka Amrut Mahotsav. Ms. Hansika Kamlesh Jain, std X student under the guidance of Ms. Shweta Jain teacher participated in





it by writing an Article on the achievements for the year August 1975 to July 1976. The submission of the same was done on 24th August. Grade wise \*Drawing & Colouring\* competition for Pre-Primary students was held on 25th August:-

Nursery:-Colour the Caterpillar with sun.

Jr.kg:-Colour the scenery Sr.kg:-Colour the fishes

Fees reminders were given to the fees defaulters for the first term.

The festival of \*Ganesh Chaturthi\* was celebrated with devotion and zeal on 30th August in Pre-Primary Section. Open house for the 1st Unit Test was conducted on 30th Aug. From 31st August to 4th September the School was closed for \*Ganpati Vacation\*.

School reopened on 5th Sept, after Ganpati vacation. Teacher's day was celebrated in a unique way by grade 10th students to express their gratitude towards the efforts of the Teachers. Students from grade 1 to 4 were given various activities such as card making, flower bouquet, book mark making for teachers day celebration. All the staff members were taken out for a lunch at Maharaja bhog. On 6th September, on the occasion of Ganesh Chaturthi, students of Pre-Primary Section were taken for \*Ganpati pandal\* \*visit and enjoyed doing various craft activities which were given as takeaway:-

Nursery:-Paper Modak Jr.kg:-Paper Ganesha Sr.kg:-Paper Plate Ganesha.

Mst. Ayush Prabhu Kharwar from Std. IX participated in the Vigyan Melava on 7 th Sep .The Topic was: "Basic Science for Sustainable Development "at Children's Academy, Malad (East). On 7th & 19th September Counselor Ms. Nirali from RMCC conducted a session on \*behavioral issues\* for the students of Primary and Preprimary, at Nathmal Garodia hall. On 7th Sept Principal Mini Nayar attended a dept meeting, wherein the EO Mr Navnath Vanve laid emphasis on Scout and Guide and said that it should be a part of school curriculum. On 8th Sept Mrs. Manpreet Bakshi & Mrs Sarita Sharma from primary section attended a workshop on \*Creating Happy Classroom\* at PBHS conducted by Mrs. Asha Verma. Principal and H.M took a meeting with all the teachers and specified the rules for the first semester exam and instructed them to submit the Question Papers & also to give the time table & portion to the students for the upcoming exams. Best out of Waste – Class wise activity was conducted in the secondary section on 12th Sep for Std V to VIII on the Topics:

Std V - Candy stick, Std VI - Empty bon, Std VII - Newspaper, Std VIII - Empty Plastic bottles.

On 13th Sept H.M Mrs Indrani Balan attended the department meeting at PBHS.On14th Sept, Hindi Diwas was celebrated in the school with great enthusiasm Grade wise activities were conducted:

Grade 1, 2: Poem recitation Std 3: Proverb writing Std4: Poem writing Std 5,6,7,8: Poetry recitation Std 9,10: Slogan writing

Teachers encouraged the students to use Hindi in their daily life and respect their national language. Everyone made their sincere efforts to use Hindi as a medium of conversation for the day. Secondary section students, Ms Sapna Kanojia from std X and Ms Jahnvi Singh from Std VIII, participated in the Interschool Hindi Poetry recitation competition organized by Kudilal Seksaria Sarvodaya School and were awarded with certificates. Mrs Sanjana Nayar & Mrs. Steffi D'silva from primary section attended a workshop on zoom organized by Hema Foundation, The topic was\*Trust without Reservation\*. On 15th September \*Fancy Dress Competition\* was held in Pre-Primary Section wherein the students came dressed according to the class theme:-

Nursery:-Movie Characters.

Jr.kg:-T.V Advertisment. Sr.kg:-. Electronic Gadgets.

On 16th Sept \*Messy Mashup\*, an In-house competition was conducted in the primary section: **Grade 1&2: Cartoon songs** 



**Grade 3&4: Advertising Jingles** 

On 17th, September, Open house for 1st unit test was held wherein the performance of the students in the first unit test was discussed with the parents. On 22nd September, English \*Olympiad Exam\* was conducted for the students from std 1 to 10.Students of primary and secondary were shown an educational movie by the Education dept on 22nd and 23rd of Sept. \* On 23th September, Pre-Primary kids celebrated \*My Many Colours Day\*. The students thoroughly enjoyed the \*Rainbow Story\* presented through a \*Puppet Show\* by the teachers. Kids enjoyed making the craft takeaway activities:-

Nursery:-Colourful Paper Sun Jr.kg:-Colourful Paper Butterfly Sr.kg:-Colourful Paper Rainbow

On 24th Sept, Mrs. Karthika Nadar & Ritu Sharma from primary section attended a workshop on \*Mental Health Awareness\* by the speaker \*Dr. Neeta Mhatre\*at PBHS. Std VI to IX participants of Dr. Homibhabha Balvaidnyanik Competition appeared for online Live Mock Test on 24th Sep. From 27th to 1st October 1st semester oral exams were conducted for grade 1 to 10. On 24th Sept, the time table & portion of the first semester exams was sent to the parents. On 28th Sept, \*Cooking Experience\* was held for Pre-Primary students, wherein they enjoyed making Nachos Chaat which was relished by them. On 30th Sept, the Pre-



Primary students were taken to Durga Mata Pandal for Darshan. Paper Dandiya were given as takeaway. The teachers and students of primary section brought laurels to the school by winning prizes at ACS FEST Competition held at Pragya Bodhini High School on 10th August:

#### The winners were:

\*Teachers category\*

#### 1. Understanding Cinema Competition -

\*Ms. Sarita Sharma and Ms. Karthika Nadar\* secured \*2nd place\*.

\*Students category \*

#### 2. On the dot competition -

\*Ms. Aarya Gohel and Ms. Mishika Nirmal\* of grade Sr.kg secured consolation prize.

#### 3. Auto-correct competition-

\*Mst. Kavish Vora, Mst. Aditya Shah and Mst. Ved Singh\* of grade 2 secured consolation prize.

#### 4. The faceless man competition -

\*Ms. Geet Vishwakarma of grade 2 secured 3rd place and Maahir Patel\* of grade 1 secured consolation prize.

#### 5. Mess ticulous' competition -

\*Ms. Anika\* \*Gamre, Ms. Kritisha Borkar and Ms. Mahi\* \*Chulliparambil\*\* of grade 2 won 2nd prize.

#### 6. Blueprint competition -

\*Ms. Shraddha Parmar\* of grade 3 and \*Mst. Rayansh Shah\* of grade 4 secured consolation prize.

#### 7. Go with the flow competition-

\*Ms. Pranami Parmar\* of grade 4 secured consolation prize.

Secondary section students had participated in the Science exhibition and Our Junior Group won 1 st Prize at the P-Ward Science Exhibition.

Main theme: Technology and Toys

Sub theme: Transport

Title of the Project: Technical Sea link Bridge

Name of the Students (Std VIII) 1. Ms. Bhavya Ramesh Jain 2. Ms. Gayatri Sudhir Gupta

In-Charge Teachers:

Mrs. Arifa Tahsildar,

Mrs. Dheya Upadhyay

Ms. Laxmi Chaurasia

Mst. Daksh Badkar Std VII participated in the P-Ward Sahashaleya Upakram in the Junior Group Mono Acting Competition on 27th Sep at Aspee Nutan Academy, Malad (W).

The month began with the festive celebration of Navratri on 3rd October. The students and teachers enthusiastically danced on the Garba beats in colourful attire .To commemorate the birth anniversary of Mahatma Gandhi, the grade wise students participated in various activities:

Grade 1& 2 - participated in prabhatpheri Grade 3& 4 - participated in slogan writing. Mst Uzair Shah of std 4 was dressed as Gandhiji and spoke about his life history.

Grade 5 & Damp; 6 - Extempore competition Grade 7 & Dresentation on Dandi march Grade 9 - Presentation on Quit India Movement. Grade 10 - Presentation on 7 Major freedom movements initiated by Gandhiji.

1st Semester Examination was conducted from 4th October to 20th October for all the students. Department meeting at Sayli International School, Borivali was attended by Mr Augustine and Mr Krishnaraj from secondary section on 7th October. It was related to the conduction of SSC exams. On 8th October, Principal Mini Nayar attended a Principal's conclave in Bhaktivedanta School. It was regarding the new NEP in which inclusive education will play a key role. 15th October, was celebrated as Vachan Prerna Diwas (Reading day) to honour the birth anniversary of our late president Dr APJ Abdul Kalam. Students from primary and secondary sections were involved in the reading activity. Saksham Kumawat from Std. 10th participated in the department online Tabla Vadan Kala Utsav 2022-2023. Mrs Manpreet Bakshi & Mrs Sarita Sharma attended a seminar on \*NEP\* (Eduvate Summit 22). On 15th October at Andheri east. KGES for the fourth time has been ranked 8th in Mumbai among the schools with State Board curriculum as per the Times School survey, published in Times of India dated 17th October. On 20th October various activities were conducted for the students in all the three sections. The students were dressed beautifully in traditional attire for Diwali celebration. On the occassion of \*Diwali\* a Movie Day was held for Pre-Primary students on 20th October. Teachers explained the importance of Diwali and students enjoyed making the craft activities:-

Nursery:-Bursting Cracker

Jr.kg:-Diya Hanging

Sr.kg:-Colourful Lantern

All the floors were decorated with lanterns and divas.

The school is closed for Diwali vacation from 21st October to 8th November.

The school reopened on 9th November after Diwali Vacation. As per the education department \*UDISE\* form was updated & submitted. To commemorate the birth anniversary of Jawaharlal Nehru, Children's day was celebrated on 14th November. Many Fun games were organized for the students of grade 1 & 2. For students of grade 3&4 drawing and Colouring & Card making activities were conducted by Mrs Amita from the department of Scouts & Guide. In the Pre-Primary Section, a Movie Day was organized. Children enjoyed playing in the play zone area, took back beautiful memories with a \*Cat Face\* takeaway. In the secondary section, Children's day was celebrated





where the students participated in the following activities:

Std V & VI – Dress up as Nehruji and deliver a speech on Nehruji,

Std VII & VIII – Portrait of Nehruji, Std IX & X – Essay writing - Nehru's vision about India.

The students enjoyed the activities and relished the snacks provided by the school.

On 11th Nov all the students from the secondary section were taken for an Education Trip to Nehru Planetarium, Zoo and Penguin hum bolt. The students enjoyed the day .Ms Anushaka Mohite from secondary section has been selected for Khele India Youth Games (State level), in the U17 girls Football category organized by India Rush Soccer Club on 11th Nov. Phasor Academy Conducted a Career Guidance Session for Std X on 15th Nov and an Aptitude Test was also conducted by them on 18th Nov . The results were shared to all the students on 19th Nov. On 15th Nov, a joint staff meeting with all the 3 sections was conducted by the Principal Mrs. Mini Nayar, Sports in charges Mr. Dharmraj Yadav & Ms Bhavika for the upcoming Sports day to be held on 19th December. On 16th Nov, H. M Mrs. Indrani Balan was invited as a \*judge at \*P/N\* ward Recitation Competition held at St Joseph's High School, Orlem. On 18th Nov the

students participated in the Mumbai School Sports Association in the U12 boys Football Tournament. KGES Won by 3-0 against the Somaiya (Vidyavihar). The goal scorers were Mst Shlok Rawtoo, Mst Shlok Rajpurohit and Mst Dheeraj Naidu. Open House for 1st Semester was conducted on 19th Nov. All the teachers updated the parents with their wards performance. On 22nd Nov, Maths Olympiad exam was conducted in the school. Indian University Fair was attended by the std X students on 23rd Nov 22 at D.S Hall. The queries regarding the Bachelors and Masters programs were addressed. In-house Tatoo making competition was conducted for the students from grade 1 to 4 on 23rd November. A \*Cooking Experience\* session was conducted on 24th November, wherein the students enjoyed making and relishing \*Corn Chaat\*. Open House for 1st Semester was conducted for Pre - Primay on 25th November .On 25th Nov, one day \*cub/Bulbul\* camp at Mandvi Resort was organized for the students of grade 3&4. They participated in various activities and were given Cub/Bulbul sessions by the Scout Master. Students from Std VI to IX appeared for the Dr. Homi Bhabha Balvaidnyanik competition on 26th Nov 22 at Dr. Sarvepalli Radhakrishnan Vidyalaya, Malad. The 2nd PTA and Child safety meeting was conducted on 28th Nov in with all the members, in the presence of Trustee – Mrs Neera Saraf. Know about Me Competition was conducted for Pre - Primary students on 29th



November . Children spoke few lines about themselves and were judged on the basis of their speech. On 29th and 30th Nov Students from Std IX & X went for an overnight scout and Guide camp to Khopoli, Monteria Resort. They participated enthusiastically and were given training in various activities.

On 1st December, \*Science Olympiad\* exam was conducted for Primary and secondary students. An \*Educational Trip to Byculla Zoo was organized for Pre-Primary students on 2/12/22, Friday. Our U-14 Girls Basket Ball team won 4th rank at Taluka level. DSO held at MHB Ground, Borivali West on 2nd Dec. On 3rd December Mrs. Karthika Nadar from primary section and Mrs Dipti Mhatre & Mrs Sunilam Mourya from secondary section were felicitated with \*Nation builder award\* by Rotary club at Sanjivani World School, Dahisar east. P-Ward Department Science Exhibition meeting at Children's Academy School was attended by Mrs. Mini Nayar & Mrs. Arifa on 9 th Dec 22. On 9th December students from grade 1 to 4 were taken for an educational trip to Planetarium. Nach Baliye Competition was held on 9/12/22, Friday for Pre-Primary toddlers. All the Participants danced to the tunes of their favourite song wearing colourful costumes. Various interschool competitions were organized by P/S ward in the month of December for the Primary students. House wise Dodge Ball competition was conducted on 9th Dec 22.On 10th Dec grade 1 students participated in Origami & Chorus Recitation at Vivek Vidyala accompanied by Mrs. Manpreet Bakshi and Ms. Siyona. Mrs Sarita Sharma and Mrs. Ritu Sharma participated in \*launch Pad\* competition at PBHS. On 10th December, Ms. Vanita Tarsariya & Ms. Ayesha Shaikh attended a workshop conducted by \*Macmillan\* on their enhanced edition Hop , Skip & Jump. On 12th Dec 22- Handwriting improvement for personality development at Nathmal Garodia Hall was conducted for Std V to IX by Ms. Kala Malpani member of Mumbai Graphologies Society. SSC Prelims Examination was conducted from 12-12-2022 to 23-12-2022On 15th December students from grade 2 participated in \*Model Making\* & \*Group Dancing\* at Bangur Vidya Mandir assisted by Mrs. Ritu Sharma and Mrs. karthika Nadar. RMCC conducted an exclusive session for parents to learn Mandala to take advantage of all the goodness it offers. Sports Heats was conducted at Prabodhan Ground, Goregaon on 15th Dec 22.On 16th December, grade 4th students went to St.Thomas School to participate in Slogan Writing & One Act Play inter school competition accompanied by Mrs.Prachi Sequeria & Mrs.Deltina Vaz. On 19th December KGES Annual Sports Meet was held at \*Prabodhan Ground\*, Goregaon-west. Students exhibited various colourful and energetic displays & participated in events as per the grades. The winners were awarded with certificates and medals by the Chief Guest Dr Tapan Panigrahi and Principal Mrs Mini Nayar. Overall championship trophy for best house was awarded to Parrot house. Mrs . Sanjana Nayar & Mrs.Steffi D'silva from primary section accompanied the 3rd std students to St.Marys English School for the p/s ward \*Doodling and Chorus singing\* competition on 19th December. 20th December was declared as holiday on account of sports day. Gold Medal of Excellence was Won by primary and secondary Students in English Olympiad. On 23rd December students celebrated Christmas in colorful attire and various activities were conducted for them as per their grade. Christmas Activity was conducted on 23 rd Dec for Std V to IX as follows:

Std V - Candle Decoration Std VI - Mask Making Std VII - Christmas Card Making Std VIII - Star Making Std IX – Holly Making

Health check up conducted for all the students of on 22nd & 23th December. Before going on vacation all the teachers submitted their Question Papers for 2nd class test to be held in January 2023. The School was closed from 24th December to 1st January '2023 for Christmas vacation.



The School reopened on 2nd January after the Christmas vacation. Teachers & students were engaged in the practice for the Annual day. Staff meetings were conducted by the Principal to discuss about Annual day preparation. Portion and Time table for the 2nd unit test was given to the students on 2nd Jan. Creative Mom & kid competition was held on 4th January, on the theme Best out of waste for Pre- Primary Section .Secondary students participated in the Science Elocution competition conducted by the P-Ward in the Junior Group - Light Pollution and Senior Group – Health Hygiene Post Covid at Infant Jesus School on 4th Jan. A team of specialized Doctors from Ayaksha health clinic Conducted a health check up for the students from grade 1 to 4 on 5th Jan. On 6th Jan a photo shoot for school magazine was held at D.S Hall. On 8th Jan, 18 students from primary section took part in Balchitrakala drawing & Colouring competition held at Prabodhan Ground, organized by the department of education. 1st Prelims open house was conducted on 10th Jan. The students and parents were updated with their performance. The teachers guided the students along with their parents for further improvement in their studies to excel in their board exams. MSSA - Under 14 Basketball team (Girls and Boys) participated on 10th Jan, at Azad Maidan Churchgate. Secondary students participated in the P-Ward science exhibition held at Orchid International under the guidance of science and Maths teachers on 12th, 13th and 14th Jan.

Main theme of the project: - Technology & Toys
Junior Group: - Mathematics for us.
Title of the project: - Sportsmatic Club.
Senior Group: - Historical development with current innovation.

**Title of the project: -** Tamso Ma Jyotirgamay – A Journey of light.

Makar Sankranti was celebrated in Pre-Primary section on 13th January & the importance of the festival was explained to the students by the teachers. A workshop on "Helping children to manage Anger" was held by \*RMCC\* on 14th January. Students from 1 to 4 participated in Art Fest inter school competition on 15th January at PBHS. The 3 nominated students from all the 3 sections of KGES received the BKT scholarship & free ship award on 15th January. On 16th KGES Annual day was celebrated with great enthusiasm. Students performed energetic dances, play, etc & the students were also felicitated with trophies, cash prizes and certificates as per the categories on the Annual day. The primary section participated in the inter school competition at P/S ward level which was organized for teaching, non teaching staff, parents and students on 18th & 21st January at PBHS Goregaon-east. II Unit Test Formative Test and II Prelims (SSC) was conducted from 19th Jan to 1st Feb .B.O. Mr. Chandrakant B inspected the school on 20/1/23 & appreciated the records that were maintained. H.M. Mrs Indrani Balan & Mrs. Manpreet Bakshi attended a Panel discussion on NEP 2020 at PBHS on 21st January organized by the department of education. Republic day celebration was held in Pre- Primary section on 25th January on the theme -Sports personalities & TV & Film Artists. All the institutes under RSET celebrated Republic Day on 26th Jan. Secondary students participated by singing a patriotic song. The day was graced by all the Management members. MSSA - Under 10 Football team of Boys participated in the MSSA football match competition on 24 Jan 23 and 28 Jan 23 at Azad Maidan, Churchgate.

Principal took a meeting with the parents of weak students of Std. V to Std X, who had not performed well in the exams and asked them to be serious and focused. On 4th Feb, the Std X students were given farewell and on behalf of school and Management, the Principal wished them to fare well in their forth coming examinations . On 20th Feb, the std X students appeared for their board practical's. On 24th Feb Honor's day was celebrated where all the deserving students were awarded for their

participation and achievements in various competitions throughout the year. The Hall tickets for SSC board exams were given to the students. The weak students continued to have their remedial teaching till 28th February. The schedule of timings during SSC Board Examination were given to all the students. Science Day was organized on 28th February. The secondary section teacher Mrs. Arifa Tahsildar spoke about the importance of science during the assembly time. Teachers submitted the Question papers for the 2nd Semester Examination. The Principal took a meeting with all the teachers and briefed them about the SSC exams, its rules and regulations .SSC Examination started on 2nd March and got over on 25th March. It was conducted smoothly as per the instructions from the department. Mrs. Arifa Tahsildar and Ms Sumana were the moderators for Science I and Algebra board papers. From 27th March onwards the 2nd semester written exams began for all the students.

Principal conducted the 3rd Meeting on Child Safety and PTA on 6th April at 11.30am in the presence of all committee members and Trustee Mrs Neera Saraf The last month of the academic year 2022-23 had been an arduous one. The fee challans for the next academic year were distributed to all the students. Principal conducted the 3rd Meeting on Child Safety and PTA on 6th April at 11.30am in the presence of all committee members and Trustee Mrs Neera Saraf . The 2nd Semester exams got over on 13th April. All teachers completed with their corrections and cross verification of results by 24th April. On 8th April, the 3rd school committee and advisory board meeting was held where the agenda was discussed and guidance sought .The department online data such as UDISE+, School information report were duly completed as per requirement. The portion for Std X classes for the academic tear 2023-24 was taught by the teachers in the April. The Graduation day was celebrated in the pre-primary section where the Sr.Kg. little graduates were awarded with graduation certificates. The event was graced by Trustee Mrs Neera Saraf and distinguished guests. On 27th April Open House was conducted & the results were declared. All the students were given the report cards along with the book list, uniform details and joining instructions. A farewell was given to Mrs Kumud Naik and Mrs Sanjana Nayyar on 28th April as they retired from their services. The Principal and Headmistress wished them on behalf of Staff and Management and appreciated for their dedication and commitment in their service in KGES. Principal conducted the staff meeting & appreciated the teaching and non teaching staff for all the hard work & encouraged them to continue the same for the next academic year 2023 -24. She wished them to enjoy vacations and join back on June 7th. The event calendar, the timetable, the curriculum plan for the next academic year was planned and submitted by the teachers thus ensuring the preparedness for the new academic year.

"The greatest glory in living lies not in never falling, but in rising every time we fall...."



#### SECONDARY- HEAD BOY'S MESSAGE



Mst. Saksham Kumawat
(Std X- A)

School has always been an essential part of people's life and I am one of the lucky one to have been able to enjoy as well as gain lot from life I have been more luckier to have received the chance of been be able to go to one of the school where teachers put in their best to create fun environment for students to enjoy the study in a comfortable manner. I have been introduced to new ideas, discoveries and concept. An eager attitude has been built in me and curiosity flows through me which makes me want to understand everything around me I will certainly miss my friends, the fun filled laughter, the craziness and most importantly my hard working teachers. This school has given me a lot to me and I have tried my best to contribute back as much as I could though I will leave and go my school along with all its memories will always stay in my heart.

#### SECONDARY- HEAD GIRL'S MESSAGE



Ms. Mausam Chheda (Std X-B)

School is a temple of learning. We as students tread the path of Wisdom and Knowledge and achieve our goals. The wings of righteousness, confidence and the conviction to complete our endeavors. Though every year has brought me close to the school, but this year's holds a special place in my life. I had been selected to represent my school in the capacity of Head Girl. I am grateful to all my teachers and students of my school who found me capable enough to hold this post of prestige. I would like to thank our Principle Madam Mrs. Mini Nayar who had always been an inspiration for the students. She is the captain who steers the ship with complete dedication. We the crew members, have nothing to worry. We are in the safe tender and gentle embrace of her. I would also like to thank all my teachers who always guided our path. And, to all my junior friends I would like to say that this school is the best place you'll ever be in. This school gives us opportunities to find our true selves and to nurture our talents by displaying them. I am proud to be a part of KGES family. The school has given me lot of memories that I will cherish for my entire life.

#### SECONDARY- SPORTS CAPTAIN'S MESSAGE



Ms. Nandini Vishwakarma (Std X- A)

It is a great honour for me being selected as the sports captain for the academic year 2022-23. Being a sports captain is more than just a badge and little for me. It's a great feeling when I got the badge and sash, but on the other side I need to provide support not only to my school but also my peers. This opportunity allows me to be approachable to everyone as I have created good relationship across many areas of school, it increases my opportunity to understand and prompt issue that may arise.

As George F will has said "Sports serve society by providing examples of excellence". Being a sports captain only made me believe in this further. I have had a lot of opportunities and have certainly tried to be the best version of myself. Being the sports captain of such prestigious school is certainly an honour. I have tried, to be the best of my ability, to be someone my peers would look up to. I am thankful to everyone for their support as well as for giving me the opportunity to lead and produce result. I assure you that I will leave no stone unturned to, to make our school scale the heights of success. My message to everyone would be to try and then try a lot more, for each time you try, you are a little more close to succeeding.

#### PRIMARY- HEAD BOY'S MESSAGE



Mst. Shaurya Gowda (Std IV-B)

It is indeed a pleasure for me to pen down my thoughts as I am heading from primary section to secondary section.

It has been a beautiful and self-evolving journey being the head boy of the primary section. I still remember the day I was given this responsibility and I do feel I have extended my services to the best of my ability.

Being a head boy I value the bond I shared with my teachers and classmates. Our teachers who had seen us growing up from toddlers have been a source of inspiration. I am sure that whatever we have learnt besides academics will help us in our future. I feel closer to the school which has made me who I am today. To continue my journey forward all I need is your blessings and would like to thank everyone for their support.

#### PRIMARY- HEAD GIRL'S MESSAGE



Ms. Palakshi Chaudhary
(Std IV- A)

It is indeed an honour and privilege for me to be elected as the head girl for the year 2020-23. Like scores of students I had the proud privilege of having the school transform me from a shy, timid girl to one who has confidence. Coming to this school has been the best decision that my parents made for me .KGES not only believes in inculcating values into its students but also recognizes every child as a unique diamond.

I am proud as well as feel extremely grateful to have benefitted from the management and the care that the entire staff holds for every individual thus helping us to cross all the obstacles and move forward on our education journey.

#### PRIMARY- SPORTS CAPTAIN'S MESSAGE



Mst. Uzair Shah (Std IV-A)

I take this opportunity to express my gratitude towards the entire staff for conferring me with the responsibility of Sports Captain for the academic year 2022-23.

It is indeed a great achievement for me as it has increased my confidence and determination. It not only gave me motivation to do well in school but also in all spheres of life. I am blessed to be guided by my Principal Ma'am, HM Ma'am and my teachers who put in their soul and gave me their best possible. Our school has also supported all its pupils by providing them opportunities and challenges that have enabled them to inculcate in themselves values of a leader. Lastly I would like to assure everyone that I will try my best to make sure that KGES achieve great heights.

# **PRIMARY- HOUSE CAPTAINS**



Mst. Shaurya Gowda Head Boy



Ms. Palakshi Chaudhary Head Girl



Mst. Uzair Shah Sports Captain



Mst. Veer Patil Captain- Kingfisher



Ms. Palak Vyas Captain - Peacock



Mst. Prathamesh Bhosle Captain - Parrot



Ms. Ruchika Rawal Captain - Canary

## SECONDARY- HOUSE CAPTAINS



Mst. Saksham Kumawat **Head Boy** 



Ms. Mausam Chheda **Head Girl** 



Ms. Nandini Vishwakarma **Sports Captain** 



Ms. Prachi Dubariya Captain-Kingfisher



Ms. Charvi Vyas Vice Captain-Kingfisher



Mst. Swej Chandat Captain-Peacock



Mst. Aayush Yadav Vice Captain-Peacock



Ms. Twarita Yadav Captain-Parrot



Mst. Mahendrasingh Rajput Vice Captain-Parrot



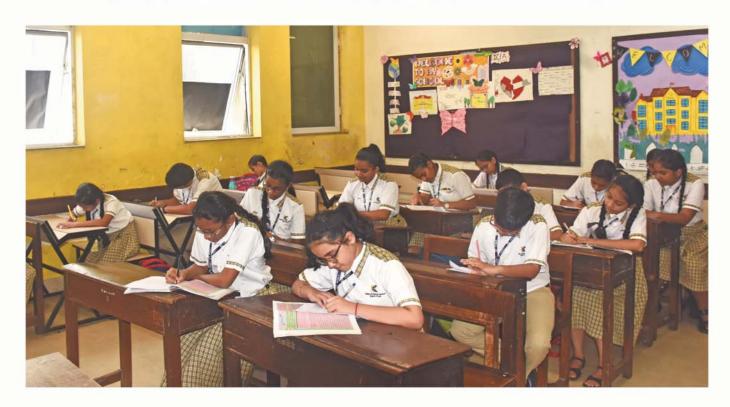
Ms. Sufiya Shaikh Captain-Canary



Ms. Rashi Trivedi Vice Captain- Canary

# **ROLL OF HONOUR**

YEAR	STUDENTS	PERCENTAGE	SCHOOL PERCENTAGE
1996-97	Shekhawat Minal Rajendrasingh	62.80%	92.30%
1997-98	Rungta Sonal Bhgwatiprasad	86.03%	100 %
1998-99	Bang Swati Jugalkishore	76.00%	93.00%
1999-2000	Rungta Ruchi Bhgawatiprasad	86.26%	87.87%
2000-01	Gosalia Hetali N	82.26%	97.00%
2001-02	Ghoble Shilpa Trimbak	80.26%	96.15%
2002-03	Khanolkar Dipti Prakash	77.20%	89.40%
2003-04	Shetty Samrudhi Sudhakar	82.26%	100 %
2004-05	Mantri Varsha Rameshchandra	86.66%	100 %
2005-06	Kedia Disha Dinesh	84.93%	100 %
2006-07	Shaikh Zoya Azimurrehman	83.07%	100 %
2007-08	Mantri Megha Rameshchandra	91.07%	100 %
2008-09	Nirmal Nikita Pramod	86.46%	98.21%
2009-10	Patel Farheen Ismail	88.91%	100 %
2010-11	Dustakar Kritika Kunal	91.09%	100%
2011-12	Soni Rukmani ShivPrasad	86.00%	100%
2012-13	Agarwal Richa Shailendra	86.55%	100%
2013-14	Shetty Divya Karunakar	94.40%	100%
2014-15	Sayyed Subhan Sabir	92.80%	100%
2015-16	Nidhi Dayanand Suvarna	90.20%	100%
2016-17	Rane Yash Ramkrishna	91.40%	100%
2017-18	Chopdar Purvesh Vijay	94.20%	100%
2018-19	Mehta Tanvi Mahipal Chobdar Khushi Vikram Pal Sanket Sabhashankar	85.20%	92%
2019 - 20	Kathikuloth Akshata Praveen	92.60%	100%
2020 - 21	Ms. Vishakha Gurav Mst. Sujit Parmar	95.60%	100%
2021 - 22	Mst. Aadarsh Patel	95.80%	100%



#### **Class-wise Handwriting Competition**

Grade	Name of the Student	Prize
	Shrushti Pasi	I
V A	Saksham Patel	II
	Manav Thakor	III
	Arvi Chandat	I
VB	Kanishka Sawant	II
	Pratik Singh	III
	Lama Khan	I
VI A	Khanak Bhatia	II
	Akshay Badwe	III
	Bhupendra Borana	I
VI B	Havisha Vyas	II
	Siya Yadav	III

#### **Hindi Handwriting Competition**

Grade	Name of the Student	Prize
	Nupur Datta	I
VII A	Shreya Sharma	II
	Aditya Dhonde	III
	Daksh Badkar	I
VII B	Pushkar Gujar	II
	Archi Lad	III
	Vansh Kothari	I
VIII A	Ichcha Chauhan	II
	Akash Chaurasiya	III
	Sidra Choudhary	I
VIII B	Muskan Jaiswar	II
	Aditya Yadav	III

#### **Marathi Handwriting Competition**

Grade	Name of the Student	Prize
	Ansh Yadav	I
IX A	Archit Nair	II
	Kavita Mourya	III
	Arya Madan	I
IX B	Rashi Trivedi	II
	Sanchit Deshmukhe	III
	Rutvi Mehta	I
ΧA	Nandini Vishwakarma	II
	Pratik Pandey	III
	Rashi Sharma	I
XΒ	Rutuja Karekar	II
	Khushbu Rajpurohit	III

#### **Board Display Competition**

Grade	Theme	Prize
VI B	School-The Garden of Learning	I
VIII B	What Makes you Special	I
ΧA	Creating a future for success	I





#### **Class-wise T-shirt Hack Competition**

Grade	Name of the Student	Prize
V A	Saksham Patel	I
	Bushra Shaikh	II
	Laiba Inamdar	III
	Braina Syed	III
VВ	Bhavya Verma	I
	Jeevika Kadam	II
	Ved Patil	III
	Krunal Darji	III
VI A	Hiya Mehta	I
	Yami Jaiswal	II
	Raj Dedhia	III
VI B	Kainaat Ansari	I
	Aayushree Panchal	II
	Kush Sheth	III



#### **Class-wise Umbrella Decoration Competition**

Grade	Name of the Student	Prize
	Shreya Mishra	I
VII A	Vedika Karekar	II
	Bhagya Savla	III
	Prisha Chheda	I
VII B	Zainab Sarwar	II
	Alekh Gaud	III
	Nidiva Chaudhary	I
VIII A	Sara Shaikh	II
	Pratyush Kalwar	III
	Shubh Jain	I
VIII B	Dev Saini	II
	Janhvi Singh	III



#### **House-wise Salad Decoration Competition**

House Name	Grade	Number of Students	Prize
Peacock House	Std V to VIII	289	I
Kingfisher House	Std V to VIII	279	II

#### **House-wise Patriotic Song Competiton**

House Name	Grade Number of Students		Prize
	V A	Abha Sawant	
	VI A	Trisha Trivedi Rishika Upadhyay Het Katarmal	
Canary	VII A	Milly Verma Dhruvi Lakhani	I
House	VII B	Bhagya Vora	
	VIII B	Bhavya Jain Janvi Singh Dev Saini	
	IX B	Rashi Trivedi	
	V A	Barina Syed	
	VI A	Aarna Doshi Aaliya Bandhukia Nivi Jain	
Kingfisher	VI B	Aayushree Panchal Janvi Yadav	II
House	VII B	Kavya Yadav	
	VIII A	Dishant Rawal	
	VIII B	Shubh Jain Naitik Choubey	
	IX B	Charvi Vyas	



#### **Class-wise Best out of Waste Competition Material-Candy Stick**

Grade	Name of the Student	Prize
	Aamir Memon	I
V A	Saksham Patel	II
	Abha Sawant	II
	Priya Bind	III
	Asmi Sawant	I
V B	Bhavya Verma	II
	Hetvi Shah	III
	Material- Empty Box	
VI A	Atharva Kalwar	I
	Khanak Bhatia	II
	Hiya Mehta	II
VI B	Aayushree Panchal	I
	Penya Talsania	I
	Janvi Yadav	II
	Kush Sheth	II
	Manas Salvi	III
	Material- Newspaper	
VII A	Shreya Mishra	I
	Shivam Kumawat	II
	Prisha Chheda	III
	Shreya Sharma	III
VII B	Daksh Badkar	I
	Khyati Sharma	II
	Archi Lad	III
	Vedant Maurya	III
	Material- Plastic Bottl	е
VIII A	Bhavya Jain	I
	Iccha Chauhan	II
	Janvi Diwadkar	III
	Sara Shaikh	III
VIII B	Dev Saini	I
	Gayatri Swain	II
	Amit Pal	III

#### Class-wise Hindi Bhasha Diwas Competition **Topic- Poem Recitation Competition**

Grade	Name of the Student	Prize
	Priya Bind	I
V A	Aamir Memon	II
	Viraj Verma	III
	Priyanshu Bind	I
VB	Kanishka Sawant	II
	Panav Sharma	III
	Aditya Pandey	I
VI A	Trisha Trivedi	II
	Bharat Borana	III
	Bhakti Chavan	I
VI B	Janvi Yadav	II
	Siya Yadav	III
	Shreya Mishra	I
VII A	Shreya Sharma	II
	Nupur Datta	III
	Shubham Kanojia	I
VII B	Daksh Badkar	II
	Bhagya Vora	III
	Sara Shaikh	I
VIII A	Komal Rajpurohit	II
	Shreya Gupta	III
VIII B	Zil Dubariya	I
	Naitik Choubey	II
	Material- Plastic Bottl	е
IX A	Gayatri Gupta	I
IX B	Charvi Vyas	I
	Arya Madan	II
	Harsh Satam	III
ΧA	Hansika Jain	I
	Prachi Dubariya	II
	Saksham Kumawat	III
ХВ	Diya Jain	I
	Sufiya Shaikh	II
	Vishal Sharma	III



#### Navratri Celebration Student's Category

Group	Grade/Div	Number of Students	Category
Junior	VI A	Sneh Chheda	Best Costume
Group		Ahem Tiwari	
	VII A	Kaavya Yadav	
		Dhruvi Lakhani	Best Dance
	VII B	Shlok Rajpurohit	
Senior	VIII A	Mehrish Khan	Best Costume
Group	ΧA	Shrishti Samar	
		Janak Dixit	
	VIII A	Dishant Rawal	Best Dance
	IX B	Disika Sharma	
	ΧA	Tvarita Yadav	
	Tea	cher's Category	
Name of	the Teacher		Category
M	irs. Niharika	Chaturvedi	Best Dance
Mrs. Kavita Tawde		Best Costume	

#### **Class-wise Marathi Bhasha Diwas Competition**

Grade	Name of the Student	Prize
V A	Saksham Patel	I
V B	Bhavya Verma	I
VI A	Shlok Rawtoo	I
	Khanak Bhatia	II
	Bharat Borana	III
VI B	Bhakti Chavan	I
	Kush Sheth	II
	Penya Talsania	III
VII A	Nupur Datta	I
	Shivam Kumawat	II
	Nilay Sawant	III
VII B	Daksh Badkar	I
	Pushkar Gujar	II
	Zainab Sarwar	III
VIII A	Ananya Jathar	I
	Khushi Tiwari	II
	Tanvi Jangid	III
VIII B	Krishnali Bhandarkar	I
	Riddhi Talekar	II
	Aniket Patel	III



#### Class-wise Diwali Activity Competition Material- Card Making Competition

Grade	Name of the Student	Prize
V A	Priya Bind	I
	Barina Sayed	II
	Vanshika Surendrakumar	III
	Jaskirathsingh Bhui	III
VB	Priyanshu Bind	I
	Ishita Boritkar	II
	Asmi Sawant	II
	Sourish Rawal	III
	Shubham Saini	III

#### **Material-Diya Decoration Competition**

Grade	Name of the Student	Prize
VI A	Khanak Bhatia	I
	Aarna Doshi	II
	Manan Jain	II
	Trisha Trivedi	III
VIB	Penya Talsania	I
	Gauri Bane	II
	Aayushree Panchal	III

#### **Material-Festoon Making Competition**

Grade	Name of the Student	Prize
VII A	Arman Ghosi	I
	Vedika Karekar	II
	Shreya Mishra	III
	Shreya Sharma	III
VII B	Veer Soni	I
	Sejal Vishwakarma	II
	Kush Panchotia	III
	Pushkar Gujar	III

#### **Material-Lantern Making Competition**

Grade	Name of the Student	Prize
VIII A	Tanvi Jangid	I
	Janvi Diwadkar	I
	Dhruvi Vyas	II
	Nidiva Chaudhary	III
	Rishit Agarwal	III
VIII B	Himanshu Prajapati	I
	Shubh Jain	II
	Aaditya Yadav	III



### SECONDARY IN-HOUSE COMPETITION

#### **House-wise Dodge Ball Competition**

House Name	Grade	Number of Students	Prize
	V A	Kuldeep Kanaujiya	
	V B	Krishna Jain	
		Arvi Chandat	
		Asmi Sawant	
	VI A	Hiya Mehta	
		Atharva Kalwar	
	VI B	Sneh Chheda	
		Dhanraj Bendale	
	VII A	Shreya Mishra	
Peacock	VII B	Arjun Kadwadkar	I
		Yusra Gouri	1
House	VIII A	Laksh Choudhary	
	VIII B	Zil Dubariya	
		Soham Gurav	
	IX A	Pankaj Patel	
		Archit Nair	
	IX B Ayush Kharwar	Ayush Kharwar	
		Amit Patel	
		Yash Makharia	
	X A Swej	Swej Chandat	
		Anil Chaurasiya	



#### **House-wise Debate Competition**

House Name	House Name Grade Nun		Prize	
	V B	Arvi Chandat		
	VI A	Hiya Mehta Arvi Gada		
	VI B	Sneh Chheda		
		Dhanraj Bendale		
	VII B	Yusra Gouri		
Peacock	VIII A	Janvi Diwadkar		
		Sara Shaikh	I	
House	VIII B	Atharv Sharma		
		Zil Dubariya		
	IX A	Vansh Balsara		
	IX B	Ayush Kharwar		
	ΧA	Nandini Vishwakarma		
		Hansika Jain		
		Swej Chandat		
		Revathi Sreejith		

#### Class-wise Christmas Activity Competition Material- Candle Decoration Competition

Grade	Name of the Student	Prize
V A	Priya Bind	I
	Abha Sawant	II
	Aamir Memon	III
V B	Priyanshu Bind	I
	Asmi Sawant	II
	Panav Sharma	III
	Gwendlyn Pereira	III

#### **Material- Mask Making Competition**

Grade	Name of the Student	Prize
VI A	Shlok Rawtoo	I
	Yami Jaiswal	II
	Omnamahshivay Chauhan	III
VI B	Parth Mishra	I
	Arya Shelar	II
	Gauri Bane	II
	Ritesh Jain	III

#### **Material-Christmas Card Making Competition**

Grade	Name of the Student	Prize
VII A	Shreya Mishra	I
	Vedika Karekar	II
	Samruddhi Jaiswal	III
	Aditya Dhonde	III
VII B	Daksh Badkar	I
	Archi Lad	II
	Aryan Shidruk	III

#### **Material-Star Making Competition**

Grade	Name of the Student	Prize
VIII A	Janvi Nerkar	I
	Prachi Vishwakarma	II
	Nidiva Chaudhary	III
VIII B	Himanshu Prajapati	I
	Dishant Rawal	II
	Aditya Yadav	III
	Dev Saini	III

#### **Material-Holly Making Competition**

Grade	Name of the Student	Prize
IX A	Gayatri Gupta	I
	Aayushi Yadav	II
	Shahid Shaikh	III
	Vikas Patwa	III
IX B	Arya Madan	I
	Rashi Trivedi	II
	Karan Patel	III

#### SECONDARY- INTER-SCHOOL COMPETITION

• Happy to share that our student Ms. Hansika Jain from Std. X, has been awarded with the student of the year award by Times NIE for securing 1st rank in Std IX in the academic year 2021-22. She has been awarded with 75% tuition waiver scholarship for pursuing Vidyalankar's 2 year program in the field of Science. She was also awarded a trophy & a certificate. Ms. Mausam Chheda the 2nd ranker is also rewarded with a certificate & 70% tuition waiver scholarship for pursuing Vidyalankar's 2 year program in the field of Science. 3rd ranker Ms. Summaiyaa Shakeel, 4th ranker Ms. Prachi Dubariya & the 5th ranker Ms. Revathi Sreejith were also awarded with certificates. They were also given guidance in taking proper Carrier decisions.

The aim of the event was to encourage students to excel academically, while also recognizing the importance of Holistic education for children's overall Development.

• KGES secondary section students had participated in the 'P' WARD science exhibition. It was a moment of great pride as we bagged the 1st Prize in the junior group & was also selected for the zonal level under the Main theme: Technology & Sports, Sub-theme: Transport and the title of the project was Technical Sea link Bridge. The students prepared the model and presented the project showcasing their knowledge and confidence.





## SOF-International English Olympiad (IEO) Examination

KGES is proud to announce that our students have bagged the Gold Medal of Excellence Award for the IEO Exam held on 22nd September, 2022.

Sr. No.	Std	Name of the student	Awards Won
1	VI	Mst. Sneh Chheda	Gold Medal
2	VII	Mst. Daksh Badkar	of Excellence
3	VIII	Mst. Atharva Sharma	Award



## SOF- National Science Olympiad (NSO) Examination

KGES is proud to announce that our students have bagged the Gold Medal of Excellence Award & the Medal of Distinction award along with the Distinction Certificate for the NSO Exam held on 1st December, 2022.

Sr. No.	Std	Name of the student	Awards Won
1	V	Ms. Priya Bind	Gold Medal
2	VII	Ms. Shreya Sharma	of Excellence
3	VIII	Mst. Dishant Rawal	Award



Ms. Nandini Vishwakarma she has been selected for Santosh Trophy State Level football team from Madhya Pradesh U/17 Girls Category organized by All India Football Federation.



 Ms. Anushka Mohite has won the trophy in the Khelo India Youth Games (State level) under 17 girls Football category organized by WIFA (western Indian Football Association). The entire team is the winner in the Maharashtra zone.



- · Ms. Shriya More of Std. X she has been selected for PIFA i.e. Premier Indian Football Academy & PDFA i.e. Palghar District Football Association for Maharashtra Olympic Games. She will be representing team Palghar at State Level Championship which will be held at Pune.
- · Mst. Raj Dedhia of Std. VI, who has been selected at Total Football Academy.



· Mst. Shlok Rawtoo of Std. VI has been selected for Western Indian Football Association (WIFA) by India Rush Soccer Club for U/13 Youth League.



· Happy to share that KGES U/11 boys Football team, came as the runner up in the Byjus Cup Football tournament. Total 10 teams participated in the tournament, KGES team won in the semifinal match against the RBHS team and in the final match they are the runner up against AFA in the tie breaker. KGES team player Mst Shlok Rawtoo is declared as the Man of the match and Club Mahindra has awarded him with 2 nights and 3 days full family package in a 5 star resort.



· Mst. Shakir Badhara won the best goalkeeper award in the Byjus Cup Football Tournament. He has also been selected in the YPL (Youth premier League) at district level in the team name "Fun fit football academy".



 KGES secondary section boys Football team had participated in the Apollo Tyres Cup Football tournament. The U/16 boys Football team bagged the Best Discipline Team trophy and made the school proud.



• Table tennis winners Ms.Parina Naidu, Ms. Anushree Hatankar & Ms. Neelam Chaudhary. This tournament was organized by DSO Maharashtra Government, where our girls U/14 participated & secured 1st place at Borivali Taluka Level & 5th Rank in Mumbai District Level amongst 64 schools.



 Captain Ms. Nishka Waghani with her Basketball team, this Basketball tournament organized by DSO by Maharashtra Government where our girls U/14 participated & secured 4th rank in Mumbai Taluka Level.



• Greater Bombay Science Teachers Association conducted a Science Talent Search Competition where our students Ms. Khanak Bhatia, Ms. Hiya Mehta, Mst. Kush Sheth & Mst. Shlok Rawtoo have passed & cleared the Dr. Homi Bhabha Balvaidyanik Competition.



 Our students participated in PDSA Inter-school Table tennis tournament wherein they bagged the following prizes:

Category	Name of the student	Position
U/12 Boys	Mst. Aman Khanna	III
U/14 Boys	Mst. Soham Gurav	III
U/14 Girls	Ms. Parina Naidu	I
U/16 Girls	Ms. Parina Naidu	III



 Once Upon in Our Mind- An initiative by Ridhhaan Jain, Certificate of Appreciation was presented to Ms. Arvi Chandat, Mst. Shlok Rawtoo & Mst. Kush Sheth on successfully participating in the Global Story Writing Contest by Ridhzworld.



#### **SOF- International Maths Olympiad (IMO)** Examination

We are proud to announce that our students have bagged the Gold Medal of Excellence Award for the IMO Exam held on 22nd November, 2022.

Sr. No.	Std	Name of the student	Awards Won
1	V	Mst. Aamir Memon	
2	VI	Mst. Ark Yadav	
3	VI	Mst. Shlok Rawtoo	Gold Medal
4	VI	Ms. Havisha Vyas	of Excellence
5	VII	Ms. Yusra Gouri	
6	VIII	Mst. Himanshu Prajapati	



1st Federation Cup Wushu for the Sub junior and senior championship was held at Tuff Sports Club, Mira Road organized by the Palghar Wushu Association on 26th February, 2023. Our students of Std.VI won medals & certificates for the same.

Name of the student	Awards Won
Mst. Shaurya Jadhav	Silver Medal
Mst. Aditya Tiwari	
Mst. Ansh Bhatt	Bronze Medal
Mst. Satyam Rajbhar	



Mrs. Sunilam Maurya & Mrs. Dipti Mhatre of Secondary section were awarded with Nation Builder Award by Rotary Club of Mumbai West Coast in recognition for her outstanding service in the field of education.



Our students bagged various prizes in the Rangotsav Competition. 2 students won the IVth prize (Colour set with Gold Medal). 29 students bagged the Gold Medal, 12 students bagged the Silver Medal, and 11 students bagged the Bronze Medal. 5 students won the Art Merit Award along with trophies & 6 students won the Consolation prize along with surprise gift.













Std/Div	Name of the Student	Name of the Competition	Prize	Award
V A	Priya Bind	Greeting card Making Competition	Gold Medal Award	Gold Medal
VA	Laiba Inamdar	Colouring Competition	Gold Medal Award	Gold Medal
VA	Shrishti Pasi	Sketching Competition	Gold Medal Award	Gold Medal
VA	Abha Sawant	Finger & Thumb Painting Competition	Silver Medal Award	Silver Medal
VA	Priya Bind	Handwriting Competition	Silver Medal Award	Silver Medal
VA	Shrishti Pasi	Greeting card Making Competition	Silver Medal Award	Silver Medal
VA	Kritika Singh	Greeting card Making Competition	Bronze Medal Award	Bronze Medal
VA	Aamir Memon	Collage Making Competition	Bronze Medal Award	Bronze Medal
VВ	Mayur Prajapati	Cartoon Making Competition	Silver Medal Award	Silver Medal
VI A	Shlok Rawtoo	Greeting card Making Competition	Art Merit Award	Trophy
VI A	Bharat Borana	Cartoon Making Competition	Gold Medal Award	Gold Medal
VI A	Rishika Upadhyay	Greeting card Making Competition	Gold Medal Award	Gold Medal
VI A	Nivi Jain	Collage Making Competition	Silver Medal Award	Silver Medal
VI A	Het Katarmal	Handwriting Competition	Bronze Medal Award	Bronze Medal
VI A	Atharva Kalwar	Colouring Competition	Consolation Prize	Surprise Gift
VI B	Asit Maurya	Colouring Competition	Gold Medal Award	Gold Medal
VI B	Aditya Tiwari	Greeting card Making Competition	Gold Medal Award	Gold Medal
VI B	Sneh Chheda	Cartoon Making Competition	Gold Medal Award	Gold Medal
VI B	Janvi Yadav	Greeting card Making Competition	Silver Medal Award	Silver Medal
VI B	Kush Sheth	Finger & Thumb Painting Competition	Silver Medal Award	Silver Medal

VIB	Bhakti Chavan	Greeting card Making Competition	Silver Medal Award	Silver Medal
VI B	Janvi Yadav	Sketching Competition	Bronze Medal Award	Bronze Medal
VII A	Prisha Chheda	Finger & Thumb Painting Competition	Silver Medal Award	Silver Medal
VII A	Shivam Kumawat	Finger & Thumb Painting Competition	Silver Medal Award	Silver Medal
VII A	Prisha Chheda	Tattoo Making Competition	Bronze Medal Award	Bronze Medal
VII A	Shreya Sharma	Sketching Competition	Consolation Prize	Surprise Gift
VII A	Shreya Sharma	Greeting card Making Competition	Consolation Prize	Surprise Gift
VII B	Sejal Vishwakarma	Cartoon Making Competition	Art Merit Award	Trophy
VII B	Zainab Sarwar	Cartoon Making Competition	Gold Medal Award	Gold Medal
VII B	Alekh Gaud	Handwriting Competition	Gold Medal Award	Gold Medal
VII B	Daksh Badkar	Colouring Competition	Ivth	Colour set with Gold Medal
VIII A	Bhavya Jain	Tattoo Making Competition	Art Merit Award	Trophy
VIII A	Sonali Kesarwani	Greeting card Making Competition	Gold Medal Award	Gold Medal
VIII A	Janvi Diwadkar	Sketching Competition	Gold Medal Award	Gold Medal
VIII A	Ichcha Chauhan	Handwriting Competition	Gold Medal Award	Gold Medal
VIII A	Nishka Waghani	Collage Making Competition	Gold Medal Award	Gold Medal
VIII A	Janvi Diwadkar	Greeting card Making Competition	Silver Medal Award	Silver Medal
VIII A	Tanvi Jangid	Finger & Thumb Painting Competition	Bronze Medal Award	Bronze Medal
VIII B	Shubh Jain	Cartoon Making Competition	Gold Medal Award	Gold Medal
VIII B	Arsh Vaishya	Greeting card Making Competition	Gold Medal Award	Gold Medal
VIII B	Shagun Yadav	Colouring Competition	Gold Medal Award	Gold Medal
VIII B	Sara Shaikh	Photography Competition	Bronze Medal Award	Bronze Medal
VIII B	Athary Sharma	Greeting card Making Competition	Bronze Medal Award	Bronze Medal
VIII B	Hardika Vadiye	Colouring Competition	Bronze Medal Award	Bronze Medal
VIII B	Janhavi Nerkar	Greeting card Making Competition	Bronze Medal Award	Bronze Medal
IX A	Janki Singh	Sketching Competition	Gold Medal Award	Gold Medal
IX A	Gayatri Gupta	Finger & Thumb Painting Competition	Gold Medal Award	Gold Medal
IX A	Shriya Sangoi	Cartoon Making Competition	Gold Medal Award	Gold Medal
IX A	Sumiran Shukla	Tattoo Making Competition	Gold Medal Award	Gold Medal
IX A	Niyati Tiwari	Handwriting Competition	Consolation Prize	Surprise Gift
IX B	Dikshita Saini	Collage Making Competition	Art Merit Award	Trophy
IX B	Harsh Satam	Sketching Competition	Gold Medal Award	Gold Medal
ΧA	Bhoomi Patel	Photography Competition	Art Merit Award	Trophy
ΧA	Dhruvvi Badamia	Cartoon Making Competition	Gold Medal Award	Gold Medal
ΧA	Diya Kamat	Greeting card Making Competition	Gold Medal Award	Gold Medal
ΧA	Rutvi Mehta	Handwriting Competition	Gold Medal Award	Gold Medal
ΧA	Kanishka Tiwari	Sketching Competition	Gold Medal Award	Gold Medal
ΧA	Prachi Dubariya	Collage Making Competition	Gold Medal Award	Gold Medal
ΧA	Heer Chheda	Handwriting Competition	Consolation Prize	Surprise Gift
XВ	Samriddhi Chavan	Colouring Competition	Gold Medal Award	Gold Medal
XВ	Rohit Gupta	Photography Competition	Gold Medal Award	Gold Medal
XВ	Sufiya Shaikh	Photography Competition	Silver Medal Award	Silver Medal
XВ	Karan Seth	Tattoo Making Competition	Bronze Medal Award	Bronze Medal
ΧA	Aanya Savla	Sketching Competition	Ivth	Colour set with Gold Medal
XВ	Mausam Chheda	Cartoon Making Competition	Consolation Prize	Surprise Gift

#### • Rangotsav Celebration-International Level Winners

We are glad to announce that our school has won many laurels at the International Level in various competitions.

Std/Div	Name of the Student	Name of the Competition	Award
VA	Priya Bind	Colouring Competition	Spectacular Performance Award
V A	Laiba Inamdar	Colouring Competition	Emerging Youth Artist Award
VA	Aamir Memon	Colouring Competition	Emerging Youth Artist Award
V A	Kritika Singh	Colouring Competition	Consolation Award
VI B	Kush Sheth	Finger & Thumb Painting Competition	Emerging Youth Artist Award
VI B	Janvi Yadav	Sketching Competition	Consolation Award
VII B	Sejal Vishwakarma	Cartoon Making Competition	3rd Prize
VII B	Daksh Badkar	Colouring Competition	Spectacular Performance Award
VII B	Alekh Gaud	Colouring Competition	Emerging Youth Artist Award
VII B	Zainab Sarwar	Cartoon Making Competition	Emerging Youth Artist Award









## PRIMARY INHOUSE COMPETITION



#### **Messy Mashup Competition**

Std/Div	Name of the Student	Prize
	Rishabh Gupta	I
IA	Mahir Patel	II
	Sreejith Gupta	III
	Mit Shirke	III
	Shivansh Trivedi	I
IB	Ruhi Kesarwani	II
	Kavya Jain	III
	Kavish Vora	I
II A	Yaksh Poojary	II
	Pranjal Dhoke	II
	Vedika Gaykar	III
	Anayah Shaikh	I
II B	Sanskriti Tiwari	II
	Veer Shah	II
	Pearl Malviy	III
	Nirvaan Nishar	III
	Rayansh Shah	I
III A	Ahana Ash	II
	Reeyant Shah	III
	Navya Bissa	III
	Aksh Malviya	I
III B	Mishti Savla	II
	Farmaan Palasara	III
	Kavya Malviya	III
	Uzair Shah	I
IV A	Aliza Shaikh	II
	Inayah Ansari	III
	Palakshi Chaudhary	III
	Hrid Upadhyay	I
IV B	Ganesha Perumandla	II
	Shaurya Gowda	III



#### **Rain Drop Idea Pop Competition**

Std/Div	Name of the Student	Prize
	Bhargavi Pirankar	I
ΙA	Rishabh Gupta	II
	Yug Ipte	II
	Astha Choudhary	III
	Kavya Jain	I
IB	Reyansh Gorivale	II
	Shaurya Rajput	III
	Pawankumar Yadav	I
II A	Pranjal Dhoke	II
	Drashti Choudhary	II
	Harshit Singh	III
	Maisha Syed	I
II B	Aaradhya Gupta	II
	Dhanashree Bhati	III
	Ahana Ash	I
III A	Girisha Sharma	I
	Rayansh Shah	II
	Reeyant Shah	II
	Suhani Maurya	III
	Mayank Asawa	III
	Arav Savla	I
III B	Manihar Aabid	II
	Smriti Rajput	III
	Jaiv Shah	I
IV A	Shraddha Parmar	II
	Jinal Malviya	III
	Abhishek Chaurasia	I
IV B	Shaurya Gowda	II
	Drishti Singh	III

## PRIMARY INHOUSE COMPETITION



#### **Retro Bash Competition**

Std/Div	Name of the Student	Prize
Ĭ	Bhargavi Pirankar	I
ΙA	Sreejith Gupta	I
	Mit Shirke	II
	Ashaaz Shah	II
	Aradhyaa Gorivale	II
	Dhruv Jethva	III
	Priyanshu Darji	III
	Shivansh Trivedi	I
IB	Manasvi Trivedi	I
	Harshit Agrawal	II
	Rhythm Tiruwa	II
	Vidhya Desai	II
	Ruhi Kesarwani	II
	Pranav Gole	III
	Manas Keni	III
	Ishani Mandal	III
	Manavi Waghela	III
	Sanchit Salian	I
II A	Divyanshi Upadhyay	I
	Driti Kachariya	I
	Aditya Shah	II
	Pranjal Dhoke	II
	Dhruv Kothari	II
	Ayan Chavan	III
	Pragyan Agarwal	III
	Drashti Choudhary	III
	Naziya Shah	III
	Anayah Shaikh	I
II B	Pearl Malviya	I
	Anika Gamre	I
	Nida Baig	II
	Ankit Borkar	II
	Aaradhya Gupta	II
	Maisha Syed	II
	Nirvaan Nishar	III
	Dhanashree Bhati	III
	Maahi Chulliparambil	III
	Geet Vishwakarma	III
	Samruddhi Gawas	I
III A	Swara Jadhav	I
	Ahana Ash	II
	Kavya Hate	II
	Mohd Subhaan Shaikh	II
	Siya Gada	III
	Reeyant Shah	III

III B	Nikhilesh Tiwari	I
	Maira Kolsawala	I
	Arav Savla	II
	Kavya Malviya	II
	Kaavyam Jain	III
	Mishti Savla	III
	Shanaya Shaikh	III
IV A	Uzair Shah	I
	Palakshi Chaudhary	I
	Ishita Pandey	II
	Ruchika Rawal	II
	Aliza Shaikh	II
	Palak Vyas	III
	Jinal Malviya	III
	Garima Mishra	III
IV B	Shaurya Gowda	I
	Hrid Upadhyay	I
	Inayah Ansari	II
	Pranjal Gole	II
	Abhishek Chaurasia	III



**World Environment Day- Pot Decoration Competition** 

Std/Div	Name of the Student	Prize
	Anaya Dubey	I
ΙA	Ayush Pal	II
	Priyanshu Darji	III
	Kiaan Panchal	I
IB	Yuvraj Mishra	II
	Zainab Sayyed	III
	Aaradhya Mishra	I
II A	Vanshika Jambhale	II
	Viyan Podar	III
	Geet Vishwakarma	I
II B	Dhruvi Prajapati	II
	Akarsh Yadav	III
	Siya Gada	I
III A	Samruddhi Gawas	II
	Bhargav Bhosle	III
	Parri Chheda	I
III B	Vighnesh Patil	II
	Farmaan Palasara	III
	Aarohi Patel	I
IV A	Palakshi Choudhary	II
	Ishita Pandey	III
	Prince Patel	I
IV B	Smith Gawade	II
	Pranjal Gole	III

## PRIMARY INHOUSE COMPETITION



#### **Navratri Celebration Student's Category**

Std/Div	Name of the Student	Category	
IB	Vidhya Desai	Best Dance	
II A	Pranjal Dhoke		
III A	Siya Gada		
IV A	Palakshi Chaudhary		
ΙA	Mivaan Chheda	Best Costume	
II B	Pearl Malviya		
III B	Samaira Khan		
IV B	Hrid Upadhyay		

#### Teacher's Category

Name of the Student	Category
Mrs. Ritu Sharma	Best Dance
Mrs. Sarita Sharma	Best Costume

#### **PTA's Category**

Name of the Student	Category
Mrs. Prachi Kamat	Best Dance
Mrs. Sunita Upadhya	Best Costume



#### **Tattoo Making Competition**

Std/Div	Name of the Student	Prize
	Sreejith Gupta	I
ΙA	Ayush Kushwaha	II
	Anaya Dubey	III
	Ruhi Kesarwani	I
ΙB	Danika Rita	II
	Ishani Mandal	III
	Vanshika Jambhale	I
II A	Dhruv Kothari	II
	Arjen Yadav	II
	Dipsha Verat	III
	Geet Vishwakarma	I
II B	Anika Gamre	II
	Rudra Gupta	III
	Girisha Sharma	I
III A	Ahana Ash	II
	Suhani Maurya	III
	Vighanesh Patil	I
III B	Mehak Rajput	II
	Munazza Inamdar	III
	Aditi Tiwari	I
IV A	Kavish Keer	II
	Prathamesh Bhosle	III
	Shaurya Gowda	I
IV B	Shraddha Gupta	I
	Pranjal Gole	II
	Aarjav Sharma	II





 Our primary section students had participated in Sankriti Arts- Trashion Pe Fashion inter-school competition which took place in Hotel Kohinoor Continental, Andheri East. Out of 61 participants Mst. Reeyant Shah from Std III A secured 1st place, Ms. Aliza Shaikh from Std IV A has been awarded as Trash Icon. Our heartily congratulations to all our little seksarians.



 Interschool Model Making competition was organized by the P/S Ward Education Department, wherein our students Ms. Jasvi Bhatia & Mst. Kavish Vora of Std II bagged the 3rd Consolation Prize. The theme of the competition was Reduce, Reuse & Recycle.



 To perpetuate the memory of illustrious educationist and to make the students understand the importance of preserving the environment and learn more about sustainability a Best Out of Waste competition was conducted by Vivek Vidyalaya for the students of Primary Section. Mst. Himanshu Bind of Std IV made the school proud by winning 1st Prize in this competition. Students created an amazing array of items leaving everyone totally impressed.

#### · ACS Fest -

Std/Div	Std/Div	Name of the Student	Name of the Competition	Prize
1	II A	Mst. Kavish Vora	Auto-correct Competition	Consolation Prize
	II A	Mst. Daksh Patel		
	II B	Mst. Ved Singh		
2	II B	Mst. Geet Vishwakarma	The Faceless man	3rd Prize
	I A	Mst. Maahir Patel	Competition	Consolation Prize
3	II B	Ms. Anika Gamre		
	IIB	Ms. Kritisha Borkar	Mess-ticulous Competition	2nd Prize
	IIB	Ms. Maahi Chulliparambil		
4	IV A	Ms. Shraddha Parmar	Blue print Competition	Consolation Prize
	III A	Mst. Rayansh Shah	Blue print competition	Consolation Prize
5	IV A	Ms. Pranami Parmar	Go with the flow Competition	<b>Consolation Prize</b>













• Our primary section students participated in Interschool Group Dance competition organized by the Education Department. The theme of the competition was Celebration & Happiness. Our Students bagged the 3rd prize in the competition.

Std/Div	Name of the Student	
1	Mst. Pragyan Agarwal	
2	Ms. Divyanshi Upadhyay	
3	Ms. Lavanya Gurav	
4	Ms. Disha Kalal	
5	Mst. Ankit Borkar	
6	Mst.Krish Mourya	
7	Ms. Sanskriti Tiwari	
8	Ms. Anaya Shaikh	
9	Ms. Pakhi Gehlot	
10	Ms. Kritisha Borkar	
11	Ms. Anika Gamre	
12	Ms. Maahi Chulliparambil	
13	Ms. Pearl Malviya	
14	Ms. Manasvi Jain	
15	Ms. Shrishti Maurya	
16	Ms. Geet Vishwakarma	



• Mrs. Karthika Nadar of Primary section was awarded with Nation Builder Award by Rotary Club of Mumbai West Coast in recognition for her outstanding service in the field of education.



## • SOF- International English Olympiad (IEO) Examination

KGES is proud to announce that our students have bagged the Medal of Distinction award along with the Distinction Certificate and the Gold Medal of Excellence Award for the IEO Exam held on 22nd September, 2022.

Sr. No.	Std	Name of the Student	Category
1	III	Ms. Girisha Sharma	
2	IV	Ms. Aarohi Patel	
3	IV	Mst. Hrid Upadhyay	Medal of
4	IV	Mst. Harsh Nagap	Distinction +
5	IV	Ms. Pranjal Gole	Certificate of
6	IV	Mst. Smith Gawade	Distinction
7	IV	Ms. Pranami Parmar	
8	IV	Mst. Kiyansh Rathod	
9	II	Sanskriti Tiwari	Gold Medal of
10	IV	Rainy Vaid	Excellence



 Our Primary section teachers Mrs. Sarita Sharma & Mrs. Karthika Nadar secured the 2nd prize in Understanding Cinema Competition organized by the ACS Fest.



 Our Primary section teachers participated in The National Launch Pad-VI 2022 organized by the Education Department. Mrs. Sarita Sharma bagged the Most Captivating Award.



• It is the supreme Art of the teacher to awaken joy in creative expression and knowledge. P/S ward of greater Mumbai had organized the competitions for Teachers on 18th & 21st January 2023 at Pragyna Bodhini High School. Our teachers Mrs. Sarita Sharma and Mrs. Karthika Nadar secured 1st position in the Future of Education Competition.



 Our students participated in PDSA Inter-school Table tennis tournament wherein they bagged the following prizes:

Category	Name of the Student	Position
U/10 Girls	Ms. Girisha Sharma	I
U/10 Boys	Mst. Ganesha Perumandla	II



## SOF- National Science Olympiad (NSO) Examination

KGES is proud to announce that our students have bagged the Medal of Distinction award + The Distinction Certificate & also the Gold Medal of Excellence Award for the NSO Exam held on 1st December, 2022.

Sr. No.	Std	Name of the Student	Awards Won
1	III	Mst. Rayansh Shah	Medal of Distinction + Certificate of Distinction
2	II	Ms. Sanskriti Tiwari	Gold Medal of Excellence



• A Cub & Bulbul Interschool Competition was organized by Mumbai District on 4th February 2023 for the students of Primary section at Vivek Vidyalaya. It was a great achievement for us, as the efforts of our student were paid off. Mst. Uzair Shah of Std IV bagged the 1st prize for Elocution competition. The theme of the Competition was Ideal Person. Similarly, our students participated in the Drawing Competition wherein the theme was Environment in which Mst. Abhinav Rawat of Std IV bagged the 1st Prize, Ms.Girisha Sharma of Std III won the 1st Prize and Ms. Ahana Ash of Std III won the 2nd Prize in the competition.



#### • SOF-International Maths Olympiad (IMO) Examination

We are proud to announce that our students have bagged the Medal of Distinction award + Distinction Certificate & Gold Medal of Excellence Award for the IMO Exam held on 22nd November, 2022.

Sr. No.	Std	Name of the Student	Awards Won
1	III	Ms. Ahana Ash	Medal of Distinction + Certificate of Distinction
2	I	Mst. Shivansh Trivedi	
3		Ms. Bhargavi Pirankar	
4		Mst. Harshit Agarwal	
5	II	Mst. Kavish Vora	
6		Ms. Naziya Shah	Gold Medal of
7		Ms. Anayah Shaikh	Excellence
8	III	Ms. Girisha Sharma	
9	IV	Mst. Veer Patil	
10		Mst. Hrid Upadhyay	
11		Mst. Uzair Shah	



• On the occasion of the birth anniversary of Mrs Olave Baden Powell, and Lord Robert Baden Powell, a soldier writer and founder of the World Scouting Movement, World Thinking Day was celebrated on 22nd February by the students of KGES Primary Section of Grade 3 and 4. The aim of this day is to commemorate the spirit of scouting as well as to raise funds for Girl Guide Organization. Ms Sandhya Singh, Mr Pawar and Ms. Amita graced the occasion and felicitated the winners of drawing competition which was conducted by The North Mumbai Suburban Bharat Scouts and Guides District Association. The winners are-

Std	Name of the Student	Prize	
IV	Mst. Abhishek Chaurasiya	I	
	Ms. Garima Mishra		
III	Mst. Maahir Rita	II	
IV	Mst. Kiyansh Rathod		
III	Mst. Arav Savla		
IV	Ms. Drishti Singh		





· Zidane Z5 Club had organized an Inter-school football tournament wherein 12 to 15 schools got participated. Our KGES U/8 Football Boys Team bagged the 2nd runner-up position in the tournament.

Std	Name of the Student	Prize
II A	Mst. Kavish Vora	2nd
	Mst. Pragyan Agarwal	Runner-up
	Mst. Rutvik Savla	
IIΒ	Mst. Krish Mourya	
	Mst. Ved Singh	
	Mst. Naitik Khedekar	
	Mst. Tanmay Pawar	
	Mst. Mohammad Nouman Shaikh	

















• Our students bagged various prizes in the Rangotsav Competition. 1 student bagged the 1st prize. She was awarded with Kids skate scooty with trophy. 6 students bagged the Gold Medal, 2 students bagged the Silver Medal, and 4 students bagged the Bronze Medal. 3 students won the Art Merit Award along with trophies & 4 students won the Consolation prize along with surprise gift.

Std/Div	Name of the Student	Name of the Competition	Prize	Award
ΙA	Saumyaa Pandey	Colouring Competition	Silver Medal Award	Silver Medal
ΙB	Gauri Tambe	Handwriting Competition	Gold Medal Award	Gold Medal
ΙB	Harshit Agrawal	Finger & Thumb Painting Competition	Bronze Medal Award	Bronze Medal
ΙB	Kiaan Panchal	Colouring Competition	Consolation Prize	Surprise Gift
II A	Jasvi Bhatia	Handwriting Competition	Art Merit Award	Trophy
II A	Vanshika Jambhale	Colouring Competition	Gold Medal Award	Gold Medal
II A	Shreyash Gupta	Finger & Thumb Painting Competition	Gold Medal Award	Gold Medal
II A	Shaurya Singh	Cartoon Making Competition	Bronze Medal Award	Bronze Medal
II B	Krishika Desai	Colouring Competition	Ist	Kids Skate Scooty with Trophy
III A	Girisha Sharma	Colouring Competition	Art Merit Award	Trophy
III A	Girisha Sharma	Cartoon Making Competition	Gold Medal Award	Gold Medal
III A	Girisha Sharma	Sketching Competition	Silver Medal Award	Silver Medal
III A	Tanishka More	Finger & Thumb Painting Competition	Bronze Medal Award	Bronze Medal
III A	Girisha Sharma	Collage Making Competition	Consolation Prize	Surprise Gift
III A	Ahana Ash	Handwriting Competition	Consolation Prize	Surprise Gift
IV A	Devyani Bhosle	Handwriting Competition	Art Merit Award	Trophy
IV A	Himanshu Bind	Finger & Thumb Painting Competition	Gold Medal Award	Gold Medal
IV A	Pranami Parmar	Collage Making Competition	Bronze Medal Award	Bronze Medal
IV A	Himanshu Bind	Cartoon Making Competition	Consolation Prize	Surprise Gift
IV B	Shraddha Gupta	Colouring Competition	Gold Medal Award	Gold Medal

## PRE-PRIMARY- INHOUSE COMPETITION



#### **Class-wise Colouring Competition**

Grade/Div	Name of the Student	Prize
Nursery	Diya Sharma	I
	Rajat Kesarwani	II
	Mehak Rawal	III
	Navya Parmar	I
Jr.Kg. A	Rudransh Tiwari	II
	Somya Joshi	III
	Viraj Yadav	I
Jr.Kg. B	Sachi Singh	II
	Kanika Agrawal	III
	Lavya Jain	I
Sr.Kg. A	Hrihaan Sharma	II
	Aarush Batavale	III
	Shiuli Baug	I
Sr.Kg. B	Pratham Lakhani	II
	Yashasvi Patel	III



#### **Class-wise Fancy Dress Competition**

Grade/Div	Name of the Student	Prize
	Aavya Pandey	I
Nursery	Ketvi Malde	II
	Kiyan Mehta	III
	Harleenkaur Bhui	I
Jr.Kg. A	Aashvi Tailor	II
	Navya Parmar	III
	Darshi Kachariya	I
Jr.Kg. B	Dhanish Oza	II
	Jiaan Bagwe	III

	Shrey Patel	I
Sr.Kg. A	Swayam Shinde	II
	Janvika Pathak	III
	Mishika Nirmal	I
Sr.Kg. B	Angad Vora	II
	Divyansh Pandey	III



#### **Navratri Celebration Student's Category**

Grade/Div	Name of the Student	Category	
Nursery	Ketvi Malde	Best Dance	
	Mrs. Pinal Malde		
	Jeel Jain		
	Mrs. Rekha Jain		
	Dhairya Thanvi	Best Costume	
	Mrs. Priyanka Thanvi		
Jr. Kg. A	Tanmay Jain	Best Dance	
	Mrs. Pratiksha Jain		
	Diyan Mulani	Best Costume	
	Mrs. Kinjal Mulani		
Jr. Kg. B	Dhrutika Sanchaniya	Best Dance	
	Mrs. Meghna Sanchaniya		
Sr. Kg. A	Aayushi Parmar	Best Dance	
	Mrs. Jagruti Parmar		
	Ansh Waghela		
	Mrs. Khushali Waghela		
Sr. Kg. B	Mahek Patel	Best Costume	
	Mrs. Laxmi Patel		

#### **Teacher's Category**

Name of the Student	Category	
Mrs. Vanita Tarsariya	Best Dance	

## PRE-PRIMARY- INHOUSE COMPETITION



#### **Class-wise All About Me Competition**

Grade/Div	Name of the Student	Prize
Nursery	Diya Sharma	I
	Aavya Pandey	II
	Jeel Jain	III
	Navya Parmar	I
Jr.Kg. A	Aashvi Tailor	II
	Pragya Tiwari	III
Jr.Kg. B	Dhanish Oza	I
	Pulkit Agrawal	II
	Shivangi Sharma	III
Sr.Kg. A	Swayam Shinde	I
	Dhanakshi Dhuria	II
	Dhruvi Shah	III
	Parth Sharma	I
Sr.Kg. B	Jash Karande	II
ALIA POLITICA PROPERTO	Aarav Doshi	III



#### **Class-wise Nach Baliye Competition**

Grade/Div	Name of the Student	Prize
Nursery	Ketvi Malde	I
	Dhairya Thanvi	II
	Ansh Singh	III
	Harleenkaur Bhui	I
Jr.Kg. A	Aashvi Tailor	II
	Navya Parmar	III
	Jiaan Bagwe	I
Jr.Kg. B	Sachi Singh	II
	Kiyaan Khemani	III
	Janvika Pathak	I
Sr.Kg. A	Dhanakshi Dhuria	II
	Shagun Shrisath	III
	Jiya Jain	III
Sr.Kg. B	Mishika Nirmal	I
	Param Chauhan	II
	Jash Karande	III



#### **Creative Mom & Child Competition**

Grade/Div	Name of the Mother & Student	Prize	
	Ketvi Malde	I	
Nursery	Mrs. Pinal Malde		
	Adityakumar Yadav	II	
	Mrs. Sangeetakumari Yadav		
	Dhairya Thanvi	III	
	Mrs. Priyanka Thanvi		
	Vihaan Soni	III	
	Mrs. Priyanka Soni		
	Nirvan Agarwal	I	
	Mrs. Gunjan Agarwal		
	Navya Parmar	II	
Jr.Kg. A	Mrs. Kusum Kunwar Parmar		
	Vihaan Jain	II	
	Mrs. Khushbu Jain		
	Mohd Husain Ansari	III	
	Mrs. Shahista Ansari		
	Advik Sharma	I	
	Mrs. Neetu Sharma		
	Kanika Agrawal	II	
Jr.Kg. B	Mrs. Priyanka Agrawal		
	Dhanish Oza	II	
	Mrs. Kirti Oza		
	Shrey Patel	I	
	Mrs. Krishna Patel		
	Hrihaan Sharma	I	
Sr.Kg. A	Mrs. Monika Sharma		
	Ansh Waghela	II	
	Mrs. Khushali Waghela		
	Dhani Madan	III	
	Mrs. Sujata Madan		
	Krushabh Gupta	I	
	Mrs. Soni Gupta		
	Mishika Nirmal	II	
Sr.Kg. B	Mrs. Shobha Nirmal		
	Param Chauhan	III	
	Mrs. Priti Chauhan		
	Divyansh Pandey	III	
	Mrs. Jaya Pandey		

#### ACS Fest-

Std	Name of the Student	Name of the Competition	Prize
Sr.Kg.	Ms. Arya Gohel	On the Dot	Consolation
В	Ms. Mishika Nirmal	Competition	Prize



· It is the supreme Art of the teacher to awaken joy in creative expression and knowledge. P/S ward of greater Mumbai had organized the competitions for Teachers on 18th & 21st January 2023 at Mount Mary School. Our teachers Mrs. Ayesha Shaikh secured 2nd position in the Table Organizer Competition.



Our students bagged various prizes in the Rangotsav Competition. Our 8 students bagged the KG Gift & were awarded with Race car and a Gold Medal.

Std/Div	Name of the Student	Name of the Competition	Prize	Award
JR.KG. A	Rudransh Tiwari	Colouring Competition	KG Gift	Race car with Gold Medal
JR.KG. B	Vedika Yadav	Colouring Competition	KG Gift	Race car with Gold Medal
SR.KG. A	Shrey Patel	<b>Handwriting Competition</b>	KG Gift	Race car with Gold Medal
SR.KG. A	Roshani Yadav	<b>Handwriting Competition</b>	KG Gift	Race car with Gold Medal
SR.KG. A	Hrihaan Sharma	<b>Colouring Competition</b>	KG Gift	Race car with Gold Medal
SR.KG. B	Mishika Nirmal	<b>Handwriting Competition</b>	KG Gift	Race car with Gold Medal
SR.KG. B	Param Chauhan	Handwriting Competition	KG Gift	Race car with Gold Medal
SR.KG. B	Shiuli Baug	Colouring Competition	KG Gift	Race car with Gold Medal





#### **KGES School**

KGES School is doing excellent in all the fields especially giving a lot of exposure to children. Very nicely planned curriculum. Good efforts taken by all the teachers. We are extremely grateful to all the teachers, coordinator, HM and Principal Ma'am. Our children are being groomed very well. We feel that it was a right decision in sending our children to KGES School.

We wanted a teacher who not only educates but is also caring to help develop their social skills and make them confident and that's what we had been looking for.

Keep it up! I wish a great success to KGES School.

Mrs. Urmila Shivalkar (PTA-Nursery)



#### Filters and the teenage mentality

Filters vary wildly. Some are barely noticeable, simply brightening colors and sharpening images. But over the past few years, social media platforms like Facebook, Instagram and Snap chat have expanded the use of digital enhancement and beautification.

People share so much of their lives on social networking sites, everything from birthday party photos to what they ate for breakfast that morning. Most photos are edited in one way or another. When you are constantly exposed to unnaturally saturated photos, and "candid shots" that have been staged, it can become difficult to look at your own day to day life and feel satisfied. As a teenager, the societal pressure to have an aesthetically pleasing life can cause lots of stress and affect self-confidence and happiness.

Mrs. Pratiksha Jain (PTA- Jr. Kg.)



#### Developing Competence during Elementary School...

As children enter and grow through Elementary School, their world and their sense of possibilities expand. They are developing the knowledge and skills that help them be competent in many areas of development. Their sense of the world's possibilities expands-both its opportunities and its dangers. And they are also spending much less time, on an average, with their parents than they used to.

Each new experience offers opportunities and challenges for connecting with school age kids. On one hand, parents may feel like their kids are getting big enough to be independent. At the same time, they may also want to protect their kids from the risks they worry about.

The balancing act for parents is to "have their back" while also giving them opportunities to discover their own voice, power and potential.

Mrs. Monika Sharma (PTA-Sr. Kg.)



#### Parent-Teacher coordination

Relationship between both:

A good relationship with your child's teacher and school is a great starting point for handling any problems that come up at school.

Children do better academically, emotionally and socially, are happier at school & attend school more regularly. When you need to talk with teachers about problems, a calm and positive approach is likely to get a positive outcome for your child. If something has just happened to upset your child, this can upset you too. Try to take some time to calm down before you do anything. This will help you avoid doing something you might regret later.

Problem-solving by being positive, thinking about solutions, and talking about working with the teacher.

No matter what you think, it's important to speak \*positively\* and \*respectfully\* about your \*child's teacher\*, the \*school\* and other children in front of your child complaining will teach your kid's the same. In this way you can set a good structure between teacher and parent.

Mrs. Prachi Kamat (PTA-IA)



#### Why should one read?

Pandit Jawaharlal Nehru quoted that "A Newspaper is a window to the world".

In this Hi-Tech world, do we need to read books?

Reading has manifold benefits such as keeping abreast with the latest developments in every field, improving your knowledge and sharpening the mental acumen.

BENEFITS OF INCULCATING THE HABIT OF READING AT A YOUNG AGE EXTENSION OF VOCABULARY:

- 1. The more you read, the more words will find their way in your vocabulary encourage a thirst for knowledge.
- 2. Reading invokes interest and leads to the development of an inquisitive mind, that too in a positive sense.
- 3. Good books can enhance a child's emotional and intellectual development.
- 4. Effective communication has become utmost important given how we are to catch up with the fast-paced modern life.
- 5. Readers are Compassionate Leaders: Reading will always help you grow as an inspiring and intelligent person who can apply his knowledge when and where needed for the betterment of the nation.

Reading develops your ability to communicate well. Hence, their power of expression will be limited. All children should attempt to learn at least 5 new words in English everyday along with their synonyms and antonyms.

Mrs. Pooja Rajput (PTA-IB)



#### ROLE of A PARENT

Parents make sure children are healthy and safe, equip them with the skills and resources to succeed as adults, and transmit basic cultural values to them. Parents and caregivers offer their children love, acceptance, appreciation, encouragement, and guidance. They provide the most intimate context for the nurturing and protection of children as they develop their personalities and identities and also as they mature physically, cognitively, emotionally, and socially.

#### Parental responsibilities include:

- 1. Providing a safe living environment.
- 2. Protecting the children from abuse and other dangers.
- 3. Paying child support as ordered.
- 4. Fulfilling the children's basic needs (food, water, shelter)
- 5. Disciplining the children.
- 6. Investing in the children's education.
- 7. Knowing the children's interests.

Mrs. Sunita Upadhyay (PTA-II A)



#### Importance of School Life

Life is precious and getting the best and most of it is everyone's goal. The school life plays an important role in it. A child comes across with various stages in school life that helps him/her throughout their life. The school shapes a child physically, mentally and emotionally, be it choosing a life style, a career, or living life healthy and wealthy. It is not just place to sit and study, but to learn many other things that will help them get along with others, develop leadership qualities, take on challenges and be confident wherever necessary.

Teachers play an important role in it as well. The role of teacher in children's life is manifold, ranging from practically transforming their personality traits to grooming them morally. Under their proper guidance and supervision, students find solution to their problems. So, let us help our children understand the importance of school life.

Mrs. Kiran Bhati (PTA-IIB)



#### **Women Empowerment**

Women empowerment is a must for the betterment of our country's future as women are better manager than men. They can balance house and office systematically. Many of us oppose women education and feel sad when a girl child is born, due to narrow minded thought process. Just remember Kalpana Chawla, Lata Mangeshkar and many more who are pride of our country. Till date a woman has played a pivotal role of a mother, daughter, sister and wife. So if she gets a chance to work for the development of India there will be many to come forward.

We all know that nobody gets everything in life but what about those who get everything from birth till death. They are none other than women of our country. Some people of our society feels they just pretend of not getting anything to acquire sympathy. Not just having food, shelter and clothing it's enough for the betterment of life. We talk about women empowerment but our so called society, don't allow our

women to lead their own way of life according to their wish. Are girls really burden for the family and society? Many girls are nowadays educated enough to survive in a better way than boys. Why women have to compromise and sacrifice more as compared to men? Everyone should live happily and the basic mantra is to live in peace. Women Empowerment is the main problem in our world.

Mrs. Mehtab Sarwar (PTA-III A)



#### The Importance of Family in Educating Children

One of the most important ways parents contribute to society is by educating their children. The learning doesn't go just one way, either. In a healthy family, learning has a high priority, perhaps just after meeting basic needs. Talking around the dinner table, family their political views. They may discuss the issues in an upcoming election or the qualifications of a candidate. This inspires everyone to find out more about the people and ideas involved so they can make an informed decision when it's their turn to vote.

Parents begin teaching their children as soon as they're born. They may help them learn to walk and teach them new words as they develop their vocabulary. They potty-train them, teach them manners, and take advantage of learning opportunities in everyday life. Best of all, they pass on a love of learning that will serve the child well throughout their life. Most parents are equipped in different ways when it comes to helping their children learn after they go to school. They can encourage scholarship and ethical behavior, as well.

When becoming a parent, solving all children's disagreements can be a massive chore. One of the ways parents cope is to teach their children how to resolve their conflicts on their own. Parents teach their children right from wrong and encourage them to follow the laws of the land unless disobeying a specific law will benefit society. Families often work together to get household chores done. Every task they do together teaches them more about what it's like to work as a team to accomplish group goals.

Mrs. Usma Savla (PTA-IIIB)



#### Our School- KGES

School is the basic foundation of knowledge being important to a child. It gives a chance to children to acquire knowledge on various fields of education such as literature, history, mathematics, politics and numerous subjects. By knowledge a person is in a better position to help others. Our school KGES is the best example of a perfect school. The whole team of KGES the principal, teachers, non-teaching staff together makes a perfect team.

Our school looks out for the best in every child and helps them to improve and do much better than they can. It brings out the best in every child.

Lastly I would like to thank our school for constantly encouraging all the students and achieving the best which would not have been possible without the schools guidance.

Mrs. Salma Shaikh (PTA-IVA)



**How to Stop Making Excuses** 

"I don't know how."

"It probably wouldn't have worked anyways."

"I'm too busy."

How often do you catch yourself making excuses? Instead of doing something, you come up with ways to explain your inaction. Excuse-makers are usually seen as weak, lazy or cowardly.

I believe this is an unfair generalization.

We all make excuses once in a while. Sometimes we make excuses and other times we stop rationalizing and taking action. I'm sure most of us can remember times when we procrastinated and wasted days before starting a project. I'm also sure most of us can remember times we started immediately, and finished ahead of schedule.

The differences between these two cases could be described as a difference of willpower. When you procrastinated, you lacked willpower. But that isn't helpful. If willpower is outside your direct control, then claiming willpower as a solution isn't going to work.

Instead, I believe that the answer to stop making excuses has two steps:

Organizing your priorities. Breaking large, uncomfortable steps into manageable pieces.

Mrs. Alpa Rathod (PTA-IVB)



KGES is one of the best schools in Mumbai. From last 4 years KGES is being ranked 8th within the top SSC school in Mumbai by Times school survey. KGES is one of the best school in sports education and also in extracurricular activities. It has huge campus playground and an auditorium. Various activities and Functions are held all the year around in the school. At KGES, children are exposed to various sources from which they can imbibe immense knowledge, instrumental for their development. Principal, Head mistress and teachers are so encouraging n caring which creates an environment in school where every child learns n enjoys. In KGES every child is given an equal opportunity to achieve his/her dreams. KGES not only guides children but also helps & guides parents in their child's growth. Proud to be a part of KGES family.

Mrs. Ketki Rawtoo (PTA-VI)



**My Inspiration** 

I am constantly inspired

By those people in my life,

By the way they keep going ....

By the way they deal with strife.

By the dreams they are creating.

By the smile in their step.

Real life inspiration .....

It's the best sort you can get!

Mrs. Reena Vyas (PTA-IX)



I as a PTA Member thank you for the efforts that have been taken for all the students of KGES. KGES is one of the best school. This institute not only educates the children, but also helps the students by providing various facilities in its school premises. Our kids get trained and are creatively involved in the learning process. The teachers of this are well trained and are providing best education to the students. The atmosphere of the school is very pleasant and is clean. There is a environment duration between the parents, and the teachers. It has all the facilities, of being a good school. It is valued for its quality education and extra-curricular activities.

Mrs. Tasneem Memon (PTA-V)



#### Success

One can be called successful if they have achieved their desired goals. For some people, being successful means to be rich. But being successful is even more than being rich. When you achieve what you want, it gives you immense pleasure, and that is incomparable with being rich. To be successful in any aspect of life, one needs to have strong dedication and work hard. Opportunities will come and go, but you must decide the path to success. To achieve something, you will have to cross the hurdles. It would help if you crossed the difficulties with confidence and never give up. If you give up, then all your efforts become useless.

Mrs. Dimple Jain (PTA-X)























## SCHOOL ACTIVITY - PRIMARY













## SCHOOL ACTIVITY - SECONDARY











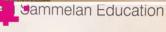








# PROJECT & ART WORK















# ANNUAL DAY- PRE PRIMARY













# ANNUAL DAY- PRIMARY.













# ANNUAL DAY- SECONDARY













# ANNUAL SPORTS MEET- PRE-PRIMARY SECTION















### ANNUAL SPORTS MEET- PRIMARY SECTION

















## ANNUAL SPORTS MEET- SECONDARY SECTION

















### HONOURS DAY- PRE-PRIMARY















### HONOURS DAY- PRIMARY















### HONOURS DAY- SECONDARY

















### GRADUATION DAY



### Mrs. Saroj Agarwal

Congratulations to team of the school for making a successful event of the Graduation Day function. I feel honoured to have been a part of this event .The theme resonated so well with the need of the hour. Thanks to school management for such a beautiful program.



### Mrs. Alka Agarwal

It was a delightful experience to meet and greet the children. They were absolute sweethearts. All of them are special and unique and hope they achieve all their dreams and go and do wonderful things. Thank you for having me and making me a part of this joyous occasion.















### **GRADUATION DAY**



















## English Student Articles Primary



Dirt on My Shirt Ms. Avani Jadhav (Std I- A)

There's dirt on my shirt and leaves in my hair There's mud on my boots But I don't really care.

Playing outside is so much fun.
To breathe the clean air
and feel the warm sun
To stomp in a puddle
Or climb a big tree
Makes me quite happy
Just look and you'll see.



Traffic rules
Mst. Abhang Yedage
(Std I- A)

Red light red light
what do you say?
I say stop, stop right away.
Yellow light yellow light
What do you say?
I say wait wait.
Green light green light
What do you say?
I say go, go right away.



**Riddles Mst. Rishabh Gupta** (Std I- A)

1. What is it that you can hear, control it, but can't touch it?

Ans: Your voice

2.I am always at the dinner table but you don't eat me, who am I? Ans. Plates and spoon

What has hands but can't clap?Ans. Clock



Tongue Twister
Ms. Aradhya Gorad
(Std I- A)

1. I scream you scream we all scream for ice cream.

A big black bear sat on a big black rug.

Black blackboard brown blackboard.



**Riddles Ms. Chaya Dhangar** (Std I- B)

1) What disappears as soon as you say its name? **Ans: Silence** 

2) Which English word has three consecutive double letters?
Ans: Bookkeeper

3) I am a word. If you pronounce me right, it will be wrong. If you pronounce me wrong, it is right. Which word am I? **Ans: Wrong** 

4) What is the next letter in the following sequence? S M T W T F \_\_\_.

Ans: S as S stands for Saturday.





Tongue Twister
Mst. Pranav Gole
(Std I- B)

- Dear Deer dares to scare dangerous Lion in deep dense jungle.
- 2) A pot has dot, dot has no pot.
- 3) A clown hides a round crown now where is the round crown



Spring
Ms. Sakshi Suthar
(Std II- A)

The wind told the grass, And the grass told the trees.

The trees told the bushes, And the bushes told the bees.

The bees told the Robin And the robin sang out clear,

"Wake up! Wake up! Spring is here!"



Amazing Facts
Mst. Jenish Patel
(Std I- B)

- 1) Dentistry is the oldest profession in the world.
- 2) Climate change is causing flowers to change color.
- 3) Mount Everest is bigger now than the last time it was measured.
- 4) Whale songs can be used to map out the ocean floor.
- 5) The best place in the world to see rainbows is in Hawaii.
- 6) The longest place name on the planet is 85 letters long.

\*Taumatawhakatangihangakoauauotamateaturipukaka pikimaungahoronukupokaiwhenuakitanatahu\* in New Zealand.



Fly High Mst. Ved Patel (Std II- A)

I will fly high, Like the birds in the sky; No matter how is the situation, Till I will reach my destination; I will fly high.

As my teacher said, Roses are red, Sky is blue, Study hard, Till you reach your goal I will fly high.

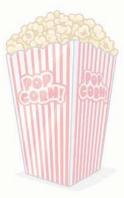




POPCORN Mst. Pawankumar Yadav (Std II- A)

Pop, pop, popcorn, popping in the pot! Pop, pop, popcorn, eat it while it's hot!

Pop, pop, popcorn, butter on the top! When I eat popcorn, I can't stop!





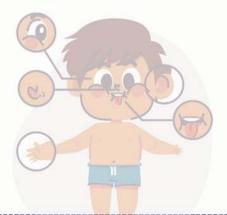
My Senses Mst. Daksh Patel (Std II- B)

I can hear the birds sing, The dog bark, the cat miaow, I can hear the phone ring, I can hear YOU!

I can see the grass grow, The bright stars , the yellow moon , I can see the white snow, I can see YOU!

I can smell the rose meat, The fresh bread, the pretty flowers, I can smell your dirty feet, I can smell YOU!

I can touch the soft grass,
The cold eyes, the wet rain,
I can touch the smooth glass,
The chocolate bar, the cream cake,
I can taste the fresh pineapple,
I can taste YOU!





I'M A Second Grade SUPERSTAR! Ms. Dhanashree Bhati (Std II- B)

I am a second - grade superstar! I am a success! I'm going far!

I can read many books that are long.

I learn every time I get something wrong.

I try to study hard for each test.

I focus always to do my best!

I tried to be patient and I share.

I try to be responsible and I care.

I am a second - grade superstar!

Watch me! I will really go far!





I Look in the Mirror Mst. Ved Singh (Std II-B)

I look in the mirror and what do I see?
A pair of eyes looks back at me.
A nose, two ears, two eyebrows, too:
Two lips and teeth, to say, "I look in the mirror and what do I see I look in the mirror and I see ME!





My Best Friend Has Four Paws Ms. Tanishka Jathar (Std III- A)

A walk in the park A ride in the car A pat on the head Those eyes that say it all

Those fluffy paws
Those friendly handshakes
You need no one else when
You've got a pet.

Those cuddly nights
Those early morning walks those
late night walks.

A piece of toast A bite of an egg

The Best - Friendship no one can invent!!!!



Have a Ball Ms. Mrunmayi Karekar (Std III- A)

When I was born I was given a ball
The ball was Green and Blue
My mom said share and take good care,
It belongs to others too.
Keep it clean keep the green part green,
Try to make the blue part bluer.
If you love this ball it will never grow old,
In fact it may grow newer.
So I did all and I did some more,
Cuz I love this ball a lot.
And I hope that you will love it too,
It's the only ball we've got.





Mothers Ms. Janhvi Sonvatkar (Std III- A)

Mothers are a special gift, Sent from the heaven above!

They love us unconditionally,
The only condition that they have is their love!

They cheer us up when we are down, And guide us all year round

I'd like to give you diamonds Mom, For each tear that you have cried for me. The tear would match the sparkle in your kind and loving eyes!!!

But I have no diamonds, Mom
I'm sure you are well aware!!
I'll give you gifts more precious than those,
I'll give you my devotion, my love and my care!

Mom, you are truly my gift from God above, Only God could have made you with so much Love!!



Humble and Grumble Mst. Janhavi Dhavale (Std III- B)

Humble and Grumble were identical twins, And Humble was ever so meek; Grumble did nothing but grumble all day, Some may even call him a freak.

Humble was happy and everyone's friend, Grumble was jealous of course; Humble was happy to follow the Lord, But Grumble, an immoral source.

Humble was never seen wearing a frown,
And Grumble, never seen with a smile;
Humble won friends by just being himself,
But, Grumble, he won them by guile.
So Grumble, please follow Humble, your twin,
And Humble, don't grumble, I pray,
For grumble will make you like Grumble, your twin,
Please Grumble, be humble today.



Coconut

Mst. Rudra Bidaye
(Std III- B)

Coconut is a delicious nut.
Of course from a coco palm.
Coconut is a tasty nut but eat.
Only a few pieces of this.
Nut or you'll be very fat.
Up the palm you must climb to get.
This awesome super food for free.





Why God made Teachers Ms. Palak Vyas (Std IV- A)

When God created teachers,
He gave us special friends
To help us understand his world
And truly comprehend
The beauty and the wonder
Of everything we see
And become a better person
With each discovery.

When God created teachers,
He gave us special guides
To show us ways in which to grow
So we can all decide
How to live and how to do
What's right instead of wrong,
To lead us so that we can lead
And learn how to be strong.



**Nature Ms. Samaira Khan** (Std III- B)

When my heart takes a jump.
I feel you around,
Its every beat and every pump.
Makes me feel you around
I think of you, with every sound,
Every bit of this world makes
Be the mountain the river or lakes,
your touch is the most Pious,
Your eyes so promising.
Your place in my life is the highest,
earlier with being, that was missing.





School Time Mst. Sriansh Shailesh (Std IV- A)

Books and pencils
Erasers and paper, Oh my!
When we are in school the days fly by!
Bad days and corrections, names on the board
these are the things we want no more!
Passing the test and earning an A
will make a good student every day!
School is great we have lots of fun,
We enjoy our days with everyone!



School can be Fun Mst. Kiyansh Rathod (Std IV- B)

School can be fun if you want it to be,
So much more interesting for you and me.
Science, maths, history so much to choose from,
It keeps us engrossed night and morn!
Why should we bored there is lot to know
Very interesting things to learn about, so let's go!
Think of those who can't go to school,
There are many in number, not very few.
So all the benefit of learning, we should reap,
As through each stage of life we leap.
School can be fun if you want it to be,
So much more interesting for you and to me.





Nature Ms. Kavya Chauhan (Std IV- B)

Nature a catalogue of colour in life's story book, All around us to enjoy its vibrant beauty go on take a closer look.

Nature with its spark of imagination, its scenery from the beginning of creation.

Nature a stable friend it grows, breathes, dies and lives again, the path of evolution living among us, humble, wise never in vein.

Nature not to be taken for granted, it's forests roam totally enchanted.

Nature fulfills our mind with senses, cleanses, even its perfumed flowers, provides air, food, shelter and landscapes that go on for hours.

Nature the physical, the material force, We need each other it's a matter of course.

Nature beware its natural foe human behavior.

We have the power to be nature's friend build the foundations to be its savior.

Nature we love you we stand in ore; were your guest and our duty priority to do more.



What you can do Mst. Varad Keny (Std IV- B)

When you see litter in the streets And the air smells of pollution When you feel like it's all piling up Remember there is a solution

There's something each of us can do
To keep the rivers clean
To keep fresh the air we breathe
And keep the forests green

Help clean a beach
or recycle bottles and cans
Learn about the problems we face
And help others understand

It doesn't have to be a lot If we each just do our share So take time out some day To show the Earth you care.

## Hindi Student Articles Primary



खिर की दावत कुमार आरूष केमरीवानी कक्षाः ३वी / अ

मेरे घर में थी एक बिल्ली, हम कहते थे उसकें लाली | दूध—दही की बड़ी चटोरी, चट कर जाती भरी कटोरी | माँ ने एक दिन खीर पकाई, लाली जी को खुशबू आई | लाली जी का मन ललचाया | सारी खीर चटाई |



मित्रता कुमार वंश पटेल कक्षाः ३वी / ब

आओ सब को गले लगाएँ, मित्रता केस्वर मिलाएँ। अपने क्मों से मुहँ न मोडे, परिक्षम से हम नाता जोडे। झो रोता है उसे हसाएँ, जो सोता है उसे जगाएँ। झिलमिल नया सवेरा लाएँ. अंतर का कोहरा हटाएँ।





<mark>हेल्थ टिप्स</mark> कुमारी ब्रिंदी यादव कक्षाः ४थी / ब

खून की कमी पूरी करने के उपाय।

- १) टमाटर सलद का स्वाद तो बढ़ाता ही हैं साथ ही शरीर में खून की कमी को पूरा कर देता है ।
- २) सेब मे कई ऐसे विटामिन है जो शरीर में खून बढ़ाने का काम करते है l
- ३) अमरूद खाने से शरीर में हिमोग्लोबिन की कमी नहीं होती l
- ४) चुकंदर का जूस पीने सें शरीर में खून की कमी दूर होती है I



गंगा कुमार गणेशा पेरूमंडला कक्षाः ४थी / ब

- गंगा नदी से जुडे महात्वपूर्ण तथ्य.
   गंगा नदी का पानी इतना शुद्ध हैं कि इसमे अन्य बैक्टेरिया मिलाने पर मर जाते हैं ऐसा ब्रिटीश प्रयोगशाला में पाया गया ।
- गंगा जल मे बैक्टेरिया से लडने की विशेष क्षमता होती हैं ।
- गंगा मे अन्य निदयों की तुलना में २५ प्रतिशत ऑक्सिजन का स्तर ऊँचा हैं ।
- गंगा का पानी कभी भी खराब नहीं होता हैं साथ ही आपको यह जानकर आश्चर्य होगा कि गंगा नदी विश्व की एक्लौती ऐसी नदी है जो अन्य किसी भी नदी की तुलना में कार्बनिका कचरे का १५ से २५ गुणा अधिक तेजी से विघटन करती हैं।
- गंगा के मुहाने पर बना सुंदरबन डेल्टा विश्व का सबसे बडा डेल्टा है जो की ५९००० वर्ग किलोमीटर तक फैला हुआ है

## Marathi Student Articles Primary



चिमणी कुमारी सुहानी मौया इयत्ताः ३री / अ

चिव चिव चिव चिव चिमणी करते, सगळयांच्या मनाला जिंकू न घेते । मिळताच एक डाळीचा दाणा, बनवली छान खिचडी पिल्लांना । भुकेल्या पिल्लांनी जेव्हा केला हल्ला गुल्ला, चिव चिव करून चिमणीने समजावले त्यांना प्रेमाने ।



परीराणी कुमारी स्वरा पाटील इयत्ताः ३री / अ

स्वप्नात आली परीराणी, छान—छान होती गोजिरवाणी। पाठीवर छान पांढरे शुभ्र पंख, हातात जादूची छडी लख्ख। उडत—उडत आली माझ्या समोर, जादूची छडी फिरवली भरभर। लाडाने मला म्हणाली बाळा, जोरात घेतला माझा गालगुच्छा। म्हणाली दाखवते चॉक्लेटचा बंगला, चंदा मामा दिसतो कसा चांगला।



जय शिवाजी कुमार प्रथमेश भोसले इयत्ता : ४थ / अ

- जो ६५ किलोची तलवार चालवतो, त्याचे नाव येसाजी
- जो २००० सैनिकांशी एकटा लढतो, त्याचे नाव बाजी
- जो हात कापला तरी लढतो, त्याचे नाव येसाजी
- जो ७०० मराठयांना घेउन ३०००० मुघलांना पळवतो, त्याचे नाव राामजी
- जो मुघलांच्या घरात घुसून त्यांची हेरगिरी करतो, त्याचे नाव बहिर्जी
- जो ८ तासांत घोडा दिल्लीहुन पुण्यात आणतो, त्याचे नाव ─ संताजी
- जो शत्रुंच्या छावणित घुसून वार करतो, त्याचे नाव धनाजी
- जो वाघाबरोबर लढून त्याला फाडतो, त्याचे नाव छत्रपती संभाजी
- आणि हया सर्वांना घेऊन जो स्वराज्य निर्माण करतो, त्याचे नाव शी छत्रपती शिवाजी महाराज



मित्र कुमारी प्रांजल गोळे इयत्ताः ४थी / ब

जो चुकीच्या गोष्टीवर पहिला तुमच्यावर राग करतो, तो आहे तुमचा विश्वासू मित्र । जो तुम्हाला तुमच्या चुकीची जाणिव करून देतो, तो आहे तुमचा प्रमाणिक मित्र । जो संकटात तुमच्या साठी धाऊन येतो, तो आहे रक्षणकर्ता मित्र । जो तुमच्या यशामध्ये खुश होतो, तो आहे तुमचा खरा मित्र । त्यांची सोबत कथीही सोडू नका, त्यांना कथिही दुखवू नका ।





## English Student Articles Secondary



Importance of Education
Ms. Shreya Mishra
(Std VII- A)

Education means lots in everyone's life as it facilitates our learning, knowledge and skills. We must give importance to the education than other targets in life as it is the only source of real happiness in our life. Better education is very necessary for all to go ahead in life and get success. It develops confidence and helps building personality of a person. Education becomes the base of our life. Due to Education the nation get educated man-power. In order to uplift human society each should be capable to understand others. Educated people can reform the society. Education profoundly enhances human prosperity.

"Education is a Progressive Discovery of our Ignorance."





While Swami Vivekananda was in America some boys were standing on the bridge and trying to shoot eggshell that were floating in the water. They failed almost at every try Vivekananda who was watching them from a distance went close to them took the gun and fired twelve time and everything he fired he hit the eggshell. The inquisitive boys asked him how he did it. He replied " whatever you are doing, put your mind should be only on the target. Then you will never miss if you are learning your lesson, think only of the lesson. In my country boys are taught to do this".





Tips to improve your English
Ms. Milly Verma
(Std VII- A)

As we know English is globally accepted language, so it must be learning. It gives more exposure to the knowledge and the opportunities of the world. A person should be enthusiastic to learn English language. He should be self-motivated. The one can improve his English by more and more practice. As it said that "MORE WE SWEAT IN PRACTICE, LESSER WE BLEED IN BATTLEGROUND". The English language had too many twists and turns. In learning so we should not consider it as a problem instead we should make effort to improve this skill.





Opportunities knocks only Once

Mst. Kush Sheth (Std VI-B)

A Great man once said "Opportunities may only knock once, but temptation leans on the doorbell. It is true that opportunities don't come to us every day. After working hard, we may be entitled to an opportunity. There is difference between successful people and others. Successful people make their most of each opportunity that comes in their way and create opportunities where there are none. The others meanwhile, keep waiting for opportunities to come to them, but when it comes they make mess of it. Each opportunity is different from each other. So when opportunities comes to you, try to make best use of it.









Ms. Shreya Sharma (VII A)

Cleanliness Ms. Kainaat Ansari (Std-VIB)

Clean your school and city, Be united and pledge To clean every corner and edge. Enhance the school's beauty; Dispose the garbage wisely And set an example for the next generation. Dispose the waste at a proper place; Adopt the R's - reduce, reuse, recycle. To do away with garbage, To clean every corner and edge.

Physical, mental, and psychological well-being are all considered to be aspects of human health. In every aspect, a person's environment has an impact on and impacts his or her health. Typically, individuals only discuss and worry about their physical health, but maintaining both mental and psychological health is crucial for keeping their bodies in perfect condition.

People frequently appear to place more significance on working hard to make money than on maintaining good health. Few people are aware that they cannot achieve everything they want to unless they are healthy enough to walk around and use their bodies for numerous tasks. Research has shown an increasing number of people being admitted to hospitals for various illnesses.

Now, with the pandemic, it is even more risky if you take things too lightly. It is high time all of us made up our minds to take care of our physical, mental and psychological health if we wish to lead a healthy life. People need to understand that no amount of wealth would do any good if you are not able to be physically and mentally active.

## Hindi Student Articles Secondary



ज्ञान कु. सुजल पाटील कक्षाः ९, तुकडीः ब

एकअमेरिकी प्रोफेसर बौद्ध धर्म सिखने एकजापानी बौद्ध गुरू के पास गया। गुरू प्रोफेसरकेलिए एकक्म मे चाय डालना शुरू करते है । थोडी देर बाद प्याला छलक्ने लगता है तो प्रोफेसर चिल्लाता है, "रूकिए, इस कम में ओर चाय नहीं आ सक्ती।".

गुरू ने जवाब दिया "ठीक इसी तरह आपका दिमाग भी अपने ही विचारों से भरा हुआ हैं। जब तकआप अपना दिमाग बौद्ध धर्म सिखने केलिए खाली नहीं कर लेते, मैं आपको कैसे सिखा सक्ता हूँ ?" सोचिए!



शिक्षक कु. सुमिरन शुक्ला कक्षाः ९, तुकडीः अ

जीवन में जो राह दिखाए, सही तरह चलना सिखाए । मात-पिता से पहले आता, जीवन में सदा आदर पाता । सबको मान प्रतिष्ठा जिससे, सीखी क्र्तव्यनिष्ठा जिससे, कभी रहा न दूर मैं जिससे, वह मेरा पथदर्शक है जो । मेरे मन को भाता, वह मेरा शिक्षक कहलाता । कभी है शांत, कभी है धीर, स्वभाव में सदा गंभीर, मन में दबी रहे ये इच्छा, काश मैं उस जैसा बन पाता, जो मेरा शिक्षक कहलाता ।







जिंदगी कु. हिमांशु प्रजापती कक्षाः ८, तुकडीः ब

कल एक झलक जिंदगी को देखा, वो राहों पे मेरी गुनगुना रही थी। फिर ढूँढा उसे इघर्रउघर, वे आँख मिचौली कर मुस्कुरा रही थी। एक अरसे केबाद आया मुझे करार, वो सहला के मुझे सुला रही थी। हम दोनो क्यों खफा है एक दुसरे से, मै उसे और वो मुझे समझा रही थी। मैने पूछ लिर्याक्यों इतना दर्द दिया कम्बख्त तूने? वो हँसी और बोर्लीमै जिंदगी हूँ पगले तुझे जीना सिखा रही थी।



विश्वास करो कर्म मे कु. गायत्री स्वाइन कक्षाः ८, तुकडीः ब

मै निर्धनता हूँ, तुम मुझे मिटाना चाहते हो, या कुछ करके दिखाना चाहते हो, पर मुझे प्रिय हो —

मै तुम्हे प्रेम करती हूँ , इसलिए फटे पुराने कमडे पहनते हो, फैलाकर हाथ बाबूजी करते हो, मै तुम्हारा नसीब हूँ, इसलिए तुम्हारे करीब हूँ । लेकिन तुम चाहो तो किचड मे कमल खिला सक्ते हो ।

मुझके समझो, श्रम के अपनाओ, मै तुम्हारी पाठशाला हूँ पढ़कर विश्वास करों कर्म में, जागों उठों जमाने के हिला दों, इस दुनिया से अज्ञान के साथ मुझे भी मिटा दो । देखों विश्वास बुला रहा है, उगता सूरज तुम्हें राह दिखा रहा है ॥



मंजिल कु. क्रयनात अन्सारी कक्षाः ९, तुकडीः ब

चलते हुए इन राहों पर, कभी तो मुझे अपनी मंजिल मिलेगी। लाखों तुफान भी आए इन राहों पर, टकरा जाऊँगी इन तूफानों से॥ कोई साथ न दे चाहे मेरा, इन मुश्किलों का सामना मैं खुद कऊँगी। हर गम केपिछे खुशी छिपी है, इस खुशी को मैं खुद ही हांसील कऊँगी॥



महिलाओं की समाज मे भूमिका कु. जानकी सिंग कक्षाः ९, तुकडीः ब

समाज मे महिलाऐं अपने जन्म से लेकर मृत्यू तक एक अहं किरदार निभाती हैं।

अपनी भूमिकाओं मे निपुणता दर्शाने केबावजूद आज केआधुनिक युग मे महिला पुरूष से पीछे खडी दिखाइ देती है।

महिलाऐं समाज के विकास एवं तरक्की में महत्त्वपूर्ण भूमिका निभाती है I

यदी महिलाऐं ही पढी लिखी नहीं होगी तो देश कभी प्रगति नहीं कर पाएगा । महिलाऐं परिवार बनाती है, परिवार से घर बनता है, घर से समाज बनता है और समाज ही देश बनता है ।

अपमान मत करना नारियों का, इनके बल पर जग चलता है, पुरुष जन्म लेकर तो... इन्ही के गोद मे पलता हैं!!!





बुद्ध और डाकू कु. कुलदिप क्नोजीया कक्षाः ५, तुकडीः अ

एक डाकू था । वह लोगों के हाँथो की अँगुलिया कट लेता था और कटी हुई अँगुलियों की माला बनाकर पहनता था । इसमें डाकू को बहुत मजा आता था ।

एक बार उस डाकू की भेंट भगवान बुद्ध से हो गई | बुद्ध ने उससे कहा, "जाओ, सामने केपेड से पाँच पत्ते तोड लाओ ।" डाकू फौरन पेड से पाँच पत्ते तोड लाया | तब बुद्ध ने कहा, "मै इन्हे जोड नहीं सकता।"

बुद्ध ने क्हा, "जिसे हम जोड नही सक्ते, उसे हमे तोडना नही चाहिए।"

भगवान बुद्ध के इन शब्दों से डाकू को बोध हो गया। उस दिन से उसने लोगों की अँगुलियाँ काटना बंद कर दिया।





हम भारत की बेटी है | कु. प्रिया बिंद कक्षाः ५, तुकडीः अ

हम भारत की बेटी है, अब उठा चुकीं तलवार |
हम मरने से नहीं डरती, नहीं पीछे पाँवो को धरती
आगे ही आगे है बढती, कस कमर हुई तैयार,
हम भारत की बेटी हैं, अब उठा चुकीं तलवार |
हम नए नहीं हैं लडाकें देखों इतिहास उठाकें
हम क्षत्राणी भारत की, दिखला देंगी निज वार,
हम भारत की बेटी हैं, अब उठा चुकीं तलवार |
हम हरगिज दम न लेंगी, दुख—दर्द और कष्ट सहेंगी,
दुश्मन को चीर धरेंगी, कह रही पुकर—पुकार,
हम भारत की बेटी हैं, अब उठा चुकीं तलवार |
जब तकबाँहों में बल हैं, धमनियों में रक्त प्रबल है,
दिल में नहीं पल भर कल है, बिना किए देश उद्धार,
हम भारत की बेटी हैं, अब उठा चुकीं तलवार |

## Marathi Student Articles Secondary



चांदणे कु. अर्श वैष्य इयत्ता : ८ वी तुकडीः ब

घेताच मी पहाटे क्यळून चांदणे, लाजून चूर झाले बहरून चांदणे! हातास मोगऱ्याचा येतो सुगंध की... गेले हळूच माझ्या जवळून चांदणे! नाहीस बोलली तू मी ही न बोललो मौनात आज गेले बरसून चांदणे! डोळे मिटून दोघे स्वप्नात हिंडलो गेले कधी न क्ळले उतरून चांदणे! खिडकीतुनी उन्हाची चाहूल लागता हृदयात ठेवले मी लपवून चांदणे!





असे कसे ? कु. अर्श वैष्य इयत्ताः ९, तुकडीः ब

दोन पाय छोटे, दोन पाय मोठे कांगारुच्या पोटाला पिशवी कोण शिवते ?

एवढासा ससा, त्याचे एवढे मोठे व्यन, एवढा मोठा हत्ती, त्याचे शेपूट मात्र लहान !

एक डोळा बंद करून, बगळा बसतो टपून, पाठीवरच ओझ कस क्यसव ठेवत जपून ?

पंख असून शहामृग उडत नाही कसं ? कोणी दिली मोराला ही रंगित पिसं ?





आई कु. मानसी सिरवी इयत्ता : ९, तुकडी: अ

आई तुझा हात, वात्सल्याची बरसात आई तुझी माया, जशी आभाळाची छाया आई तुझे शब्द, जसा साठलेल मध आई तुझे ज्ञान, जशी ग्रंथाची खाण आई तुझे गाणे, तिथे विश्व सारे येते आई तुझी मूर्त्री, मिळे भक्ती आणि शांती





आई कु. संचित देशमुखे इयत्ताः ९, तुकडीः ब

आई एकनाव असत, घरातल्या घरात गजबजलेले गाव असत सर्वात असते तेव्हा जाणवत नाही, आता नसली कुठच तरीही नाही म्हणवत नाही,

जत्रा पांगते, पालं उठतात, पोरक्या जिमनित उमाळे दाटतात, आई, मना मनात तशीच जाते ठेऊन वाही, जिवाच जिवालाच कळाव अस जाते देऊन वाही

आई असतो एकधागा, वातीला उजेड दावणारी समईतली जागा, घर ऊजळत तेव्हा, तिच नसत भान, विझून गेली अंधारात की सैरावैरा धावायला कमी पडत रान.

पिकं येतात जातात, माती मात्र व्याकुळच, तिची कथीच भागत नाही तहान, आई खरच क्यय असते ?

लेकराची माय असते, वासराची गाय असते, दुधाची साय असते, लंगडयाचे पाय असते, धरणीची ठाय असते,

आई असते जन्माची शिदोरी, सरतही नाही आणि उरतही नाही



गुर्खवंदन कु. भक्ती चव्हाण इयत्ताः ६, तुकडीः ब

अक्षरापासून बनले शब्द, शब्दापासून बनले वाक्य, अन् वाक्याने घडले ! गद्य आणि पद्य

शाळेची पायरी अक्षरासमान, शब्दांनी केला वर्गाचा सन्मान, मग वाक्यांनी केली विद्येची सुरूवात, गद्य आणि पद्य सामावले शिक्षक रूपात

मायेच्या सावलीसमान, विद्येच्या सागरात पुष्कळ माणिक मोती मिळाले या राज्जळात,

गुरूंनी केला ज्ञानाचा वर्षाव, कधीही न जाणवला क्रेठेही अभाव, पदोपदी सावरलं, क्षणोक्षणी जागवलं, आपल्या विद्यार्थी बाळाला.

कोटी कोटी वंदन माझ्या विद्या माऊलीला, कोटी कोटी वंदन माझ्या गुरू माऊलीला.



निसर्ग नाद कु. आर्या मदन कक्षा : ९, तुकडी: ब

ऐन सक्तळी हिरवा साज ओढून, सृष्टीचे ते रूप वाटे स्वर्गानुरूप ॥

अन् डोंगराच्या माथी सुर्यप्रकश, शुभ्र धुक्यांची जणू नभात रास ॥

प्रफु ल्लित रान सुगंधित सुवास, गवताच्या पात्यावरून हवेचा प्रवास ॥

खळखळत्या झऱ्याचे ते सुरसाज, पक्षांचे क्लिबिलणे नुसताच वाद ॥

कोकीळेचेही मध्येच मधुर साद, निसर्गाचे हे सारे संगितमय नाद ॥







आला पाऊस कु. खुशी तिवारी कक्षा : ८, तुकडी: अ

आला पाऊस, आला पाऊस, खेळू पाण्यात वाटते हौस ॥

चांदीच्या धारा, डोक्यावरी धरा, भरभर वारा गरगर फिरा ॥

टपटप गारा, भरभर भरा, आभाळ गडगड, विज चमचम ॥

झाडे सळसळ, पाणी खळखळ, सोसो वारा, डोलडोल डोला ॥



मन कु. वेदांत मखारीया कक्षा : ९, तुकडी: अ

मन मनास उमगत नाही, आधार कसा शोधावा, स्वप्नातील पदर धुक्याचा, हातात कसा लागावा l

मन थेंबांचे आकश, लाटांनी सावरलेलं, मन नक्षत्रांचे रान, अवकशी अवतरलेलं. मन गरगरते आवर्त, मन रानभूल, मन चकवा, मन मनास उमगत नाही, आधार कसा शोधावा॥

मन कळोखाची गुंफा, मन तेजाचे राऊळ, मन सैतानाचा हात, मन देवाचे पाऊल, दुबळया गळक्या झोळीत, हा सुर्य कसा झेलावा, मन मनास उमगत नाही, आधार कसा शोधावा॥

चेहरा मोहरा याचा, कुणी क्ष्मी पाहिला नाही, मन अस्तित्वाचा सिंधू, भासाविण दुसरा नाही, या ओळखी नात्याचा, कुणी कसा भरवसा दयावा, मन मनास उमगत नाही, आधार कसा शोधावा, स्वप्नातील पदर धुक्याचा, हातात कसा लागावा ॥





वणवण कु. शिफा शेख कक्षा : ९ तुकडी: अ

रूणझुणत राहिलो, किगकिगत राहिलो, जन्मभर मी तुला 'ये' म्हणत राहिलो l

सांत्वनांना तरी हृदय होते कुठे ? रोज माझेच मी मनी चिढत राहिलो ।

ऐकगारे तिथे दगड होते जरी, मीच वेडया परी, गुणगुणत राहिलो |

शेवटी राहिले घर सुनेच्या सुने, उंबऱ्यावरच मी तणतणत राहिलो ।

ऐनवेळी उभे गाव झाले मुके; मीच रस्त्यावरी खणखणत राहिलो |

विझत होते जरी दीप भवतालचे, आतल्या आत मी मिणमिणत राहिलो ।

दूर गेल्या पुन्हा जवळच्या सावल्या, मी जसाच्या तसा रणरणत राहिलो ।

मज न ताराच तो गवसला नेमका, अम्बरापार मी वणवणत राहिलो॥



मिशर्नऑन ब्रेक कु. सुजल पाटील कक्षा : ९, तुकडी: ब

ऑन लाईन पॅरोन, ऑन लाईन फॅशन, सध्याचा आहे हा ट्रेंड, लॉक्डाऊनच्या नाईलाजाने बनतोय सगळयांचा फ्रेंड ॥

मित्रच झाले असले तरी, सर्वांना आवडतोय असं नाही, कितीही सोयीच असल तरी, प्रत्यक्षात भेटण्याच सुख नाही ॥

ऑनलाईन ऑफिस, ऑनलाईन कोचिंग, नुसता भडीमार होतोय, आता शी गणेशः पाटीवरचा, आम्ही मोबाईलवर गिरवतोय ॥

सक्तळची धावपळ, ट्रेनची सफर सर्वच सध्या बंद आहे, रोजच्या फिक्स रूटीनला तात्पुरता ब्रेक लागला आहे ॥

ऑनलाईन वर्क करतोय हा आम्ही, म्हणायला वाटत खूप सोप, पण प्रत्यक्षात जेव्हा अनुभवतोय, तेव्हा तारांबळ ऊडते मस्त ॥

वर्क फ्रॉम होम आणि वर्क ऑफ होम तारेवरची कसरत आहे, त्यात बच्चे कंपनीची जोड म्हणजे घराची सर्कसच झाली आहे ॥

पण गमतीचा भाग सोडा, आता संरक्षणाला प्राधान्य आहे, यातून सुखरूप बाहेर पडलो म्हणजे, मिशन ऑन ब्रेक सफल होणार आहे ॥



वण्झाडे लावा झाडे जगवाावण कु. कृष्णाली भंडारकर इयत्ता : ८,तुकडी: ब

अस्तित्वात असलेल्या सर्व ग्रहांपैकी फक्त पृथ्वी असा एकमेव ग्रह आहे ज्यावर मानवी जीवन, प्राणी, पक्षी व वृक्ष अशी जीवसृष्टी आहे. पृथ्वीच्या पर्यावरणात वृक्षांना अनन्यसाधारण महत्व आहे.

वृक्ष मानवाच्या अन्न, वस्त्र, निवारा या मुलभूत गरजा भागवतात. सर्व सजिवांना आवश्यकअसलेला प्राणवायु वृक्ष आपल्याला मोफ्त देतात व हवेतील कार्बन डाय ऑक्साइड शोषून घेतात. वृक्ष ढगांना पृष्ठभागांकडे आकर्षित करतात त्यामुळे एखादया प्रदेशाच्या पर्जन्यमानावर त्यांची खूप मोठी भूमिक असते. वृक्षांची मुळे जिमनीला घट्ट धरून ठेवतात त्यामुळे तिची धूप होत नाही. जिमनीतील भूजल, खिनजे तिची सुपिक्ता टिकून राहते. वृक्ष सुर्याच्या तिव्र किरणांना थेट आपल्यापर्यंत पोहोचू न देता तापमान संतुलित राखतात.

वृक्ष आपल्याला सावली, औषधे, फळे, फुले, अन्न, लाकूड, खत, उदयोगांसाठी कच्चा माल, ताजी हवा, पाऊस, प्राण वायु अशा अगणित गोष्टी देतात. वड, पिंपळ, तुळस यांना तर धार्मिकमहत्व आहे.

पृथ्वीवरील सजिवांसाठी वृक्ष खूप महत्वाचे आहेत. हे लक्षात ठेऊन वृक्षतोड कमी कक्षन त्यांचे संगोपन व संवर्धन ही कळाची गरज आहे.

वृक्ष आपले सर्गेसोयरे व मित्र आहेत अशीच शिक्वण संत तुकाराम महाराजांनी दिलेली आहे. ते म्हणतार्त

वृक्षवल्ली आम्हा सोयरे वनचरे, पक्षी ही सुस्वरे आळविती...



खेळ कु. ऋषील बांदेकर इयत्ता : ६, तुकडी: ब

खेल षी आनरी नरंनरा आषे आणण खेलणारा खेलाडू ती नरंनरा नुढे घेऊन जात अशतो. त्यामुले क्रीडा शंस्कृती खऱ्या अथाने रुजळायची अशेर, तर खेलाडूंचे भवळष्य उज्जज्जळर षोण्याची गरज आषे. 'आंतरराष्रीय स्तराळर जेव्षा भारतीय खेलाडू यळ ममलळून देतो, तेव्षा त्याचे यळ अळघा देळ शाजरा करत अशतो. त्या ळेले तो कुठरा याचा वळचार षोत नाषी. म्षणजेच खेलाडू देळाऱा एका शूत्रात बांधत अशतो. त्यामुले खेलाडू षा जगराच नाहषजे आणण त्याचा शैननकाशारखा शन्मान व्षायऱा षळा. शीमेळर ऱढताना शैननक आनरे शळास्ळ बषाऱ करत अशतात. तशेच खेलाडू देळाशाठी मैदानात आनरे शळास्ळ नणाऱा राळत अशतात. त्यांच्याषी कामगगरीने देळाची मान उंचाळत अशते.'

शरकारने देळातीर क्रीडा वळवयक ध्येय धोरणांमध्ये अनेक बदर केरे आषेत. प्रमळसणाशाठी खेलाडूंना आंतरराष्ट्रीय दजााचे प्रमळसक उन्,रब्ध करून हदरे जात आषेत ककंळा त्याशाठी त्यांना अथाशषाय्य हदरे जात आषे. नण, आम्षारा आता भारतीय प्रमळसकषी ननमााण करायचे आषेत. एक ळेल अळी याळी की खेलाडूंनी नरदेळी नव्षे तर भारतीय प्रमळसकांना प्राधान्य दयायरा षळे.

# Ms. Hema Lohani

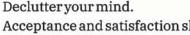
Teacher - Nursery

### **Inner Peace**

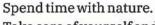
Today's lifestyle is full of tension, strain, rush, and pressure. This condition also causes the mind to become even more restless, drawing even more thoughts. Problems, struggles, doubts, fears, and hurt feelings all contribute to mental restlessness and a lack of inner peace. You become intensely conscious of the absence of inner peace and the desire for some mental silence at these moments.

You can overcome a lack of inner peace and train your mind to stay silent. All of your concerns, anxieties, and thoughts simply fade away when you cultivate a certain level of detachment and mastery over your mind. This is not going to happen overnight. You will need some mental and emotional training to be able to suppress your mind at will, to stop its endless thinking, and to experience inner peace. There are no shortcuts to get rid of constant thinking and a lack of inner peace. The goal is not to imprison the mind through hypnosis, but to develop a real ability and skill for dealing with the day-to-day concerns of life efficiently and calmly.

There is no set procedure or set of procedures to follow to get peace of mind. It's more difficult to find inner calm with our bustling schedules, chaotic lifestyles, and everyday stresses. However, striving to achieve a state of mind that is stable and peaceful is a long-term practice. Is it possible? Yes, that is completely achievable. Have you ever heard the phrase "practice makes a man perfect"? You only need to be patient, and things will improve gradually. To obtain inner peace, try these basic methods.



Acceptance and satisfaction should be practiced.



Take care of yourself and love yourself.

Engage in mindful activities.





### **Mindset**

A mindset is a series of self-perceptions or beliefs people hold about themselves. These determine behaviour, outlook and mental attitude. Mindsets play a significant role in determining life's outcomes. By understanding, adapting and shifting your mindset, you can improve your health, decrease your stress and become more resilient to life's challenges.

There are two basic mindsets: fixed and growth. If you have a fixed mindset, you believe your abilities are fixed traits and therefore can't be changed. You may also believe that your talent and intelligence alone lead to success, and effort is not required.

On the flip side, if you have a growth mindset, you believe that your talents and abilities can be developed over time through effort and persistence. People with this mindset don't necessarily believe that everyone can become Einstein or Mozart just because they try. They do, however, believe that everyone can get smarter or more talented if they work at it. So it is truly said 'A positive mindset is one of the attributes of successful people'





### The Benefits of Music Therapy for Children

Music does a lot more to the children than just brighten their mood and make them want to dance. Children's brain develop at a faster rate when exposed to music, helping them to read and learn languages much more quickly than children who don't.

When listening to music that makes a child happy, his blood flow and circulation increases, helping to increase the absorption of nutrients and also relieve pain and stress. Listening to music is also known to help with emotional skills and help your child's body and brain communicate better. This can be seen when motor skills become more advanced when dancing and playing instruments are incorporated into therapy sessions.

Music is also an outlet for children to express themselves if they have trouble communicating their feelings. Composing and playing music has a way of letting others know how we feel when we can't put those emotions into words. Plus, music is one of the great ways to transition into bedtime for children (and parents) who have trouble falling asleep.

Music therapy not only helps with his mental well-being but his physical health as well.

# Mrs. Chetana Nayak Teacher - Jr. Kq. B

### **Health Hazards of Fast Food**

In modern times, fast food is rapidly replacing the nutritious food cooked in kitchen The reason for this is that it is quick and easy to prepare. Fast food is affordable and palatable as it is commercially served at low rates.

A variety of fast food like pizza, burger, chips, noodles, processed foods are easily available in the market. These types of food haven't got any nutrition; rather they are high in cholesterol, sugar, sodium and low in fibre, antioxidants, vitamins and minerals.

These foods are hazardous for health. They give rise to blood pressure, resulting in hypertension and cardiac disorders. They simply feed hunger along with our immediate craving. They do not form our body in the form of usable lasting energy or building materials provided by nutritious food like fruits, vegetables, chapattis, pulses, etc.

Everyone should realize the importance of healthy and nutritious food and should say 'no' to fast food. Parents must ensure that their children eat healthy and home-made food. Children should also break the shackles of unhealthy food and follow a diet-chart suggested by their parents.





### Importance of Play in Preschool

Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play can lead to social, emotional and intellectual growth. It should be treated less as a break from learning and more as an essential part of learning.

Play is defined as activities children engage in solely for having fun and not for a specific purpose. The play that children engage in is not guided by an adult and is more self-directed. Children may play independently or in a group, but the key is that they decide the rules and focus. Play helps children build self-confidence. When children are free to explore their ideas in a non-judgmental space, they will be better able to trust themselves and their ideas. Children can also learn social skills when they are playing with their peers, spontaneous play helps children learn to cope with stress in healthy ways by teaching them to think flexibly. Play have an important role in intellectual development.

Play gives children the opportunity to think creatively. Play helps in all round development of the children.

# Mrs. Ayesha Shaikh Teacher - Sr. Kg. B

### Why Is Recess Important

Recess is one of the most important opportunities for children to play. Yet it is often the first to go when educators are looking for activities to cut. Over the span of 10 years, the number of kindergarten classrooms with a recess period decreased from 96% to 70%. It can be tempting for schools to shorten recess in favor of more academic time. But the benefits of recess and outdoor play in general mean we can't afford to take them away. Physical activity, for example, leads to stronger brain function and ultimately gets children in a better mindset to learn.

Additionally, students on average have higher ratings from teachers on classroom behavior if they have free time to Play. Moving from one academic subject to another all day doesn't give children the time they need to recharge. And an absence of play can even lead to higher stress levels for children, making it all the more important for students' emotional health that recess be included.





### Values in Life

Life is indeed a beautiful gift of God to us. It is because of Him that we are in this world today. Therefore he has given us freedom, to choose any kind of life style. One's life is totally dependent on the values that one lives around, which helps a person to grow physically, mentally, socially and above all spiritually.

Values are therefore the treasures of life, making people rich and wealthy. We need to put into practice these values of life that is co-operation, freedom, happiness, honesty, love, peace, respect, responsibility, simplicity, tolerance and unity. Values are friends which bring happiness in life. A life filled with values is a life of self-respect and dignity. It offers protection and one who experiences it in life is able to share protection with others. It brings empowerment, and it becomes possible to remove weaknesses and defects. Therefore, lives with values open the heart and transform human nature. So let us all, in this world of science, greet, felicitate and inspire one another to develop great values within oneself, so that we can share the fragrance and march forward to a better world.

# Ms. Siyona Tuscano Teacher - I A

### Post pandemic and school kids

As we are aware of children coming to school after 2 years of online education we have noticed rise in behavioural issues among school children like aggression, attention span deficit, sleeplessness, emotional disturbance, expansion among those who lost their near and dear once in covid.

Initial focus needs to be adjustment of children so it will enable them to follow a routine. Focus on the physical development, sports which will help them to grow.

Parents need to keep a separate area at home for studying and children should be told to \*digitally detox\* and avoid screens before sleeping and after getting up.

Time management for children should be balanced with giving them time to rest, nourish their body, which includes eating well keeping themselves hydrated along with 45 minutes of physical activity.

Sharing the schedule and giving small incentives to them on achieving the task will help them strike a balance.





### Be Yourself, Be Different

"No need to struggle to be the number one, just be you."

Believe in what makes you happy and brings you joy because being yourself and being different at the same time is very rare, as people don't dare to be different. Being yourself and being different from others takes a lot of courage; courage to stand up and speak about what one believes.

You should have something unique to give to the world, only then you will succeed. Always remember, "The person who will go with the crowd, will go no further than the crowd." It will have limits but being alone and different, choosing your own path will make you limitless. You will be able to make decisions for yourself.

Being different sounds fascinating but at the same time it's not easy to do so. Always consider yourself unique and feel the change in your personality. It takes special efforts to do things differently from others. So, be yourself, be different.



### First Day of School

### 1. BE POSITIVE-

Its normal to feel a little lethargic on the first day of school. To perk yourself look forward and be excited to learn new things. Try to gain self- confidence in front of your teachers and your classmates.

#### 2. BE PREPARED-

Being prepared and ready for school is the best gift for your teachers. Completing holiday assignments and projects and getting them ready for submission will give you an image of a responsible student. Having the lesson materials ready would earn you some brownie points too! So, start doing your homework now so you don't have to rush to finish it.

#### 3. BEPUNCTUAL-

It is hard to readjust your body clock to the lifestyle you led before school vacation, but sleeping a little earlier and setting more alarms may be useful in helping you wake up on time! Stepping into class late is not the best move if you want to impress. Cultivating this sense of punctuality will be beneficial to you in the future too! Adjust your body clock by sleeping early a few nights before the big day.

### 4. BE PROACTIVE-

It is your responsibility as students to attend school. School is where you gain new knowledge and make friends who will be with you when you need them! Think ahead, speak up, take initiative and be the agent of change in class! Don't just sit around; be the person that makes things happen!

### 5. BE PRIM AND PROPER-

Being tidy is not about wearing branded school shoes or carrying designer bags. Rather, it is a form of showing respect to your peers, teachers and yourself! Make sure that you iron your clothes, trim your nails and cut your hair to the appropriate length on the first day of school. You will create a good impression!



## Mrs. Ritu Sharma Teacher - II B

### Spirituality in our Life

Spirituality recognizes that your role in life has a greater value than what you do every day. It can relieve you from dependence on material things and help you to understand your life's greater purpose. Spirituality can also be used as a way of coping with change or uncertain.

You may feel a higher sense of purpose, peace, hope, and meaning. You may experience better confidence, self-esteem, and self-control. It can help you make sense of your experiences in life. When unwell, it can help you feel inner strength and result in faster recovery.

Five Different Types of Spiritual Practices that Promote Ongoing Recovery are-

- 1. Prayer
- 2. Connecting With Nature
- 3. Yoga
- 4. Attending a Spiritual or Religious Service
- 5. Meditation





### High-Tech Device – Boon or Bane?

Technology has drastically evolved over the years and still continues. It plays a predominant role in every aspect of our life. From solving problems to entertainment, it is omnipresent. The constant urge to make everything easy and simple, complimented by ingenious minds has led to the birth of high technological or, rather, known as, High-Tech Devices.

High-Tech Devices are devices that use advanced technology. They vary from voice activated devices to drones to powered wheel chairs. Most of these high-tech devices have undoubtedly brought lives to ease. Just give it a thought. You could be working and if you want to take a break, you could just yell "Alexa, play, my playlist." You wouldn't have to bother walking up and doing the drill. Isn't that cool? And the powered wheel chairs? They're indeed of great convenience. The struggle to anxiously use your hands to move the chair is over, for real, all for a push on the button. On the contrary, there are a few negatives that come with hightech devices. All the advanced devices are also one of the many reasons as, humans, are becoming less physically fit and conscious, making us lazy. Yes, we rely on these devices to do our work that we forget the crucial role of being healthy. But if we channel the need to use these devices into a path of productivity, we can achieve wonders! Therefore, high-tech devices aren't essentially a bane but are the ultimate boons of our lives. Truth be told, they are a blessing in disguise. We just need to know our limits.



### Pandemic - A Teacher

The readers might feel awkward while reading the title, Somewhat absurd, but mentioning it is vital, All are aware of the harm caused by the pandemic, But the list of items it taught is certainly epic. First, it expanded the vocabulary of mine, Teaching me the word and the meaning of 'quarantine', Second, it taught us something very new, The importance and way of standing in a 'queue'. Third, it made our goals very hazy, Keeping us at home and making us lazy, Fourth, it highlighted the value of our immunities, And that we can boost it with simple 'kitchen remedies'. Fifth, it transformed the beds into work places, Reduced travel time but expanded work hours for ages, Sixth, it kept away students from their daily affair, Taught them that friends and school are all that they care. The pandemic is still there and the precautions are necessary, Needless to mention that the masks are compulsory, These things we learnt will help ahead in life, We can teach others the same only if we survive.



### The Value of Humor in Life

"If you weep, you weep alone. If you laugh, the world laughs with you"

This is a very good maxim. A sense of humour means the capacity to laugh and to make others laugh. It is one of the greatest blessings of God to mankind. Humorous temperament is a great merit of a man's character. It helps him to do away with sadness and irritation, not only of his own but also of his numerous friends and colleagues. Humour plays an important role in our day to day life. A hearty laughter contributes greatly to health and happiness of mankind.

A person with humorous and jovial nature is welcomed by all. He meets everybody with sunshine and gaiety. Such a person has a large vision of life. In the present evil he sees the prospective good. A man with cheerful and jovial nature is capable of discerning moral sunshine gleaming through the darkest clouds. By nature we should be able to see the silver lining and point out its beauty to other people while we see the dark cloud in the sky.

Most of the great literary writers like Shakespeare, Shaw, Dickens, Fielding, and Lamb have been men of wit and humor. It helped them to expose the social and political evils and malpractices in a humorous way.

# Mrs. Prachi Serejo

Teacher - IV B

### Why Good Books are important?

### 1. Gain Valuable Knowledge

One of the most obvious benefits of reading every day is learning. "If you are going to get anywhere in life, you have to read a lot of books."

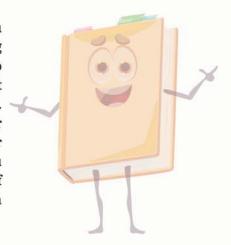
### 2. Exercise Your Brain

The scans showed that brain connectivity increased while reading and for days afterwards, demonstrating the enormous benefits of reading books every day.

Bottom line, our brains have a "use it or lose it" policy, just like our muscles. In other words, if we don't exercise our minds regularly, our cognitive abilities may decline. However, when we read every day, we can keep them strong and healthy.

### 3. Improve Your Focus

"To remain valuable in our economy ... you must master the art of quickly learning complicated things. This task requires deep work." "Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship."





Importance of Yoga

Yoga is not an exercise. It's an exploration. Asana are not static poses but a dynamic dialogue with your body, dialogue which changes every day. Yoga has nothing to do with achieving result as flexibility or health.

Yoga is a life path to dig dip into the "intelligence" of your body. In every asana we seek some degree of "no effort within effort. This is achieved with the right

alignment by allowing your body to increasingly support itself in its skeletal structure rather than just muscle effort, and also through the type of somatic memory that is acquired through repeat.

It is always good to wonder whenever you find yourself in an asana, how much muscle effort you can suppress while keeping your posture intact. Eliminate unnecessary muscle effort. Don't stay static in the asana, feel where you find yourself and do something.



# Ms. Laxmi Chaurasiya Teacher - V A

### Mandala - Magic Circle

In the ancient Sanskrit language of Hinduism and Buddhism, mandala means "circle." Traditionally, a mandala is a geometric design or pattern that represents the cosmos or deities in various heavenly worlds. Different cultures have different types of Mandalas. It is all about finding peace in the symmetry of the design and of the universe. They can be used for a variety of purposes-spirituality, artistically and more.

### The Benefits of creating Mandalas:

- · Calms the mind & relaxes the body.
- · Quits chaotic emotions & eases stress.
- · Improves focus & concentration.
- Creates the path for spiritual growth & improvement.
- Improves sleep reduces nightmares.

"Making a mandala is a universal activity, a self-integrating ritual."



### **Education makes life better**

Education is the most powerful weapon we can use to change the world. Yes, it is rightly said by Nelson Mandela.

Education is the way to enlightenment. It is the way to success, success not only in terms of becoming rich, having luxury and comfort but also in terms of living a healthy lifestyle. It not only helps us to provide knowledge, but also develops logical attitude and plays a major role in development of an individual as well as the country. Education improves our cognitive health and thus enhances our ability to think and implement it in various situations. Literacy is the foundation of what we are as individuals. Every decision we make, as well as our thought process the basis of what we know. Education empowers us, irrespective of our age.

Many renowned personalities like Mahatma Gandhi and B.R Ambedkar and former US President Abraham Lincoln attained that empowerment due to quality education that they have contributed remarkably toward the betterment of the society and even changed the course of history. Sachin Tendulkar, Maya Anglou, Hillary Swank and Bill Gates, the famous personalities in various fields credit their teachers for their success in life. They say, "We couldn't become what we are today had the education and encouragement from our teachers not been there". Education should be a part of everyone's life. This is one of the most precious possessions a person can ever transform us to more tolerant beings that leads not only personal stay with other people but also holistic coexistence with other animals on this planet, in turn making the world more beautiful. It improves and refines the communicative skills of a person. As it is beautifully said,

"No men are foreign, Everyone lives on the same earth, Has the same sun, drinks the same water Then why do we discriminate? Be it shape, size, caste, color, or religion."

And there comes the role of education. It teaches you values makes you aware of the wrong practices, helps you to fight for your rights and freedom and a lot more. Let me tell you a story, which highlights the importance of education, that once my father told me, of Ilma Afroz, who was the daughter of a small farmer in a district in Uttar Pradesh. She was only 14 years old when her father succumbed due to cancer. With a young daughter and a 12-year son to take care of, her mother was a teacher herself, took up the mantle of raising her children. Instead of quietly accepting the society's norms, saving up for a girl's dowry and marrying her off, Ilma Afroz's mother gave her a chance to unleash potential. After attending St. Stephens's capital in the capital, Ilma's hard work and dedication secured her a scholarship to attend the world's eminent Oxford University from where she did her masters. Reaching to its zenith, she became an IPS officer to improve the other's lives. Thus, the experience not only opened her mind to the others but also it enabled her to appreciate different world views. With this, I conclude that education indeed allows us to grasp available opportunities better that eventually lead towards a harmonious society.



### Why should we learn mathematics?

Mathematics will continue to occupy a prominent place in man's life. Mathematical considerations are uppermost in human mind. In order to create system in life we have to fix timings, prices, rates, percentages, exchanges, commissions, discounts profit and loss, areas, volumes, etc. In this complex world passing through scientific and technological age the practical value of mathematics is going to be increasingly felt and recognized.

### The following are the practical aims of teaching mathematics:-

- 1. To enable the students to have clear ideas about number concept.
- 2. To give the individual an understanding of ideas and operations in number and quantity needed in daily life.
- 3. To provide the basis of mathematical skills and processes which will be needed for vocational purposes?
- 4. To enable the learner to acquire and develop mathematical skills and attitude to meet the demands of (i) daily life (ii) future mathematical work and (iii) work in the related fields of knowledge.
- 5. To enable the students to make appropriate approximations.
- 6. To enable the individual to apply his mathematics to a wide range of problems that occurs in daily life.



# Mr. Augustine Dsouza Teacher - VIII A

### **Etiquette V/S Manners**

Both etiquette and manners play a significant role in how society functions. The two concepts revolve around rules of behavior, with slight differences in the skills needed to develop them. The standards of conduct vary from one culture to another and mostly depend on cultural heritage and tradition.

By definition, etiquette is a specific code of proper conduct governing society. It is considered more superior than manners because it goes beyond behavioral guidelines. However, a person who lacks manners cannot be expected to have etiquette.

In contrast, manners are defined as a comprehensive set of behavioral guidelines that reflect someone's level of respect, kindness, and consideration for others. A well-mannered person knows how to make proper introductions, and refrains from belittling or embarrassing others — whether in private or public. A kind person understands and always remembers to start a conversation with such courteous words as "Please," "May I," "Thank you," and more.

As a specific mode of behavior, etiquette encompasses the knowledge of how, for example, to address a queen by saying, "You're Majesty." People with good manners already know how to practice proper etiquette. Many societies regard people who demonstrate familiarity with good manners as cultured and polite.



Etiquette is usually nurtured through the foundation of acceptable manners.



### Vaccination! A Simple and effective protection

We often develop lifelong immunity when we have had a disease. However, some diseases may lead to serious complications and sometimes death. The aim of vaccination is to obtain this immunity without any of the risks of having the disease.

When we vaccinate, we activate the immune system's "memory." During vaccination, a weekened microbe, a fragment, or something that resembles it, is added to the body. The immune system is then activated without us becoming sick. Some dangerous infectious diseases can be prevented in a simple and effective way.

For some diseases, vaccination provides lifelong protection, while for others the effect is diminished after a few years and booster doses are required.

## Mrs. Dheya Upadhyay Teacher - IX A

### **Good Food Habits**

Eating a healthy balanced diet is an important part of maintaining good health and can help you feel your best. The number of calories in a food refers to the amount of energy stored in that food. Your body uses calories from food for walking thinking breathing and other important functions the average person needs about 2000 calories every day to maintain their weight but the amount will be depending on their age sex and physical activity level.

Balanced diet gives your body the nutrients it needs to function correctly to get the nutrition you need most of your daily calories should come from fresh fruits fresh vegetables whole grains legumes nuts lean proteins. Foods that provide mainly Calories and very little nutrition are known as empty calories foods that provide empty calories include ice cream pieces soda's cakes cookies. You should follow balanced diet.



### What is Democracy?

"Of the people, by the people, for the people" - Abraham Lincoln

The word democracy comes from the Greek words "demos", meaning people, and "kratos" meaning power; so democracy can be thought of as "power of the people": a way of governing which depends on the will of the people.

There are so many different models of democratic government around the world that it is sometimes easier to understand the idea of democracy in terms of what it definitely is not. Democracy, then, is not autocracy or dictatorship, where one person rules; and it is not oligarchy, where a small segment of society rules. Properly understood, democracy should not even be "rule of the majority", if that means that minorities' interests are ignored completely. A democracy, at least in theory, is government on behalf of all the people, according to their "will".



### The Difference between Empathy and Sympathy

The difference between empathy and sympathy is found in how we relate to the other person. Empathy is shown in how much compassion and understanding we can give to another. Sympathy is more of a feeling of pity for another. Empathy is our ability to understand how someone feels while sympathy is our relief in not having the same problems.

When we relate with empathy, we give the other person space to own their emotions and feelings. We reflect on what they are feeling and provide a safe space for all emotions, even negative ones. When we relate with sympathy, we move into problem-solving mode. We have ideas and judgments about how the person feels and what they should do. This not only minimizes the person's problems, but it ignores their feelings.

By self-checking our own empathy for others' pain, we can slowly start to rebuild the connections that we have lost with others and make current connections even stronger. Being supportive, understanding, and compassionate are the building blocks of preventative care for all individuals, both young and old.

# Mrs. Arifa Tahsildar Secondary Teacher

Maths & Science

### Great enemies of your health - Fast life & fast food

Food is the basic need for human beings which provides energy to our body and protects us from diseases. Today, due to the fast life, highly stimulating palatable taste and quick access, it's common to have quick or fast food in our diet. The term "fast food" generally refers to food that people intend to consume quickly. Junk foods are immensely popular among the younger generation. Junk meals contain a lot of fat and sugars, oils, salt, excessive calories and have low nutritional value and quality. Many people, mostly the children, like junk food as it has a delicious flavor. Junk food has unique tastes as it lets in a solid bunch of spices that make it tasty. Whether it's any occasion, party or celebration, people prefer to eat junk food. We all must have seen that different varieties of fast food items are served during weddings or birthday parties. Our life is becoming busy day by day, so we are going for easily made food like fast food and junk food. The junk food is smooth and fast to prepare. People can cook them instantly and consume them quickly. For example, making the Maggie does not take much time as compared to the parathas. Also, it has become a fashion to eat junk food while watching the favorite show, match or movie on the television. Now with the shipping and delivery online, delivery of the junk food is just a click away. The meal reaches the doorstep within 20 to 30 minutes.

### Harmful Effect of Junk Food on Health-

Junk food has high cholesterol and poor concentration. They are less nutritious and provide us with less energy. By eating the junk food, fat accumulates in the body making us lazy. It gives rise to various health problems like obesity, diabetes, heart disease, blood pressure etc. Mental disorders, loss of balance and lack of concentration can also occur due to excessive eating of junk food. Consumption of junk in early childhood can result in behavior associated problems like hyperactivity, aggressiveness etc. Dental cavities can also be formed due to the excess consumption of junk food.

### Ways to Avoid Junk Food

Eliminating the temptation for junk food and developing the awareness of fitness can help in avoiding junk food. We should not let our children get habituated to junk food. We must stop them from eating outside and make them eat home-cooked food. Keeping good food nearby and having meals right on time may help in this direction. The habit of junk food can be avoided by strong willpower and awareness of the side effects associated with them. People must be educated

about the harmful effects of junk food on health. This will surely help in avoiding junk food and developing a healthy eating habit. So to preserve health, a person should try to identify fast food items that contain less salt, fat, sugar, and total carbohydrates, and generally try to limit the amount of fast food they consume.



#### **TEACHER'S ARTICLE**

Mrs. Smital Jawhare Accountant

#### On Being Positive & Hopeful...

What if things go wrong You know that you are very strong What if the light is dim And the situation is grim You think positive and everything will be fine What if you have to bear the pain Sometimes you cry in vain Because life is not always the same On no one can we put the blame But if you are hopeful and positive Things will turn right Everything will then appear to be very bright So stay positive, happy and Hopeful with all your might.







#### Shades of Life

"Life is a manifestation of the unified field of Consciousness. Colors, beauty, pleasure and pain are its songs of creation."

There are so many shades of life, sometimes it gives a lot of happiness, sometimes it makes you cry. This black and white phase keeps going on, but every shade of life teaches you something. There is a shade for each emotion, from sorrow to joy, pain to happiness and tragedy to victory. Some stand out, some blend with other colors to give different shades and some leave a permanent mark, while some get covered with other colors. But we experience all of them as they get applied to us and this makes life complete.

We are all the colors of life and we live together in harmony to make this world more beautiful and give happiness to everyone. Life is so beautiful with these myriad emotions and helps us grow as a stronger person.

#### **TEACHER'S ARTICLE**

# Mrs. Sandhya Dave Librarian

#### What is Computer Education?

A computer is an electronic machine which can be used to solve a problem or perform a certain function according to the instructions given to it. Today computers are used almost everywhere. Computer education is the process of learning about or teaching about the computers. It includes the basic knowledge of computer system, skills, ideas, and the basic terminologies related to the computer system. It also includes the advantages and disadvantages of computers, the potential of a computer system, how a computer can be used to solve different problems of day to day life or how can a computer be programmed to solve the extreme problem. Computer education has become an integral part of the twenty-first century. It has gained a lot of importance in today's life. Today, computers are used in almost every field. Therefore, it has become necessary to learn about computers.

Computers help the students to learn about the world and know what is happening in it. It helps them to aim for excellent jobs in the future and succeed in it. The computer has become a standard of education throughout the world. This makes computer education important.





#### Power & Benefits of Smile

A smile is one of the best gift that you can give to other person. When you share a smile you share happiness. There is tremendous power in a smile and sharing one, can be the nicest thing one can do. It has the power within it to change the world, because this simple act of kindness can be easily shared.

#### Benefits of Smile:-

- 1. Help you Live Longer
- 2. Relieves stress
- 3. Elevates mood
- 4. Boost the immune system
- 5. Reduce pain
- 6. Lowers blood pressure
- 7. Makes you Attractive
- 8. Helps you to stay Positive



#### TEACHER'S HINDI ARTICLE



पर्यावरण की पुकार कटने से पहले शार्खेंपेड सोचना जरूर, इस पर बसेरा होगा किसी परिंदे का. न पा मेहनत से, संजोया आशियाना अपना, रोयेगा, कोसेगा, सोंच यह काम है किसी दरिंदे का, आज तो कर देगा अनसुनी उसकी कराहें, रंग लायेगी एक दिन उसकी बददुआएँ, न होना हैरान परेशान, महरूम जब रिमझीम से हो जाये, दबा के पर्यावरण की आहे, कल पायेगा तु ही सजाए, जिनके दम पर क्रथम सांसे तेरी, कहां से लायेगा वे संजीवनी हवाए ? देख प्रदूषण का कहर, कुदरत इंसान से घबराये, रफ्तीरफ्ता दूर होती जाये, न सुधारी जो अपनी खताए, कैसे पायेगा कुदरत से वफाए ?



चाँद नन्हे मुन्ने हसते है देखकर 'मामा' चाँद, मुस्लिम भाई हर्षते जब उगता है 'ईद' का चाँद, बहने सभी मुस्काती है, जब आता है 'दूज' का चाँद, भक्त और होते भक्तिमय जब निकल आता है 'चौथ' का चाँद, मेहबूब का चेहरा खिल उठे जब नजर आता 'चौदहवी' का चाँद, चोर केमन के डराता, रात का रखवाला चाँद, रात केराज मे रात भर रास करता चाँदनी का राज चाँद.





बच्चे की अभिलाषा अगर पाठशाला ना होती, तो कितना अच्छा मंजर होता l ना सुबह की नींद टूटती, ना उठने का झंझट होता । ना बस की झंकार रूलाती, ना माँ की आवाज बुलाती। ना पापा केचेहरो पर, गुस्से की लालिमा छाती। ईश्वर तुझसे दुआ करता हूँ, इन नन्हे मुन्हे हाथों से l आज टायर पंचर कर दे, अपने दिव्य प्रकाशों से ।



#### TEACHER'S MARATHI ARTICLE

# शीमती, डेल्टीना वाझ

मराठी शिक्षिक - प्राथमिक विभाग

#### जेव्हा रक्षकभक्षक बनतात

लवकरच पृथ्वीला ही प्रदुषणाशिवाय जगण्याचा अधिकार आहे हे आपल्याला मान्य करावे लागणार आहे. मानव जातीला हे माहित असणे आवश्यक आहे की, माणूस पृथ्वीशिवाय जगु शकत नाही. परंतू ग्रह माणसाशिवाय जगु शकतो.

पर्यावरणातील प्रदुषणामुळेच संपुर्ण जगाच अस्तित्व धोक्यात आले आहे. ज्याप्रमाणे अन्न, वस्त्र व निवारा हया माणसांच्या मुलभुत गरजा आहेत. त्याचप्रमाणे पर्यावरण समतोल ही माणसाच्या दृष्टिकोनातून तसेच या पृथ्वीवरील सर्व सजिवांसाठी महत्त्वाची आहे.

जगात मृत्युची जी महत्त्वाची करणे आहेत त्यात हवा प्रदूषण हे महत्त्वाचे करण आहे. आज हवेतील प्रदूषण देशातल्या अमाप शहरात पसरलेले आहे. उन्हाळयात अचानक वाढलेले गरमीचे प्रमाण उष्णतेने गाठलेला उच्चांकाचा संकेत देत आहे, हे आपण अनुभवत आहोत.

झाडे लावण्याचे प्रमाण झाडे क्रपण्याच्या प्रमाणापेक्षा कमी आहे. आणि जी झाडे लावली जातात तिची निगा न राखल्याने ती सर्वच शेवटपर्यंत टिक्त नाहीत. पर्यावरणाच्या आजच्या दयनिय परिस्थितीला सर्वात जास्त क्रेण जबाबदार असेल तर तो मनुष्य आहे. जे रक्षकबनायला हवे होते तेच भक्षकबनले आहेत.



#### मोल या मनाचे

मोल या मनाचे, असे जगी शेष्ठ, परी लोकदेती तयालाच कष्ट । जपावे मनाला, कुगाचेही असो, घालू या फुंकर, घाव जरी असो । मनाच्या राज्यात स्वैर वावरावे, क्यी ही कुगाला नाही हिणवावे । आनंदे हे जग, भरून टाकूया, आनंदाचा गंध सगळे हुंगू या ।





#### शिक्षक कसा असावा

शिक्षकाबद्दल समाजामध्ये क्यम आदराचे आणि मान—सन्मानाचे स्थान असते. यात समाजामध्ये शिक्षकचा भय, चिंता यांच्या गाठी शिक्षकांच्या सहज संवादाने दूर होऊ शक्तात. विद्यार्थ्यांचा कल, त्यांची आवड व त्यांच्यातील क्षमता ओळखून त्याला आयुष्यात यशस्वी होण्यासाठी शिक्षक योग्य मार्गदर्शन करू शक्तात. स्वतःच्या आयुष्यात नैतिक मूल्यांचे आचरण करून समाजासमोर आदर्श मांडणारे शिक्षक एक अर्थाने समाजालाच घडविणारे शिल्पकार टिक्यून ठेवण्यास शिक्षकांची भूमिका अत्यंत निर्णायक शिक्षक रूजवू शक्तो.

जगात कुठेही गुरू आणि शिक्षकंचा आदर केला जातो, कहींना अपार प्रेम दिले जाते, तर कही शिक्षक हे आयुष्यावरच केवळ प्रभाव टाक्त नाही तर त्यांच्या जिवनातही स्थित्यंतर घडवून आणतात. शिक्षकविद्यार्थ्या ज्या आयुष्यात बदल घडवून आणण्यास आणि त्यांना आकार देण्यास सज्ज असतात. जी भावी स्वप्ने (मुलांनी उराशी बाळगलेली असतात ती समजून घेत ती प्रत्यक्षात उतरवण्यासाठी शिक्षक प्रयत्नशील असतात.) शिक्षकचे काम हे मार्गदर्शन, समुपदेशकाचे किंवा दिशादर्शकाचे असते. शिक्षक हा "शि" म्हणजे शिस्तप्रिय, "क्ष" म्हणजे कर्तव्यदक्ष असावा.

#### TEACHER'S MARATHI ARTICLE



#### विज्ञान आणि अध्यात्म एकाच नाण्याच्या दोन बाजू

विज्ञानाने भौतिकात असलेल्या अनभिज्ञ गोष्टींचा शोध लावला जातो. तसेच अध्यात्मात आपल्या देहातील अनभिज्ञ गोष्टींचा शोध घेतला जातो म्हणून विज्ञान आणि अध्यात्म हे वेगवेगळे नाहीत तर एकच आहेत.

नवीन नवीन शोध लावण्यासाठी विज्ञानात अनेक प्रयोग केले जातात त्या नंतर आपल्याला त्याचे परिणाम माहिती होतात तसेच अध्यात्मात सुध्दा अनेक प्रयोग (क्रिया) करावे लागतात त्यानंतर आपल्या देहात असलेल्या शक्तीचा छाडा लागतो म्हणून विज्ञान आणि अध्यात्म हे एकच आहे असं म्हणाव लागत.

विज्ञानाने आपण अनेकशोध लावले त्यामुळे माणसाचे जीवन सुखमय झाले तसेच अध्यात्माच्या मार्गाने देहात मूळच्या असलेल्या शक्ती आपणास माहिती होतात त्यामुळे आपले जीवन सुखमय होते म्हणून विज्ञान व अध्यात्म एकच आहे.

एखादा शोध लावण्यासाठी शास्त्रज्ञाला कथी कथी उभं आयुष्य घालवाव लागत.

विज्ञानातील प्रयोग करण्यासाठी शिक्षण घ्यावं लागतं. मार्गदर्शकाची आवश्यक्ता असते तसेच अध्यात्मात सुद्धा शिक्ण्याची व मार्गदर्शकाची गरज असते यामुळेच विज्ञान आणि अध्यात्म एकच आहे हे पटते.

विज्ञानामुळे अनेकशोध लागले. व्यही मनुष्याचा विव्यस घडवू शक्ले तर व्यही शोध विनाश करत आहेत. त्याच प्रमाणे अध्यात्मात मनुष्याचा विकास होतो तर अपवादात्मक परिस्थितीत विवेक सांभाळला नाही तर विनाश होऊ शक्तो म्हणून विज्ञान व अध्यात्म एकच आहे.

विज्ञान जस मनुष्याला आयुष्यभर उपयोगी पडत तसच अध्यात्म हे सुद्धा आयुष्यभर उपयोगी पडत नव्हे नव्हे मेल्यानंतर सुद्धा व मरताना सुद्धा उपयोगी पडत.

विज्ञानामुळे माणसाचं म्हातरपण सुसह्य होत. तसच अध्यात्मामुळेही म्हातारपण सुसह्य होत. म्हणुन विज्ञान व अध्यात्म हे दोन्ही एकसारखेच आहेत.

विज्ञान हे कोणत्याही धर्माशी बांधिलकी सांगत नाही तसेच अध्यत्मसुद्धा कोणत्याही धर्माशी बांधील नाही म्हणून अध्यत्म आणि विज्ञान एकाच नाण्याच्या दोन बाजू आहेत.



#### योगाचे महत्त्व

योग शरीर, मन, चेतना आणि आत्मा यांना संतुलनात आणते. ज्याचा योग आपल्या रोजच्या मागणी, समस्या आणि समस्यांना तोंड देण्यास मदत करतो. शरीराला तंदु रूस्थ ठेवण्यासठी योग अत्यंत प्रभावी, नियमित योग केल्याने शारीरिक आणि मानसिक आरोग्य वाढते. "शरीरा माध्यम खलू दर्यम सद्यनम्" ही संस्कृत उक्ती अतिशय महत्त्वाची आहे. क्रेणतंही सत्कर्य (खल्-द्यर्म) सद्यायचं झालं तर ठणठणीत शरीरा असल्याशिवाय त्या कार्याची फलशृती समाद्यानकारक मिळणे द्वरापास्त आहे. मनाचे स्वास्थ्य शरीरावर अवलंबून आहे, तर उलट पक्षी मनासह शरीराचे तंत्र सुरळीत राहते. योगात अष्टांग मार्ग यम, नियम, आसन, प्राणायाम्, प्रत्याहार्, ध्यान्, द्यारणा नि समाद्यी याला प्रद्यान्य दिले गेले. याने वर पाहिल्याप्रमाणे मानसिक स्वास्थ्य व सोबत जीवनात उठण्या बसण्याचे व खाण्या पिण्याचे नियम घालून घ्यावे लागतात. अन्यथा एकांगी स्वरूपाचे कार्य वा विचार होईल. गीतेत म्हटले आहे "योगावरी चढू जाता शम सद्यान बोलिले" "शमचा अर्थ संयम." "न फार खावूनि किंवा खणेचि सोडूनि, निजणे, जागणे, खाणे, फिरणे आणि कार्यही मोजूनि करितो त्यास योग हा दुःख नाशन." अर्जुनाला दिलेला उपदेश सर्वांसाठी योगप्रेरकआहे.

# PTA ASSOCIATION 2022-23

Sr.No.	Name	Designation
1	Mrs. Mini Nayar	President
2	Mrs. Indrani Balan	Vice-President
3	Mrs. Arifa Tahsildar	Secretary
4	Mrs. Manpreet Bakshi	Secretary
5	Mrs. Dimple Jain	Joint Secretary

Class	Teacher Representative	Name of the Representative
Nursery	Ms. Hema Lohani	Mrs. Urmila Shivalkar
Jr.Kg.	Mrs. Chetana Nayak	Mrs. Pratiksha Jain
Sr.Kg.	Mrs. Radha Chirawawala	Mrs. Monika Sharma
I A	Ms. Siyona Tuscano	Mrs. Prachi Kamat
IΒ	Mrs. Sarita Sharma	Mrs. Pooja Rajput
II A	Mrs. Karthika Nadar	Mrs. Sunita Upadhyay
II B	Mrs. Ritu Sharma	Mrs. Kiran Bhati
III A	Mrs. Sanjana Nayar	Mrs. Mehtab Sarwar
III B	Mrs. Steffi D'silva	Mrs. Ushma Savla
IV A	Mrs. Melvina Dsouza	Mrs. Salma Shaikh
IV B	Ms. Prachi Fereria	Mrs. Alpa Rathod
V	Mrs. Dipti Mhatre	Mrs. Tasneem Memon
VI	Mrs. Shweta Jha	Mrs. Ketki Rawtoo
VII	Mrs. Kavita Tawde	Mrs. Dipti Savla
VIII	Mr. Augustine Dsouza	Mrs. Dipti Waghani
IX	Mrs. Sunilam Maurya	Mrs. Reena Vyas
V	Mrs. Shweta Jain	Muc Dimula Jain
X	Mrs. Shabnam Shaikh	Mrs. Dimple Jain



# STAFF LIST

Secondary Section			
Sr.No.	Name of the Employee	Designation	
1	Mrs. Mini Nayar	Principal	
2	Mrs. Kumud Naik	Asst. Teacher	
3	Mrs. Arifa Tahsildar	Asst. Teacher	
4	Mrs. Bhavika Vanmali	Asst. Teacher	
5	Ms. Sumana Mitra	Asst. Teacher	
6	Mrs. Sunilam Maurya	Asst. Teacher	
7	Mrs. Shabnam Shaikh	Asst. Teacher	
8	Mrs. Kavita Tawde	Asst. Teacher	
9	Mrs. Shweta Jain	Asst. Teacher	
10	Mrs. Shweta Jha	Asst. Teacher	
11	Mrs. Reba Nandan	Asst. Teacher	
12	Mr. Augustine Dsouza	Asst. Teacher	
13	Mrs. Niharika Chaturvedi	Asst. Teacher	
14	Mrs. Dheya Upadhyay	Asst. Teacher	
15	Mrs. Dipti Mhatre	Asst. Teacher	
16	Mr. Krishnaraj Singh	Asst. Teacher	
17	Mrs. Smital Jawhare	Accountant	
18	Ms. Madhuri Jain	Admission Officer	
19	Mrs. Sandhya Dave	Librarian	
20	Mr. Nagarmal Saini	Peon	
21	Mrs. Sadhana Ajankar	Maid	

Sr.No.	Name of the Employee	Designation	
1	Mrs. Indrani Balan	Head Mistress	
2	Mrs. Manpreet Bakshi	Supervisor	
3	Mrs. Sanjana Nayar	Asst. Teacher	
4	Mr. Dharmraj Yadav	P.E. Teacher	
5	Mrs. Sarita Sharma	Asst. Teacher	
6	Mrs. Ritu Sharma	Asst. Teacher	
7	Mrs. Karthika Nadar	Asst. Teacher	
8	Mrs. Prachi Serejo	Asst. Teacher	
9	Mrs. Melvina Dsouza	Asst. Teacher	
10	Mrs. Deltina Vaz	Asst. Teacher	
11	Mrs. Steffi Dsilva	Asst. Teacher	
12	Ms. Siyona Tuscano	Asst. Teacher	
13	Ms. Kavita Surve	Clerk	
14	Mrs. Shraddha Parab	Peon	
15	Mrs. Shraddha Karekar	Maid	
16	Mrs. Manisha Bele	Maid	
17	Mrs. Santosh Jedhia	Maid	

# STAFF LIST

Pre-primary Section		
Sr.No.	Name of the Employee	Designation
1:	Mrs. Chetana Nayak	Asst. Teacher
2	Mrs. Radha Chirawawala	Asst. Teacher
3	Ms. Hema Lohani	Asst. Teacher
4	Mrs. Prachi Shukla	Asst. Teacher
5	Mrs. Ayesha Shaikh	Asst. Teacher
6	Mrs. Vanita Tarsariya	Asst. Teacher
7	Mrs. Lata Ambarkar	Maid
8	Mrs. Bhagyashree Ambre	Maid
9	Mrs. Bharti Kolge	Maid
10	Mrs. Madalaimary Chetty	Maid
11	Mr. Anil Panchal	Peon

Success is the sum of small efforts, repeated day in and day out. - R. Collier







# KGES IN THE NEWS





#### STUDENT EDITION

MONDAY, AUGUST 8, 2022



#### KGES, Malad

ajasthani Sammelan Education
Trusts Kudilal
Govindram Seksaria English School proudly celebrated the Investiture
Ceremony on 16th July, 2022,
investing its outstanding
students as office bearers.
This event sets the right tone
for the beginning of an Academic Year during which

the young leaders not only learn to guide other students but also create models in leadership for others to emulate. Investiture Ceremony is an event where the school entrusts faith and hope in their student council. The true essence of Democracy was learnt and thoroughly experienced by the students of KGES. Every student who obtains leadership role feels proud and responsible. The deserving young talent of school

was bestowed with the responsibility of leading their school with Commitment, Confidence and Competence. The principal, Mini Nayar welcomed Donor Trustee Neera Saraf, Special guest Mrs Urmila Jain, the PTA members and Parents. She also acknowledged the presence of headmistress Indrani Balan, students, teaching and non teaching staff



Designation	Secondary section	Primary section
Head Boy	Mst Saksham Kumawat	Mst Sourya Gowda
Head Girl	Ms Mausam Chhoda	Ms Palakshi Chaudhary
Sports captain	Ms Nandmi Vishwakarma	Met Uzair Shah
Canary House Captain	Ms Sufiya Shakh	Ms Ruchika Rawal
Canery House Vice captain	Ms Rashi Trivedi	•
Kingfisher House Captain	Ms Prachi Dubanya	Mst Veer Patit
Kingfisher vice captain	Ms Chani Vyas	
Parrot House Captain	Ms Twarts Yedev	Mst Prattymesh Bhosle
Parrot House vice captain	Mst Mahendra Singh Yadav	
Peacock House Captain	Ms Sweja Chandal	Ms Palak Vyas
Peacock House vice Castain	Mst Ayush Karwar	

was bestowed with the responsibility of present for the Investiture ceremony.

The ceremony commenced with a melodious prayer song by the school choir. The school council members of Primary and Secondary section ,were designated with their duties and responsibilities along with the Scarves, Sashes and Badges. The student council took an oath led by Head Boy

Mst.Saksham Kumawat ,to follow the schools Vision and Mission Inspire, Invent and Initiate and promised to discharge their duties with sincerity and to the best of their abilities. Principal Mini Nayar addressed the school council with her influential speech and guidance. She said leaders are not created, they are made

and every leader stands as an example of Commitment, Dedication, Loyality and Responsibility. The newly elected Head girl and Head boy ensured and promised to put in all their efforts for the well being of the school at all times with all dedication and commitment.

The principal Mini Navar

The principal Mini Nayar also articulated the mission and vision of KGES student council. The management and school,

congratulated the newly elected council members and encouraged them to give their best to the school.

The celebration concluded with the National Anthem. Every child who was elected as a Leader felt proud with a sense of responsibility towards the school. It was a memorable day at KGES.





Kudilal Govindram Seksaria english school

INSPIRE, INVENT, INITIATE

## **KGES IN THE NEWS**



Kudilal Govindram Seksaria english school INSPIRE, INVENT, INITIATE



#### Trashion Pe Fashion

In an effect to promote earth free by attitudes little bands and the nation thinks come together in a sive burst of energy during the Training Fe Bandson' competition organised by Sanskritt Arts on little July , lit the hidson' Kadillal Governtrans Sekseria Ruglish

neer international Anothers, wherevit waste materials were also to create manning pieces of fashion that were showcased as the camp.

The event was organized to heliumpher religion girts for their styglene needs. The fashion show was a great outler for students to

and the state of t

int show, it was a great idea to bring awarymen to these issues, it stadents overword as maning entry of display created as maning entry of display in the stadents of the stadents of the stadents of the stadents was obtained in the stadents was obtained as the stadents of the stade

The same of the event was to make the children aware about the importance of preserving the environment, how to gossocial loss waste and losen about successful in the contribution was a light of knowledge which promoted their createrists and neovided.



# **KGES IN THE NEWS**



Kudilal Govindram Seksaria english school





TOP SSC ACHIEVERS SHARE THEIR STUDY PLAN

Kudilal Govindram Seksaria English School, Malad Aadarsh Pawan

Grand Total: 479

Percentage: 95.80

Secret to success
It is true that every effort is not converted into success, but it is equally true that success does not come with-

out efforts.
Setting goals, planning
and following the timetable
on a regular basis is the
basic secret to success.
My daily schedule included
practising Mathematics and
numericals of Physics and
Chemistry by understanding
the formula and its application to madia carsies my less.



sons well, I solved full length papers within the given time. I owe my success to the school principal, teachers and my parents, who believed in me taught me good habits and encouraged me every time. Future plans
I aim to purse a career in

## **SPECIAL EDITION**



Mrs. Kumud Naik

It's been more than 27 years since my association with this prestigious school, KGES. Though the journey was indeed very exciting and enriching for me, it was challenging at the same time. It is delightful to acknowledge that the school has given me the best working conditions and environment to deliver my duties and responsibilities to the best of my abilities. The school is highly reputed and is managed well by Rajasthani Sammelan Education Trust.

During my tenure at this institution, I got opportunities to learn several things that has helped me in my professional life. I met and made many friends who supported me

throughout. I learnt key skills such as time management, honesty and teamwork. This is evident that we have achieved success by working together as an institution and have earned several awards. It gives me immense pleasure to claim that this institution is a leading one at the moment.

At this moment I express my honest gratitude to the Management, Principal and to my colleagues who helped me sail through this journey. This school has been my dream. After spending memorable times here and seeing incredible successes, I am retiring with a lot of contentment in my heart. There has been many special moments that will always remain close to my heart. I hope this school reaches great heights. Thank you so much for everything.

Best wishes always!



Mrs. Sanjana Nayar

"Retirement is wonderful, if you have two essentials - Much to live on / Much to live for"

Retirement is one of those major milestones that mark the ending of one chapter & start of another. However, leaving the work place behind can also be a bitter sweet time for a retiree, as feeling & excitement and trepidation mix together as one looks back upon the memories of one's career while facing the endless possibilities ahead of them. It's been more than 22 years since my association with this prestigious school & needless to say that I developed an invincible bond with this institution. The thought of leaving this school is hard to accept. The gunny sack that I will be taking from here is

filled with mixed memories. It is very heavy as it is filled with experience of years & learning of a life time. I will always cherish the relationship between the mentor & the mentees. Though the journey was indeed very exciting and enriching for me, but it was not possible to shoulder the responsibilities without the leaders of our school. It is delightful to acknowledge that working under different heads provided me with the best working condition & environment to deliver my duties & responsibilities.

I can't thank enough our Principal Mrs. Mini Nayar. Her vision, wisdom, patience and passion for the school is apparent. Listening to any concerns of the staff keep us excited about improving ourselves. Her leadership and dedication for the school is truly appreciable. I would also like to express my gratitude to our HM Mrs. Indrani Balan for believing in me and making me what I am today. It's my pride to say today whatever success, acclamation and rewards our Primary Section has achieved is because of her leadership and hard work of everyone in our school. I am proud to claim that my career of this school had been Outstanding due to support, appreciation, encouragement and co-operation I have received from each one of you both teaching & non-teaching staff as well as the management. I cannot thank you enough for all this.

#### Institutions



Kudilal Govindram Seksaria sarvodaya school



Durgadevi Saraf junior college IN PURSUIT OF EXCELLENCE



Durgadevi Saraf global business school



Kunjbihari S. Goyal online academy



Mainadevi Bajaj International playschool



Kudilal Govindram Seksaria english school



Ghanshyamdas Saraf college of arts & commerce EDUCATION EMPOWERS



Deviprasad Goenka management college of media studies INDIA'S PREMIER MEDIA SCHOOL



Draupadidevi Sanwarmal women's hostel



Jankidevi Bilasrai Bubna boys hostel



Ramniwas Bajai english high school UNLEASH YOUR POTENTIAL



Kirandevi Saraf institute of complete learning WIDENING HORIZONS



Ladhidevi Ramdhar Maheshwari night college of commerce ENLIGHTENING FUTURE



Pravinchandra D. Shah sports academy



Nalini Shah music academy



Mainadevi Bajai international school



Durgadevi Saraf institute of management studies WE CREATE LEADERS



Ramdhar Maheshwari career counseling centre



Vishwanath Podar study centre



Raiasthani Sammelan skill development centre

#### **Endowment Funds & Research Chair**



Remsons Group management research centre MANAGEMENT RESEARCH



IRB scholarship endowment fund HONOURING EXCELLENCE



BKT endowment freeship fund FOSTERING KNOWLEDGE



Jankidevi Bilasrai Bubna endowment freeship fund EMBOLDENING STRENGTHS

#### **Facilities**





Durgadevi Saraf





Trivenidevi Deora chikitsa sahayata kosh





