

## Practice 1

### Title of the Practice: Community Based Practices

#### Outcome:

Fostering Community Responsibility by conducting various activities during the year, large number of students were involved in these community based practices. Practices such as Blood Donation Camps, Tree Plantation drives, Road Safety Awareness Programmes near the campus, Rally on International Disabled Day, Red Ribbon Club Workshop for HIV/Aids Awareness, Celebration of Valentine's Day In orphanage, Paper Bag making projects, Hospital Attachment Camp at Military Hospital- INS, Community based project at Punarvas School – Goregaon , Flag collection rally on 15th August, Workshop on Disaster Management and many more were implemented.

## Practice 2:

### Title of the Practice: Promotion of Sports

The institution has made lot of efforts to promote sports during last few years. The efforts and the motivation given to students have shown result during the year. Various Indoors and Outdoor games were conducted on the Sports day such as Carom (Singles and doubles) , Table Tennis ( Singles and doubles), Chess , Boxing ,Kick Boxing, Cricket, Football, Volley Ball , Kabbaddi and Kho-Kho , Running race, Long jump, Discuss throw , Javelin throw, Short-put throw for boys and girls. There was overwhelming response from students as they participated in large number. The college also announces the **Best Girl Athlete and Best Boy Athlete** of the year.

- At inter-collegiate Kabbaddi for Women, organised by R.A.D.A.V College , Bhandup ( 21<sup>st</sup> October – 26<sup>th</sup> October 2015) , our college bagged the First Prize. 48 college teams had participated in this event.
- 3<sup>rd</sup> National Tebma Martial Arts (Kick Boxing) was Organised at Badlapur. Our Students won 5 Gold,4 Silver and 3 Bronze Medals in Different Catogary. Two students Mr. Ganesh Yadav and Miss Jyoti Gupta bagged the “Best fighter” title in their respective categories. Our college won the 2<sup>nd</sup> position at this National Level tournament.
- 5<sup>th</sup> National Kungfu championship was held at Goregaon on 27/12/2015. Our students bagged 5 Gold, 4 Silver and 1 Bronze Medal.
- **Our Star performers were Miss Sayali Jadhav and Miss Trupti Sonavane who represented Mumbai University Kabaddi team at all India level and Open Women Maharashtra Team at the National Level.**